

PSYCHO-SCIENTIFIC FRONTIERS

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Protocol extracts from the *Menetekel* brochures of 1956 - 1975

Theme : **Nicotine, alcohol and drugs**

Addenda, extracted from the years 1956 – 1975

Questioner : Psychic Peace Circle, Berlin
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MESSENGERS of LIGHT : ELIAS, ARGUN AND AREDOS
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The following text was psychically received by Medialen Friedenskreis Berlin, a Christian/Spiritual community, psychically between the years of 1956 to 1975. These transmissions are a part of the *Menetekel*, a collection of 4,500 A4 pages of freshly catalogued protocols, amassed over 20 years. All of these mediumistic messages were left in their original form, even if similar questions were repeated. The work of the two writing mediums, *Monika-Manuela Speer* and *Uwe Speer* began when they were 15 and respectively 17 years old. The total production of the MFK-Berlin (Medialer Friedenskreis Berlin), the *Menetekel* and the 21 transmissions from the space-brothers are considered the absolute pinnacle of psycho-scientific research. Other spiritual circles have often tried to copy the work of the MFK, but its quality was never achieved. The reproduction and distribution of these rearranged messages and protocols is *explicitly encouraged* and is not covered by any copyright.

Preface (By ASHTAR SHERAN)

“The abuse of alcohol and nicotine, as well as other drugs, has created such an incredible disintegration and reached such an enormous extent here on Earth that all of humanity on this planet has turned into a gigantic magnet for *negative* spiritual forces who, being the dregs of the various spheres within the universe, gather here in order to connect with this aberration and cursedness. This base transcendent has an influence and befogs the senses of most terrestrial human beings and drags them down. The result are *joint negative thought processes* that are clearly apparent in the destructive actions that are taking place, in the political insanity and the hatred between nations.

Authorities here on Terra are *not* instated by GOD. They gained their positions through the political power play they're engaged in, but never through their religious philosophy or through eminent self-realisation in regards to the mysteries of the universe. Most authorities are true *masters of intrigue*, they smoke, drink to excess and live an ungodly and unhealthy lifestyle. They are certainly *not* shining archetypes for the rest of terrestrial mankind. Terrestrial nations gain enormous sums of money from drug abuse and from the ungodliness of the misled population and they use these enormous sums of money to arm themselves with superlative weapons of mass murder.

Physicians know that smoking can have dire consequences. They however *do so themselves* and like all the others, their health gradually goes to rack and ruin. The dangerous influence of nicotine on

blood vessels of human beings also impairs the performance of the brain. Physicians and medical researchers do however not know that the brain passes this impairment on to the *spirit body after* people's demise. Smoking does not just damage the body, abet illnesses and bring about changes to organs or produce mutations – it is also a dangerous poison for the soul. It is not the body that becomes addicted, *the body wastes away, the soul becomes addicted*, it loses its willpower, logic and memory and above everything else, its capacity to concentrate. The situation is much worse when an educated academic, a doctor, an anthropologist or a naturalist uses his reputation and ambitions to furnish the evidence, *for money of course*, that smoking is actually a *healthy* pastime!

Smoking symbolises the presence of demons! Smoke and nicotine produces spots on the soul and they continue to be clearly visible on the soul's reflections, like sunspots on the surface of the sun.

The CREATOR created the Earth as one of the most beautiful planets in the universe. Mankind on this planet turned this planet into the *filthiest* in the universe. This is why we must do something *positive* so that this universal shame is eliminated.”

Bas Salzflen, November 2012

Questions and answers

The year 1959

Question : Is people's common sense impaired by alcohol?

AREDOS : Those that imbibe poisons commit a crime. Alcohol impairs the functions of the brain and this is why the soul commits some independent acts. *Such* contacts with the SPHERES of the SPIRIT are *always* of a *negative* nature. Drunkards see the ASTRAL WORLD in their delirium.

Question : Are there means to effectively combat smoker's passion?

ARGUN : First and foremost, the *will for a positive change* must be there, because the character of smokers usually develops along negative lines.

- *One can combat a nicotine addiction with ginger. This ginger must however be raw and consumed in minute quantities, because it is very tart and its overuse can easily dull one's tastebuds.*

Question : What's the situation with cocoa beans?

ARGUN : Cocoa beans artificially doped the heart. One has to be careful with all luxury foods and stimulants like tea, coffee etc. that the body doesn't develop a dependency, because it will otherwise suffer damage that will psychosomatically *also affect the soul*, because there are interrelationships between the body and the soul.

- *Caucasian make the mistake of using spices that are part of the diet of other races. They disregard the fact that they are not of these races and that they do not tolerate these spices because of their different development and constitution. It therefore comes as no surprise then that the consumption of these spices make them gradually ill, whilst it hardly effects the other races.*

The various races must be guided by the nutritional opportunities their region offered them for millennia; this however doesn't mean that their customs have to find mimicry all over the world. To heal the damage cause in this way is beyond all medical artistry.

August 1960

Question : Can the feeble-mindedness of a child be attributed to damage caused whilst in the womb?

ARGUN : Yes, this is often the case.

- *The mother should not drink alcohol or smoke, because these are poisons that also affect the child through the bloodstream. There are also many other damaging scenarios, for instance the constant self-poisoning through disharmony and discontentment.*

Question : The spiritual development and refinement of our soul exposes us to certain dangers. Is the taking of medication whilst meditating damaging?

ARGUN : Ill people often have no other choice to taking medication. This has *no influence* on one's spiritual development or on meditation. A medicament is *positive* if it help people; it is there to heal and to maintain the physical health of the body. The situation is completely different in regards to nicotine, alcohol and similar drugs – these are *also detrimental to the soul*. Nicotine *promotes* the formation of cancerous cells.

March 1961

Question : The consumption of alcohol is alarmingly increasing. Is there a danger of possession when somebody is utterly drunk?

ARGUN : What can happen is that one's AURA is damaged to such a degree that a case of possession is possible. What happens in most cases however is that drunk people shows their true character. Drunks are however also protected. The GUARDIAN ANGEL of a drunkard does not have an easy time of it. Evil people show an *even* worse side of their character when affected by alcohol. Good people will quietly withdraw, they do not wriggle on the floor and scream.

October 1961

Question : Certain drugs are supposed to change people's character, even produce cerebral sclerosis. Is this correct?

ARGUN : According to our spiritual insights, gained with the co-operation of otherworldly RESEARCHERS, the body is partially positively and partially negatively physically influenced by these poisons. It depends on the dosage. One things has however been established, namely that drugs, narcotics and medicaments organically, that is to say, physically lame the body. They interfere with people's personal freedom. The soul no longer makes its own decisions under their influences. The soul will sometimes *completely withdraw* and this will provide possession spirits with an opportunity. One

erroneously talks about a case of “schizophrenia” when this happens. We are however dealing with a spiritual ALIEN CONTACT with a base soul.

- *The consumption of these poisons abrogates the soul’s control.*

These are the most dangerous cases – of interest to the sciences, but as some of them reject the idea of people’s spiritual survival after death, they will not discover the true causes of this illness.

- *Drug rehabilitation programs are far more dangerous for patients as one assumes.*

(Comment: Practising physicians ask this question during a séance. The medium is in no way informed beforehand about the questions participants at the séance will *spontaneously* ask.)

Question : What’s the situation with drinking coffee?

ARGUN : Coffee is not quite the same as a drug.

- *Coffee is in certain respects more a medicament, but only is as far as one does not exaggerate its use. Nicotine on the other hand can lead to hysterics.*
- *Poisoning through nicotine is something akin to cerebral-sclerosis, it mars the supply of blood to the brain.*

Contact irregularities between the body and the soul are not taken into consideration when physicians are trying to diagnose certain illnesses, because this important co-operation between body and soul is presently an *unknown* medical factor. The insane can be affected to a degree where they lose control over their body, that is to say, they aggravate their own situation according to their character. They renounce all self-discipline, because their own ego is of no interest to them. The empirical natural sciences see psycho-science as a thorn in their side and they have made numerous, futile attempts to remove it.

November 1962

Question : Do the many miscarriages, those that one feels are the result of taking sleeping tablets, have actually something to do with nuclear tests?

ARGUN : Yes, *also*. The SANTINER pointed this out *before* already. The embryo is attacked by radioactive radiation, but the ovum actually already as well. To procreate when affected by drunkenness is also *very dangerous* in regards to the development of a new life. Alcohol also includes the extra danger of feeble-mindedness of the child.

Question : Which of the two poisons is more dangerous, alcohol or nicotine?

ARGUN : These two poisons cannot be equated with one another. Alcohol for instance draws out the character of people. Alcohol is very dangerous in regards to the activities of the brain and hereditary potentialities. Nicotine attacks the circulation and people thereby destroy their own health. Nicotine does not have a hereditary effect. Both of these poisons are very negative.

- *This very popular smoking lark is a very obvious sign of the backwardness of terrestrial mankind.*

This vice is just a source of income for the government and for industry and they show no regard to the health of human beings.

Question : How can people best overcome their cravings for these addictive drugs?

ARGUN : *By showing that they are strong willed and by searching for ideals they can intimately deal with. We are not against enjoyment, but these cravings are negative, because they not only damage one's health, but also one's soul and they make people the slaves of their addiction. All of this is possible, because the government fills its pockets in the process.*

Question : Does smoking influence people's thought processes?

ARGUN : *Thoughts temporarily come to a stop whilst people suck in smoke. They only concentrate on feeling comfortable during these moments. This develops a kind of training of mental pauses, this becomes habitual and diminishes the mind in the process. The capability to perform is heavily reduced, particularly in regards to rapid concentration.*

January 1968

Question : The use of alcohol increases day by day. Is there an opportunity to explain this vice to people?

ELIAS : *With most people it is a case of enormous indifference and weak will. They cannot be enlightened with words.*

- *It would be quite beneficial to take these unstable people to an alcohol rehabilitation clinic, just for a visit, so they can see the consequences of alcohol abuse. Young criminals are shown death-row cells to give them an object lesson – and it seems to help.*

May 1968

Question : A woman took the drug LSD just once but gave birth to a deformed child. What can you tell us about this?

AREDOS : *The spirit is intensely engaged in the construction of the body. All drugs will damage it. It will eventually fail.*

Question : I suppose a lot of crimes are committed because of the drug LSD. Why do these derailments take place as we are sometimes dealing with people who are usually very timid?

ELIAS : *LSD is a dangerous drug. Its effects are unfortunately underestimated! This drug disinhibits the soul and it removes certain scruples. It suffices for somebody to be inclined to commit a crime without actually committing it. Inhibitions however fall by*

the wayside under the influence of LSD and the desires and thoughts within the subconscious are put into action.

- *There are people who are angry with other people, but who are powerless to put this anger into action. Affected by LSD – actually affected by other dangerous drugs – this pent-up anger is put into action without rational control. It happens at times that somebody will kill their fellow human beings in a most brutal fashion.*

Moral concepts usually prevent such deeds from happening, but these moral concepts fly out the window under the influence of LSD. All self-control is missing.

(Comment: This answer is very informative for doctors and psychologists.)

Question : Newspapers reported that a Nobel Prize laureate asserted that smoking is not very damaging to an otherwise healthy person. Is there any truth in this?

ELIAS : We hardly know anyone who is absolutely healthy. The assertion that nicotine stimulates is correct. Smoking innervates people and speeds up the circulation. Smoking has a momentary influence on thought processes. The smoker pays a very high price for being a smoker. The bill of fare will be presented at a *later* date. The stimulation lasts *shorter and shorter* periods of time until one cigarette after another has to be smoked for the effect to last.

Question : Is there a difference between the actual smoker and those that have to involuntarily inhale the smoke?

ELIAS : Hardly, because the poison enters one's organism either way. There actually also exist oxidation gases. Those that constantly spend time in smoke-filled rooms will gradually become ill.

(Comment: 20.5 billion DM (Deutsche Mark) are spent on alcohol and tobacco in Germany every year. A substantial economic factor that is partially to blame that one does not energetically try to eliminate these vices. Those that smoke treat their health with contempt.)

April 1969

Question : Industry is not interested in eliminating smoking and it is also not interested in the damage it causes. What are our [prospects in this regards?

ELIAS : This industrial branch would have to undergo changes, if there was no demand for it. It is however very difficult for a smoker to quit smoking if people around him continue to smoke. The worst situation is *when the parents display their bad habits in front of children.*

Question : A notorious drinker insisted that he saw *little white people* walking the streets. What is the meaning of this hallucination?

AREDOS : Alcohol, when imbibed to excess, loosens the soul from the body so that the drinker can often gain a view of the hereafter. He or she will however only gain a view of the *lower SPHERES.*

Question : We are therefore *not* dealing with hallucinations here?

AREDOS : No, This is only an assumption made by scientists that do not believe that the hereafter exists. Drug addicts *experience* similar things, these unfortunate souls can often see into the hereafter. One is however also not prepared to acknowledge the hereafter in these cases either, but prefers to talk about “*drug induced hallucinations*”, ergo illusions.

Scientists have been so utterly false programmed at universities that they are incapable of applying their mind correctly, that is to say, applying their mind *uninfluenced*. This is a very unfortunate situation for the general public, because it relies on the judgment of scientists.

- *If the general public was better informed, the nonsense spread by the Church would a priori stop and people would be far more careful with their thoughts and actions.*

September 1973

Question : The consumption of tobacco products has enormously increased throughout the world. Does the consumption of nicotine lead to mental damage?

ARGUN : We are basically *against all* drugs and narcotics.

- *One particular mistake is smoke cigars and cigarettes to their ends. When a cigarette is only half smoked, its effect is not quite as damaging.*

People unfortunately do not smoke to get animated or to sedate themselves, they do so because it turned into a *passion* that will become a *vice* down the track. One's will-power is weakened, one's character is also affected and the soul is *negatively polarised*.

- *Smoking makes people lose their positive character traits, they become moody, irritable, uncontrolled and allow themselves go in every respect.*

To put in in a few words: The MENTAL DAMAGE, that is *even more* apparent in the hereafter, consists in the fact that the soul becomes *more ordinary* through smoking. Almost all smokers therefore end up in the *lower SPHERES*.

Question : Are there means to successfully combat this vice?

AREDOS : The will to make a positive change must be present in the first place. The character has in the meantime developed *negative traits most of the time*.

- *One can also combat this craving, ergo the craving for nicotine, with ginger, but this ginger must be raw and it must be consumed in minute doses, because it is very spicy and eating too much can easily deaden one's taste buds. One has to chew a piece of ginger the moment a craving for nicotine appears and one has to keep in one's mouth for as long as possible. But one can also chew a prune and keep its stone on one's mouth for a long time. But one should certainly not smoke a cigarette!*

October 1973

In the service of science

21 billion of German Marks (DM) *are spent on alcohol and tobacco per year* in West Germany alone. This enormous sum does *not* help to improve people, either mentally or physically, it only leads to their demise.

It is unthinkable that the GREAT PLANNER and INFORMER created human life in order to expose it to self-destruction. Deliberations would have to tell you that *other* FORCES must be *interested* in this act of self-destruction.

The sciences have up to now not had the courage to pay these FORCES some special attention. Academic sciences guards against admitting that they could be dealing with the devil here, namely with GOD'S antagonist. The sciences tolerate this destruction of mankind – they actually lend a helping hand.

The fact that one wants to *maintain* and *improve* human life on one hand whilst *tolerating*, well even *promoting* its destruction on the other hand, is a paradox. This must make every normal human being stop and think. Only an unequalled ignorance and brutishness about some momentous FACTS can induce the sciences to be the sidekicks of demonic FORCES.

- 21 billion for liquor, wine and tobacco products in West Germany alone! How many billions throughout the world?
- How many billions are spent on the *spiritual renewal* of human beings?
- How many German Marks are spend in West Germany on behalf of the TRUTH?

The value of alcohol and tobacco is rated *higher* that the value of the TRUTH and the will for achieving a HIGHER STATE of DEVELOPMENT and health.

But what can a physically and mentally ruined human being expect? The physical body rots in the grave or it is cremated. But the SPIRITUAL HUMAN BEING, its EGO, its CONSCIOUSNESS that enters a greater SPHERE of EXISTENCE, is in a completely *ruined* state. Religion called this state "hell". Hell is a *pathetic* condition to be in. Unfortunately only a few scientists believe in such a possibility, it is however a fact and it only lacks scientific accordance and acknowledgment.

- *21 billion German Marks – in West Germany alone – for a hell that is as certain as the sunrise!*

The readers of these lines might recognise just *how serious* the situation for mankind really is.

The government has a monopoly on these vices. It therefore has a monopoly in regards to the demise of lots of human beings, because GOD'S antagonist has both his hands in this evil game. The government is not interested in the calamities in the here and now, like for instance cancers and heart attacks, it is only interested in the *sum of its fiscal income from taxes*, because tools of war cost billions.

Scientists are no exception. Even though they are aware of their consequences, they also participate in these vices. They offer no archetype in this respect, they rather *corroborate* their *assumed* harmlessness.

We know that alcohol has direct consequences for people's health and can even lead to their premature death; we also know that there are other consequences, namely that of chaotic disintegration and dissolution:

- Families fall apart.
- People end up in lunatic asylums.
- Thousands of road casualties due to alcohol speak volumes.
- The costs for treatments must be covered by insurance companies, ergo by employees.

Where is science's cry of caution?

A comment in regards to this:

A television crew recently did some research into and recordings of the dangerous effects of nicotine. The report was designed to show how terrible the consequences of smoking can be and partially also are.

- *The government prohibited the broadcast of this report.*

Mankind should not be shown the dangers they face from this vice. The government is *not willing to forfeit the billions it collects* – and this applies to industries also.

People unfortunately do not know the consequences they have to bear in the hereafter, because they know nothing about a life in the hereafter and they are also not interested in it.

July 1975

Question : Health authorities debate whether one should print warning signs about the dangers of smoking on cigarette packets. Would this bring positive results?

ELIAS : 21 billion are spent on alcohol and tobacco in West Germany every year. This considerable economic factor contributes to the reluctance of energetically forcing the issue.

Objection : Cigarette smoke is *forced upon non-smokers* everywhere. This undermines the state of health of nations.

ELIAS : To put it in a nutshell: Those that smoke trample on everybody's health.

- *Health Insurance companies must refuse to cover the cost of smoke-related illnesses.*

Question : We heard that smokers *specifically* suffer *after* their demise. Is this really so?

ELIAS : Yes, this is correct. This actually applies to *all* vices. Smokers are addicts, because nicotine is an addictive substance. But as the spirit finds it difficult to let go of this addiction in the hereafter, it must certainly suffer and nobody can help it.

Question : Scientists asserted in the past that smoking stimulates, that it was supposed to calm you down and that your power of reasoning was enhanced. What does the realm of the spirit have to say to this?

ELIAS : One didn't know anything about *smoker's legs* or *lung cancer*. The situation is different these days. We hardly know of anyone who is completely healthy. Smoking certainly innervates and quickens the circulation. Smoking does indeed momentarily influence the brain's activities, but the smoker has to pay an extraordinarily high price. The bill of fare is presented *a lot later*. The duration of the stimulation decreases all the time and this to a point where one cigarette after another has to be smoked until a total breakdown occurs.

Question : What can one do against this?

ELIAS : *Allow common sense to prevail and not smoke!*

- The end -