

PSYCHO-SCIENTIFIC FRONTIERS

Selected publications from a variety of subjects of psycho-scientific research. Editor: Rolf Linnemann (Certificated Engineer) * Steinweg 3b * 32108 Bad Salzuflen * Tel. (05222) 6558

Internet: <http://www.psychowissenschaften.de>
Translator's email: evak30@optusnet.com.au

E-Mail: RoLi@psygrenz.de

Protocol extracts from various psychic, extraterrestrial messages from the year 1996.

Theme : **For mankind on this Earth!**

(SANTINER-Message from the year 1996)

Sources : 1. Un-named contactees from the USA
: 2. SANTINER-work circle, Pestalozzistr. 88, D-10625 Berlin

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Preface by the publisher

The brochure presented here offers a variety of psychic messages from space for discussion and they have already been published in the magazine "UFO-Nachrichten". The messages presented here were *independently from one another* received in various countries and by various groups, respectively mediums.

These texts are directed at the whole human race and they are *not* the prerogative of one circle of "chosen ones" – as some contemporaries assert quite often. It should however not remain a secret that those who deal with this theme and were able to gain personal experience will have less difficulties comprehending it. If willing – every human being is capable of learning! These messages were directed at all of mankind and they are of a forceful clarity and up-to-date conciseness.

Far more people on Earth than known or one could actually apprehend entertain real contact with beings from space. Such contact can become a reality at any time and everywhere for *every* human being of this world. We have been trying to solve our terrestrial problems for millennia by ourselves. The chaotic results are known worldwide. All nations suffer from the devastating consequences.

We should seriously begin to *include* the KNOWLEDGE received from the cosmos in all our deliberations and plans. The time for understanding such an extraordinary elucidation is ripe. May it offer a new spiritual orientation to all those that are courageous enough to take a liberating step towards a UNIVERSAL CONSCIOUSNESS.

Bad Salzuflen, August 1996

For mankind of this Earth (SANTINER-message from the USA, 24th of March 1996)

“May thing happen to you according to your beliefs”.

Is this not a traditional statement of the manifested CHRIST CONSCIOUSNESS that incarnated 2,000 years ago on your planet in order to bring about changes to the consciousness of the masses?

Do you not hear about and physically experience the TRUTH of this statement *on a daily basis*?

Are you *still incapable of comprehending* that *the content* of your thoughts and feelings manifest in your day to day existence *as experience*?

Pause for a minute and *review* the contents of your thoughts and feelings...

Do not just review your thought and feeling patterns superficially, but advance one step *deeper* within yourselves: How do you *rate* your own worth?

- You feel *ill, alone* and *poor*.
- You feel *helpless* and *useless*.
- You would like to do something, but you do not know *what* you can or should do.
- You would like to be *more* than what you seem to be.

You call yourselves “spiritualists” without being *consciously* aware of the *actuality* of this statement.

- You are *not consciously aware* of the enormous potential consciousness *within you* is.
- *You are even afraid* of yourself.
- *You fear* the things that are *within you*!

Do you think that if you *ignore* the things within you, that they will simply disappear one fine day? – You live your soul, the spirit *filtered* through the closely nit stiches of your mind. Your mind is the analytical instrument that deals with your *three-dimensional* perceptions. Spirituality however goes *way beyond* the perceptions of your mind!

- Spirituality is the *unlimited* FREEDOM of your existence.
- Spirituality is the *unlimited* opportunity of the *conscious* manifestation of CONSCIOUS ENERGY.
- Spirituality is nothing else but the *unlimited* ability of the spirit *to create, to live* and *to experience*.

You would dearly love to live and act in a spiritual way, but you feel that whichever way you turn, you are continuously *trapped* within the circumstances of your own life.

- What are you supposed to live on, if you live *completely* spiritual?
- Why should you of all people *be more* than you seem to be?
- Why should you of all people *be the ones* that resolved to fulfil an ASSIGNMENT?
- And what happens if all of this is *just* one big mistake?

You live your spirituality within your mind!

You never learned to *actually depend* on your feelings.

When your mind is confronted by fantasies that *go beyond* your mind-orientated perception of reality, you push them away from you because your *fear* that the time has come where you will *lose* your mind.

You see yourselves incapable of regarding your fantasies as possible probabilities, because you fear that whatever is *within you* might also *show* on the outside. You live your spirituality within the tight confines of your society's expectations that punishes all trespasses against its expectations by *ignoring* or exposing those that *externally* live their spirituality to ridicule. You once again equate ignorance with contempt and contempt with the withdrawal of recognition that represents a weak replacement for LOVE in your civilisation.

If it was possible for you to accept *yourselves* the way you are, with all the endowments, antipathies and disadvantages you carry *within you*, you would open the door to *LOVE of SELF* for yourselves. You are however once again faced with a dilemma here: The "values" of your society orientate themselves according to how "good" a person is. You do however not look for *inner* goodness, but prefer to deal with the *apparent* "goodness" of a person.

Can you see what one of your "positive archetypes" *thinks* and feels?

Can you see the evil one of your "good people" carries *inside themselves*?

You look for archetypes *you think* could be an advantage for your further development. But the thing you *see* in your archetypes is just an *external façade*. When you find out that your archetype is not what you expected it to be, you feel disappointed. So you look for *new* idols you once again *like to believe* when they tell you what is "right" and what is "wrong" until you find out for yourself that you can consequently only *trust yourself*.

- *Why do you search for something in externalities, in physical things, that you can only find within yourself?*

You never tried to find out who you really are!

You look for your self-AWARENESS in places that have nothing to do *with you* or the things within you, *absolutely nothing at all*. *To find* yourself, *to acknowledge* yourself and to LOVE yourself. Where else do you want to find it than in yourself? – You confuse LOVE of SELF with egotism.

- *You feel that you are not "good" enough to recognise the things that are within you, because the evaluations of your civilisation suggest these values to you.*

You yearn for the LOVE of ANOTHER and you are unaware that you carry this LOVE *within yourself*.

We told you that EVERYTHING that exists possesses CONSCIOUSNESS. We told you that

CONSCIOUSNESS = ENERGY + INFORMATION.

You read our words, but your self-esteem *is so low* that you don't even try to equate your own mathematical formula with your existence within the physical world.

- *The ONE is what developed from the WHOLE. You therefore arose, like everything that existed, exists and will exist, from the CONSCIOUSNESS of the WHOLE.*

Would this not indicate to you that you are of *divine* ORIGIN?

Doesn't it mean anything to you to find out that you are *a part* of the WHOLE, equal to it all?

You look for the ONE somewhere outside of you and you do not realise that what you are looking for is actually *within you*.

If you want to be spiritual you have to go within yourself and *acknowledge yourself*. If you investigate yourself, you will find out that you are neither "good" nor "evil". You are as you are. CONSCIOUSNESS in its *original* form is absolutely *neutral*. It is also neither "good" nor "evil". It is as it is. But:

- CONSCIOUSNESS is *programmable*!
- Through what's in your thoughts and how you feel you constantly *program* your *neutral* CONSCIOUSNESS so that it will manifest itself sooner or later in the form of your life's circumstances. This changes man's *original* CONSCIOUSNESS!

For as long as you are incapable of acknowledging this fact, you will be incapable of turning this fact to your advantage. Even this very statement raises a multitude of questions within you, but they are only projected within your consciousness, because you are *still unaware* of the actual nature of your existence.

Are you allowed to program your CONSCIOUSNESS to your advantage?

What have you been doing up to now?

The process of programming your consciousness is something you do *continuously*!

The End

Questions and answers (USA 1996)

Question : Please explain to me why many of us feel *dizzy* and *weak* and why our sleep pattern is so erratic, like for instance a heightened need to sleep or sometimes difficulties going to sleep?

Answer : This process of TRANSFORMATION has been *accelerated* enormously to start with in order to make it possible for you to *deal* with the approaching ENERGIES and in order *to cleanse* your body from remnants of negative energies. The reason for this is that the *remnants* of imbalance produce a *feeling of ill at ease* and also *bar* you from a complete TRANSFORMATION or TRANSUBSTANTIATION. It seems as if you had one leg already in another dimension. Besides, some of you experience three dimensions at the same time:

- You function in a world of *three* dimensions.
- Your body is in the process of trying to adapt to the *fourth* dimension.
- Your spiritual self reaches for the *fifth* dimension.¹

Do you understand? – Whilst certain parts of your brain begin to become *active*, the molecular structure of your brain is defined *anew*! We are dealing with parts that have been dormant for thousands of years and some critical areas that have even been inactive for millennia.

You can see that there is a reason for you feeling unwell and for your pain. It is not physical as you might imagine. In other words: You are *not* ill and there are *no external* influences at work here. This process is *internal, cosmic* and *mental*! Allow yourselves to rest when such conditions appear. If you have a coercing compulsion to sleep, sleep, because sleep is then a *necessity*!

- Carefully observe the *requirements* and *feelings* so that you can accelerate this process and so that things are easier and more comfortable for you.
- Eat *sensibly*, drink pure fluids like water or fruit juices and eat fresh fruits and vegetables. All of this will help you to ease your feeling unwell. And be aware that your body can no longer process *saturated, severely spiced* and *rich* food!

Your digestive organs change or rather become more refined to a point where certain food products produce an *immediate reaction* of various forms. Some of you already sense this and comply with the messages they receive from their body.

The process you and other experience would under normal circumstances spread across a timeframe of several hundred years. Well, may we repeat this: *Several hundred years!* You can therefore imagine the shock and confusion your physical body is presently experiencing.

Some of you have already been distressed about *gaining weight*. – Do not be alarmed, because this was a *necessity* for those that made this giant leap forward, thereby exposing their physical system to this stress in the process.

Your soul endeavours to bring *equilibrium* and *harmony* to your various bodies and this as quickly as possible. Remember the way you felt *mentally shocked* and *confused* whilst these changes were taking place, well it is now the *physical* body's turn to follow suit. Your aura is being clarified. You align your mental-emotional and higher body with one another and *all of this simultaneously*.

- Reports of a kind of time displacement and other apparitions *are correct!*

The next phase is being implemented right now. ENERGIES are being *amplified* and you step onto the *next rung* of the ladder of all of mankind's evolution. A part of this mechanism is the VIBRATIONAL accentuation of the Earth's orbit and the other part is that the bombardment from electromagnetic or cosmic ENERGY is enormously amplified in the process. But you can expect more acute effects: The Earth will increasingly *absorb* more and more ENERGY and so will all human beings and

¹ See brochure "The SHIELD of LIGHT".

animals.

- Those that are *not prepared or instructed* to deal with this ENERGY will become *more violent, more depressed and more confused*. Expect more suicides, more accidents and more unexpected events. All of this is a part of this process.

You can imagine how *powerful* this ENERGY is once you become aware that it *advances to the centre of your Earth* thereby penetrating everything and everybody.

If this confuses you already and if this causes you unease, how do you think *unenlightened* souls will deal with this? – *More* mental and physical illnesses, *more* violent acts against others, senseless crimes, irrational and unpredictable acts.

Nothing that has up to now been dependable can be depended on any longer. Old structures, religions and activities will fall by the wayside. If they are not infused by light, they will not be able to survive! – Your *political processes* like a roller coaster. But a lot of positive things will also arise from this:

- *The masses* are slowly awakening from their lethargy, they begin *to ask questions*.
- *The military* is subjected to a thorough mental and ethical overhaul.
- *Your economy* can no longer cope with the *old* rules, because they no longer function properly.

The spiritual PLANES already started to take control over a number of areas that have up-to-now been *beyond* their control. Once again: A part of the wonderful work and versatility of *awakened* people is to *amalgamate* their ENERGIES with that of the higher REGIONS of consciousness. This makes it *possible* for us *to work* with your ENERGIES and – with your permission – to connect with your will in order *to guide* these ENERGIES.

Do you understand that we have *not* taken your free will away?

Many amongst you proclaimed: “GOD’S WILL be done”, this *allowed* us direct GOD’S pure ENERGY towards your Earth *as never before*. Did we not tell you that you are LIGHT’S lighthouses, anchors and channels of cosmic ENERGY? And now that this ENERGY is being *amplified* and you absorb *more* of its TRANSFORMING, revivifying RAYS, you *feel* the effects *more and more*.

When you see the first results, you will be surprised! You *sensed* them, but when will they make a *physical* appearance for the first time? – Soon, my dears, a lot sooner than you think. So do not worry about a little confusion and discomfort. This will soon be over and faced with what’s *replacing it*, you will be in awe:

- A *new* consciousness.
- A *new* vision.
- *New* spiritual gifts.
- *New* knowledge.
- Well, eventually even a *new* body.

You will *not* be asked to experience something *even more difficult* than before. You have already completed and overcome the most difficult part of your TRANSFORMATION. The rest of the way is child's play, as you like to say. Enjoy your conversion! – Enjoy the return of your *true* identity, of your *true* SELF! – We are looking forward to welcoming you to our world. My dears, you are LOVED and *missed*!

Question : How can we *improve* our telepathic abilities in order to receive live INFORMATION from the HIGHER PLANES in its *purest* form?

Answer : Your question is of utmost importance at a time where it is absolutely imperative that *as many as possible* develop the long lost ability of *telepathic communication* to not just communicate between yourselves, but also with other PLANES of EXISTENCE. This is important, because it gives *every one* of you the opportunity to receive *direct* INFORMATION when it becomes *necessary*.

- *Very critical events will take place where the only opportunity to disseminate INFORMATION will be through direct contact between individual souls or people. It will then not be possible to inform an individual medium in order to disseminate the information between the various circles.*

It makes no difference whether the MESSAGE is received *through intuition* or *direct telepathic contact*, but everyone must be able to *dial into* their own INNER VOICE or their receiver station.

Well, this is how you get the best results:

- To begin with, there must be a desire within you, a powerful, devoted desire that *allows us* to work with everybody independently. When we say “us” we mean your LEADERS, TEACHERS, galactic SIBLINGS, ANGELS and the whole HIERARCHY.
- Furthermore, a cleansing must take place, a *control of the spirit*. In other words, the ability to *sit quietly* must be developed in order to *wait for the impetus* that will start the communication rolling; that will turn you into a receiver. Every person must decide individually to accept the highest TRUTH and to *disseminate* the INFORMATION in an *altruistic* way.
- The ego must be brought into balance or controlled so that people *recognise* that the INFORMATION comes *through them* and *not from them*. It then turns into a channel the INFORMATION can flow through. The QUALITY and the TRUTH will depend on the degree it will be possible to leave the ego and the conscious mind *out of* the equation. A *purity of heart* and the intention, the devotion and the *will* to control or develop this ability must be present and also a *trust* in one's own abilities as well as a *trust* in the INFORMATION one begins to receive.

We would suggest the following as an exercise:

- *Sit very quietly and surround yourself* with a protective SPHERE of LIGHT.
- Pay homage to the divine POWER, the FATHER/MOTHER-PRINCIPLE of GOD.
- Ask for GUARDIAN ANGELS and MASTERS to be present and ask the TEACHER or MESSENGER *closest related to your ENERGIES* to come forth and work with you.

Just like on your Earth, there are ENTITIES with their own peculiarities living in the invisible REALMS. You cannot *expect* to come up with mathematical equations if you don't even understand algebra. Or technical medical terminologies or detailed musical information etc. if you don't even have a vocabulary for it in your "INNER DATABANK" or if you lack the talent. It is then simply too difficult for your TEACHER to transmit such materials *through* you. Some of you are already aware of this aspect and recognise that this is *best left up to those that have* these abilities and talents. You can then select and read the things these people receive.

- Something all of you should develop is the ability to receive *pertinent INFORMATION* for yourself and for your immediate surroundings. Not all of you are destined to be channels for bodacious INFORMATION in order to pass it on to the masses!
- The next step would be to develop the ability *to detain* your consciousness within your crown-chakra and then to within 20cm to 30cm above your head. Elevate your spirit as it were, *feel* your consciousness *rise* to meet the MASTER. Withdraw your attention from your body and direct it *upwards* towards the ether. You will *sense* your ENERGIES and we will begin to work with you.

This will affect you *only marginally* to begin with, but to longer you continue with it, the *stronger* effect will be. Ask *very exact* questions to begin with!

It will be possible after a while to receive INFORMATION of a *general nature*. But only ask *certain* questions *to begin with*. Questions that demand a *yes* or *no* answer are also recommended – and then wait for the IMPULSE within your consciousness.

We can take care of all of you or talk to *all of you simultaneously*, because we are *not limited* in any way. Be therefore prepared *to accelerate* the cleansing process if you want to become a channel for the LIGHT. – We hope that you have taken all our advice to heart.

We are *not here* to play parlour games or to satisfy you personal curiosity! If this is your aim, it is better for you to not try to make contact with HIGHER PLANES, because everything you will receive then will come from villains (hoaxing spirits) or dissatisfied beings from the astral planes and all they want to do is to lead you astray.²

- *ENERGIES are arranged in such a way that this GIFT will become available to you more and more, but you must step forward and say: "Yes, I am ready!"*

² Everybody is advised *to test* the spirits *accurately* and to learn *to discern* the difference. An ever increasing number of hoaxing spirits are on the move these days and under a false name proclaim to be famous "EMINENT BEINGS" in order to "guarantee" the validity of their "message", whilst in reality there are literally "poor souls". "Mediums" and "channels" can quite often not discern the difference! Also see the protocol: "Test the spirits".

It would be advantageous to begin with to allocate a *specific* time in order to *practise* this ability. This will not just help you to control your mind, but it also lets the MASTER know that you take your search *serious*. We will move heaven and earth in order to make you perfect.

Be aware that we are just as real as you and that we *only wait* for an opportunity to open a whole universe full of possibilities for you. We would like to *help* you to gain a *new* CONSCIOUSNESS!

- *It is of the utmost importance that you start to control your thoughts, your activities and your reciprocal interactions every moment of the day, even your night's activities, your dreams and twilight states.*

Awaken your senses, my dears, be alive and participate in the realisation of your own totality and your new environment. Become *aware* of the delicate ENERGIES of this task -, the small miracles taking place around you and *within* you.

We would like you to *remember* and to *observe* the various directions you travelled and the various experiences you had over the last few months. Some of the events were wonderful whilst others were rather devastating. Think back and see or become aware of how much you have changed and how much you have learned during this short period of time. Your time frame and events move so fast that you find it almost impossible to stand still and it is quite possible that you feel somewhat confused or “asynchronous”.

We would like to convey the impression to you that your Earth presently finds itself in a whirlwind of changes, the *evolutionary spiral* moves – mostly to *benefit everybody* – with astonishing speed. You now ask yourselves consciously or subconsciously: “What does this mean and what are we to do?”

We would like to let you know that the fourth and fifth dimension begin to *crystallise* on your beloved planet Earth. Delimitations begin to *appear*: LIGHT here – darkness there. There is suppression here – and the manifestation of full CONSCIOUSNESS beginning there. The general unrest you experienced *is necessary* in order to bring freshness and LIGHT to those areas that need it the most and in order to attract the attention of those that are still solidly entrenched behind a three-dimensional reality.

Every one of you is presently *exactly where you are supposed to be*. Well, even possibly in zones where devastations were predicted, where criminality is rampant or where the situation is tense or where a state of emergency exists.

But can you not see the purpose in this?

You are required to provide a balance, to act *as an ANCHOR for the LIGHT*.

You are strategically and correctly placed where you are needed *the most* and where you can make a contribution of the highest assignation within the divine PLAN. And let me assure you my dears, *you are safe!* You are *not without* PROTECTION and this applies to all of you and to every moment of the day for as long as you maintain harmony with your INNER SELF.

You will always – we repeat *always* – be informed about what you have to do or where you are supposed to be, unless you dedicate yourself to a reality of forfeiture, destruction and devastation.

And once again – times are even more critical now – we encourage you to:

- *Build groups of:* Three, four, nine, twelve, as small or as large as you like.
- *Meet one another, and meet often!*
- Study, assure one another, *meditate* and *pray together*.
- Mutually support, strengthen and inform one another.
- Help each other realise that *every moment of every day is critical*.
- *Control* your thoughts and your activities.

You *asked* for ENLIGHTENMENT and many amongst you developed way beyond our greatest expectations. Be aware that your MASTERSHIP will make you co-creators amongst the HEAVENLY HOST and ascended MASTERS. You are instructed *to bring forth* LOVE, balance, peace and harmony within your personal universe, your home, your family, friends, neighbourhood and then your country and the Earth. Everything begins to vibrate at a higher FREQUENCY and the only way *to absorb* this ENERGY and to deal with it without devastating results is *conscious* mindfulness and *mutual* endeavour.

- *On your way back to ONENESS with the rest of GOD'S CREATION, you now enter a critical phase of your evolutionary process as a species and as a planet.*

There is no doubt that you, like the rest of your solar system, your galaxy and your universe, are heading towards the next LEVEL. But will this eventuate with dignity and with ease, with only slight changes and conversions, or will devastations and destructions be necessary? – This is the urgency and the reason why every one of you *is so important*.

- *It is so far still not known whether your beloved Earth can accomplish this gigantic and necessary step without the distress that has been predicted for such a long time.*³

This is why we talk to you with such emphasis – not to scare you and make you timid, but to make you realise the *urgency* of the situation.

- *Meditate* every day and every night. Better still: *Turn into living meditators*, so that every moment you're awake concentrates on the HIGHEST GOAL *for all*. Then *unite your LOVE and STRENGTH* and create the grid pattern or meridians of LIGHT and ENERGY *amongst yourselves*, so that your strength can flow between you and *emanate* from you, towards heaven as well as down to the centre of your 'Mother Earth'.

³ Our inaccurate terrestrial calendar is not GOD'S yardstick in regards to the next millennia.

- *Visualise this FLOW of ENERGY within your spirit⁴, see it grow, develop, unite, amplify and spread across everything and build a network of LIGHT and LOVE that can stabilise your Earth and its inhabitants so that it cradles them in such a glowing VIBRATION of CHRIST ENERGY that they can flow softly and with dignity into the next dimension.*

This is *your* ASSIGNMENT!

By *amplifying* your devotion and by utilising your capabilities and ENERGIES *more*, it will unfold a *hundred times*. All of you are under the guidance of the ascended MASTERS and within the personal focus of innumerable ANGELS.

Can you not *sense* the difference between your life and your consciousness? – You must no longer roam and move about *on your own*. These times have *gone*! This is now *the time of UNITY*, the UNITY between human beings and the UNITY between mankind and the WORLD of SPIRIT. You no longer need to be separated from us and us from you, and we rejoice in this unification. We waited a long time for the veil to lift from your consciousness in order to reach a point where we can once again communicate with you and inspire you.

This process has nearly been completed for many amongst you and some are prepared to take the leap into the unknown, into the land of giants. And once you have taken the first step, many amongst you will also decide to help their brothers and sisters to also become aware and you will create the New Order *together*, a new humanity that will create peace and harmony on your beloved planet Earth.

You will become consciously aware how formidable you really are and you will *remember* a great number of abilities and TRUTHS that lay hidden within your soul. You will remember that you are already MASTERS, something you simply managed *to forget*. But now is the time to remember! It is time to adopt your true identity.

- *Ask* and it will be shown to you.
- *Ask* and it will enter your consciousness.
- *Ask* and everything will be given to you.

All the POWER and wisdom you ever require is within all of you once you *have opened* the direct communication channel with your HIGHER SELF and the MASTERS. GUIDANCE can come in *various* forms, but it is available!

Every one of you that receives these MESSAGES and *takes them to heart* can be assured that: You are in direct communication with your HIGHER SELF and the MASTERS. Hear it, sense it, and absorb it and then change. You are a SIGNAL PYRE of the LIGHT and the ENERGY and you are a criterion for the successful evolution of your Earth and of mankind.

You are not really aware at all just how pertinent the expression: “ET – telephone home...” really is! – We wait for your reconnection so that we can tidy up your rigidity and distorted display of fear, hatred, criticism and limitation, so that you will

⁴ See the brochure “The SHIELD of LIGHT” where LIGHT PRAYERS are presented that conform to these requirements.

be able to call HOME -, and *we will answer!*

Many amongst you are anxious, surprised or full of awe in respect to those that (already) possess the ability to communicate with the invisible REALMS.

- *However more and more of you attain this ability.*

But you must know that this is the *normal* state of your existence. It's just that you have *forgotten* this. You were disconnected for such a long time that you no longer remember the time when this was a *natural* part of your mental structure.

Once you begin *to control* your emotions, thereby bringing your four base bodies to harmonise, you not just begin to interact with the fourth dimension, you also *have the potential* to knock on the doors of the lower planes of the fifth dimension. You begin to form your own existence and to manifest your own world as co-creators of the divine POWER.

Can you see why it is important to bring *all these facets* of your existence under control in unity and LOVE? – You hear these words over again, but they are the *most important* words you will ever hear. This ENERGY descends on you and your world as a BESTOWMENT. It is up to you whether you want *to utilise* this BESTOWMENT or not. Are you prepared to let it slide by, only because it requires a little work and effort by you?

Everything that enters your consciousness at this time is for your growth and your development. It is a GIFT! Your HIGHER SELF tries to softly prod you along the right path in the correct direction.

Well my dear, have a look at your relationships: *Dissolve* all circumstances that do *not allow* you to live in perfect, loving harmony. If you cannot solve a relationship issue on the physical plane, turn within and look for your inner POWER in this perfect place and consult with this person mentally, on a soul level exactly the way you would normally do on a physical level.

- *Ask for forgiveness* (even if you do *not* feel that you have done something wrong).
- *Send LOVE to their soul plane*, tell them that you love them and feel your LOVE flow from the centre of your heart to the centre of their heart.
- *Bless them* and envelop them with the golden-white LIGHT of CHRIST CONSCIOUSNESS.

As long as you do not return to the old patterns of disharmony, this is *more effective* that you can ever imagine. When you encounter these people in spirit, see them filled with the *violet, transforming FLAME* and ask them whether they feel “at their very best”.

You, who have *asked* and *prayed* to perform this service, should be vigilant and prepared. In order to prepare yourself for coming events, *externally* envelop yourself with your spiritual ARMOUR and *internally* hold fast to your spiritual CONSCIOUSNESS in order *to disseminate* and to be a *living example* for the new humanity, the fusion between spirituality and mankind.

We explained to you just how important it is *to affiliate* with your terrestrial and spirit brothers and sisters in order *to amplify* and *to guide* the ENERGY that was sent to your immediate locale. – We now tell you that you must also begin to move forward and *share* your consciousness with others to give them courage and to neutralise the prevailing fears and negativity. This in order to show: That *there is* hope, *there is* a way, *there is* HELP and yes, the future looks radiant, if only they will accept it. Even if it's only a little at a time, even a small change within their attitude and thought forms can effect a *decisive* difference!

- Be *aware* of the many miracles that take place in your world on a daily basis. Know that you *create* things with your thoughts!
- *When others sigh and lament the state the world is in, emphasise the positive things that happen all around.*

Direct your gaze at the miracles that take place, but softly my dears, softly! Do not highlight their pain or their problems, but encourage them to observe them in *various* ways. – Or simply change the discussion to a different theme and don't participate in these events. Do not add anything to the *negative* energy that is flung out into the ether.

Retrieve your memory from the most beautiful paradise called *Lemuria* from the depths of your soul's memory cache. Many amongst you that have immigrated to these regions in the past, have returned in order *to correct* the mistakes of the past that triggered the submergence of a vast landmass, so that it could be cleansed and filtered. This *must not* happen again and it will not if you acknowledge the warnings and if you take to the path of correction and recovery.

You have the ability *to neutralise* a huge portion of these negative energies through a *united* effort, through meditation and prayers.

This is *your* duty!

This is our assignment for you and our *request*.

We will *unite* you in your endeavours. It is our conjunct intent to give you a *plethora* of LIGHT and ENERGY that you can relay down to your beloved Earth, the ether and to your cities.⁵

⁵ See the brochure: The SHIELD of LIGHT!

*This is what's asked of you to begin your MISSION.
You already have a great impact on your own.*

But you will have the POWERS of HEAVEN behind you when you're *united!*

Are you in agreement?

The end

Transmission from ASHTAR SHERAN (SANTINER-work-circle, Pestalozzistr.88, D-10625, Feb. 1996)

Dear sisters and brothers on Earth!

The time to prepare the evacuation gets ever closer and this is something you have perceived within, deep within your heart already. It is certainly not my intention to spread any kind of fear and panic, but I would like to encourage you to continue the process of inner cleansing and clarification of your life.

Millions of spaceships stand at the ready for the moment when GOD lowers HIS HAND and bids us to come to you in order to stand at your side with this unparalleled rescue operation. Many of you are already being trained at night so they know how to behave on "Day X" and so that everything runs seamlessly and harmoniously.

- *Do not fear that those sisters and brothers that have turned their back on GOD will be first on the scene to "evacuate" you. They are only able to withstand the powerful CONCENTRATION of LIGHT for a very short time, that is to say, for only a couple of minutes before they have to yield. As we are aware of their plans, we will be able to anticipate their moves.*

We have a divine ASSIGNMENT and we are equipped with the POWER of LOVE which is the most powerful and solely valid throughout *all* universes! *No* other power, no matter how technically advanced it might be, can withstand this POWER.

Many amongst you ask themselves whether they will hopefully go aboard the correct spaceship when the time comes.

You will!

- *We will give you the most detailed instructions and you will be able to depend on your own feelings to ascertain that you are where you sense LIGHT, LOVE, security and warmth. The other powers are not in a position to suggest these feelings to you.*

This is why we have been asking you for some time:

- *Train your sense's perceptions!*
- *Learn to trust your deepest inner feelings, because they connect you to your wise HIGHER SELF and your spirit body.*

As all of you have very consciously, deliberately incarnated during this end-phase, all of you have entered this material existence with the *coded* KNOWLEDGE about this time of dimensional change. The time has come where this knowledge will be *deciphered*. Many experience dreams where they see images that are absolutely connected to the evacuation and its associated assignments. But not all of you know what to make of these images. However be assured that we will do everything we can to guide you to people that will assist you with the deciphering.

A lot of things happen so fast in your life now that you are often quite astonished how quickly events follow one another in your life. Notice *whom* you accept a new friends, *who* suddenly enters your life. There is a deeper meaning behind all of this!

You surely realise that these “new” acquaintances or friendships very quickly address the essence of *your existence* and *challenge* you as a soul. You have come here during this phase to very quickly *co-operate* in order to establish a WEB of LIGHT that will incorporate as many people as possible. All signs point to the fact that this integration now approaches its apex and that you will encounter news that equate with the august TRUTH within your heart, a TRUTH you are so very familiar with.

As we transmit our messages to *all* continents, you can ascertain that the news from us is *very similar*. This is however a sign of its content of truth. Direct your attention towards the positive messages from us, that is to say, from the SPACE SISTERS and SPACE BROTHERS of the INTERPLANETARY CONFEDERATION.

Register reports about alien abduction, but do not pay them the attention many do already. Allow your whole attention to flow towards your *mental-spiritual development* to be anchored in LIGHT and LOVE within you and on your planet. This is your *best* PROTECTION.

- The VIBRATION fear creates attracts *exactly the things* you fear the most and beyond that, feeds the prince of darkness and his helpmates who require *this nourishment* to maintain their power on this planet.
- Surround yourselves with cheerful and peaceable people and refresh your soul with august things!
- Acknowledge the intent behind it: Namely to scare and to unsettle you. Your despots will try everything to achieve this state on a mass level, because one will then be able *to easily dominate* you and *prevent everything* that might lead you towards your personal freedom.

We encourage you *to arise* from your *supposed* powerlessness and incapacity. We neither want you to deify us or regard us your commanders. We are your BROTHERS and SISTERS and because of our experience and LOVE for GOD and HIS CREATION, we stand helpfully at your side.

- *The only authority we acknowledge is the authority of the GREAT UNIVERSAL SPIRIT and HIS HIERARCHY of LOVE, whom we serve and to whom we would like to guide you.*

In order to do so, it is necessary for you *to forget* everything the dogmas of various religious denominations have instilled in you. Let go of everything that induces you to believe that you are stained with eternal guilt and sin, unworthy of GOD’S LOVE. This has served *to suppress* you for millennia and promoted the establishment of the clerical powers that do indeed preach the idea of LOVE, but actually tread it underfoot.

- *Please check how far religious dogmas have controlled your life and still control your life. Recognise the fetters therein and cut yourself loose if you are really prepared for this!*

The female gender in particular has been and is being hindered by the clerical powers and also by religious dogmas of all religious denominations worldwide on a massive scale and also hindered from *recognising* its true spiritual POWER and assignment and COMPREHENDING and RESPECTING its role as bearers of GOD'S greatest CREATIONAL MYSTERY.

You might ask yourselves why mainly STAR BROTHERS talk to you and wonder where the STAR SISTERS are? – They work alongside of us like the way we do in spaceships or on space bases, but the nature of their assignment is *often different* from ours. Our women work intensely in the fields of HEALING and the TRANSFORMATION of ENERGIES, particularly in crisis regions, where massive negative VIBRATIONS require transformation. We do however do everything possible to keep any kind of danger away from them.

- *The KEY to TRANSFORMATION is hidden in femininity.*

This is the reason why a considerably greater number of our SISTERS are incarnated on your Earth in order to serve the TRANSFORMATION PROCESS in virtue of the power of their gender. As women are the carriers of the FREQUENCY of LOVE and as the Earth *can only be healed* through this FREQUENCY, this is one more reason why mainly women incarnate for this particular terrestrial mission.

When we say that GOD created women *tenderer* and that they deserve men's *protection*, we *in no way* say that this has anything to do with guardianship or suppression, the way you know it on Earth. As we know that *all are equal* in the eyes of GOD, there is no need for the female gender to indicate its specific value, because all of us are aware of its importance and it has been integrated into our respective life.

We show the female gender our *highest esteem, adoration, LOVE* and *gratitude*, because it is the initiator of CREATION, it brings it to blossom and gifts us its fruits. We know that any civilisation where the female gender *no longer* enjoys the respect and esteem GOD endowed it with, is *condemned to fail*. Your Earth is the best example of this!

Peace in your hearts! – Peace across all frontiers!

I say this to you with LOVE in my heart and in the name of my STAR SISTERS and STAR BROTHERS.

Faithfully yours, your STAR BROTHER

ASHTAR SHERAN