

PSYCHO-SCIENTIFIC FRONTIERS

**Selected publications from a variety of subjects of psycho-scientific research. Editor: Rolf Linnemann
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Excerpts from the *Menetekel* brochures from the years 1956 - 1975.

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| Theme: | The souls |
| Questioner | : Medialer Friedenskreis Berlin |
| Mediums | : Uwe Speer (17) and Monika-Manuela Speer (15) |
| MESSENGERS of | |
| LIGHT | : ELIAS, ARGUN, AREDOS |

The Medialen Friedenskreis Berlin, a Christian/Spiritual community, between the years of-1956 - 1975, psychically received these published words. The messages are a part of the *Menetekel*, a collection of about 4500 pages in A4 format, spanning 20 years and recently re-catalogued. All mediumistic messages were left in their original form even if sometimes similar questions are asked. The work of the two mediums began when they were 15 and respectively 17 years old. The total production of the MFK-Berlin, (MFK stands for Medialer Friedenskreis), the *Menetekel* and the 21 messages from our space-brothers, are considered the absolute pinnacle of psycho-scientific exploration. Other spiritual circles have tried to copy their work, but its quality was never achieved. The distribution of these recently re-catalogued messages and protocols is *explicitly encouraged* and is not covered by any copyright.

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Preface by the publisher

Natural-scientific definition most of the time only touch the surface and not the essence. Goethe's "Faust", from a natural-scientific point of view can be dissolved into lumps of paper made from rags and printer's ink, one of Mozart's arias can be natural-scientifically explained as a series of consecutive vibrations in the air. But does such a definition go far enough? The world is indisputably a natural-scientific problem, but also an aesthetic, ethical and metaphysical problem. But our knowledge about it only piecemeal. Human beings represent the greatest of all mysteries. Psychology, dealing with its highest functions has become a battlefield of opinions, with opposing definitions being presented: For some it's purely an accumulation of chemicals, for others it represents an emanation of God. All attempts to solve the mysteries of the world should be adjourned until the mystery of man is solved and especially the psychological side of it, that is to say the mystery of the human soul.

The most eminent personalities have dealt with this from time immemorial, but just how little progress has been made shows the fact that the contrast between materialism and spiritualism is just as pronounced as it was in antiquity, actually even more so, because both parties express ever more precisely their own slogans and associated rationality. Many a doubting person has come to the conclusion that the futility of this long lasting confliction only indicates that the soul is one of those puzzles that can't be solved. Should one give up altogether? No! A definite abandonment is only then called for if it were to be *demonstrated* that one had been searching along the right lines and one had exhausted all means. But as soon as it can be verified that one has chosen the wrong path and that the necessary tool to solve the puzzle has not been made use of, will one be able to shake off one's pre-

sent lethargy and gain a new momentum for continuing research. The puzzle of the human soul lies a lot deeper than anticipated in the past. One has always looked for the soul in the wrong place or one has overlooked the deciding factor in the right place. Everything indicates that the soul is not within our own consciousness but *outside* of it. The brain doesn't think, it's the soul that thinks utilising the brain in the process. If the soul has any organising abilities, then man is its physical form of expression.

Bad Salzflun, December 1992

A broad field of research (Transmission from the year 1962)

The sciences establish a new faculty for researching the mind. It is the field of psychology. But psychologists unfortunately assume that the soul is only present in the *activities of the brain*. Therefore the soul is *not recognised as something autonomous*, but only the activity of certain nerve cells. But anything indicating a special effort by the soul is simply relegated to the human subconscious. The subconscious is therefore regarded as a reservoir for all inexplicable processes one *avoids* having to define at all costs.

It is absolutely clear to every serious researcher of the humanities that psychology has taken a *wrong* turn somewhere. To recognise the soul as an independent, viable entity inevitably leads to *theism*¹, therefore to GOD! But as psychology *rejects* this evidence, one is quite content with *its counterpart*, namely with every atheistic explanation of *supernatural processes* within the human consciousness.

The best evidence for the existence of the soul is still forthcoming from uncivilised native tribes with their spirit cult, which is distorted. These tribes are *psychic* and know the hereafter from *personal experience*. There is a lot of *other* evidence, which is completely wrongly assessed, because a positive, respectively an assessment closely related to the truth *is completely undesirable*.

We come across this evidence on a daily basis. I will give you such an example: Addictive and recreational drugs lead to poisoning, which will *separate* the connection between the soul (spirit) and the body (matter) *step by step*.

- Marihuana, opium and cocaine are substances that have a *very disengaging affect* on the brain, because the brain is the *mediator* between spirit and matter.
- Hemp and hashish are *also poisons to the mind*. They create a state whereby people are more or less *separated* from the physical, thereby bringing them closer to the hereafter.

It's a momentary situation *between* "life and death", but the body overcomes this most of the time until a new state of intoxication sets in. These people experience conditions that allow them to see and experience all kinds of situations from the fourth dimension, in this state of intoxication. A floating sensation for instance. An interplay of otherworldly reflections of light, but also the flora and fauna of the otherworldly spheres become *perceptible* and also *visible*.

- These selfsame symptoms also happen with alcohol abuse.

The effect of alcohol *is a lot slower* - but in a severe case of inebriation it also separates the soul from the brain to such an extent that enables the sense to experience the hereafter to a higher degree. This doesn't happen without a struggle, it causes an uncomfortable dizziness and a disturbance of the

¹ **Theism** (from the Greek: Theos = God) Indoctrination proclaiming that contrary to atheism, God is sentient and exists for all eternity.

equilibrium. The medical profession calls this “delirium tremens”, meaning a drunkard’s mania. - The last term *is incorrect* because it’s *no mania*, but a *psychic state* brought about by severe poisoning.

The drunkard suddenly sees white mice or beetles, white vermin, even white people or dwarfs. He usually only sees the lower spheres because of his negative attitude and development. But he perceives them *predominantly in white*, because they’re from the hereafter and people living on Earth can only see them like that, exactly the way everybody perceives those so-called *haunting ghosts* in white only.

Materialisations are also white. - Photos of ghosts are white. - All of these apparitions are *independently valid*, they represent convincing cardinal evidence for the existence of life in a fourth dimension.

One ought to **explore more** than to ridicule it!

The power of motion (Transmission from the year 1960)

There is not one single ENERGY in the whole universe that is *not* in motion. This very clearly states that every FORCE and every existence is *eternally* in *motion*. But every ENERGY must have a SOURCE that *emanates* this FORCE. GOD is such a unique SOURCE. HE is the MOTIVATING POWER that makes the universe possible and keeps it going.

- *All of creation consists of MODULATIONS of divine ENERGY.*

Every grain of sand, every speck of dust is in a state of rapid motion and therefore full of divine MOTION, full of divine LIFE, even if the speck of dust can’t think for itself. GOD does the thinking for the atom in this case and every divine THOUGHT becomes dynamic LAW.

Human thought also bases itself on these CHARACTERISTICS of GOD. Every thought, every word and every concept is intertwined with the view of the spiritual eye. But something that’s not there, can never be perceived. Every mental concept, every plan or fantasy must work with real and rational parameters and existences.

GOD is real and HE exists, as does HIS ENERGY and HE must also create anything HE wants to see. A human being carries within its soul the LEGACY of GOD and he’s also able to create something that he’d like to see. He uses the mysterious ENERGIES of GOD to achieve this. The soul, equipped with the WILL of GOD works within fractions of a second with the unimaginable BUILDING BLOCKS of the spirit and arranges them the way he wants and then perceives his own, otherworldly creation with spiritual eyes. When the concentration is stronger, the spiritual creation appears more pronounced.

- The great mystery remains in the fact that such a spiritual creation *doesn’t fade away*, it remains for as long as the soul that created it, *maintains the same* VIBRATION and thereby sustains it.

Fantasy and hallucinations are otherworldly, that is to say, spiritual creations with a rapidly reacting, *otherworldly* MATTER. Man consequently creates existent figures, trees, rivers, landscapes, animals and human puppets, robots and a lot of other things first, before he processes something or other in the physical world by *utilising* physical creation. Consequently we have two worlds working with one another, which will remain eternally inseparable.

- *Therefore guard against negative creations you can create with your divine willpower through your thoughts.*

The human brain doesn't contain one single spark of your thoughts, because divine creation is impossible within this physical organ. It is comparable to an electrically controlled relay, which just doesn't react without an impulse. A satellite propelled into space by a rocket must be radio-controlled from a great distance on a precise frequency, if one wants to change its orbit. These radio signals are not found within the satellite, but are registered internally and if the batteries are run down so that it can't react anymore, the signals that arrive there in vain, still exist. The brain can cease its physical energy, but a soul is its own ENERGY, influencing the brain by utilising the "battery energy" of the body at the same time to motivate the body.

Atheistic psychology is pure nonsense! Those sorts of ungodly explanations have nothing at all to do with the TRUTH. The human organism, that is to say, the whole physical body is an equation to the soul, tuned for a physical existence. A sensory organ is also an equation to the mental brain. If a physical organ is destroyed, it fails, because as an equation the connection to the mental organ is severed, the mental organ can continue to function on a spiritual level in spite of that, but it can't register *physical* vibrations any more, as long as it's not INDEPENDENT.

A dangerous illness (Transmission from the year 1970)

Well now, planet Earth's humanity considers itself to be extremely *progressive* and *developed*. But unfortunately this is **an error**, because the *spiritual* development *leaves much to be desired*.

Modern medicine does wonderful things and recognises the importance of hygiene. Prevention is always better than healing. This particularly applies to the physical body. But one is already aware that all *mental* conditions have a *great influence* on the physical body. A shock can be lethal. Home-sickness makes you fatally ill and leads to a lingering illness. Nobody will doubt this.

Hygiene, that is to say, the prevention of epidemic plagues and illnesses is something the national leadership is interested in. Millions are invested in hygiene and one tries to introduce it in underdeveloped countries. All of this is progressive and to be applauded. But unfortunately there is an enormous flipside to this story: *Spiritual* development, respectively *spiritual HYGIENE* is *excluded* from this. The state, responsible for hygiene, repudiates the HYGIENE *of the spirit*, because the word "soul" doesn't suit them at all. Even though one is quite aware that all mental disharmonies *act psychosomatically*, therefore affecting the physical body, one completely disregards this fact.

- Every war with all its terrible consequences is a blow against the total hygiene of the world. The mental disharmonies connected with this *also* affect *all those not immediately* participating in the battles.

Neglecting the mental side leads to a dangerous illness, one that *can't be cured* by common medical means. Fear, unrest, chaos, private, business and political quarrels are the source these dangerous illnesses *spring from* and eventually attack the body with genuine, organic illnesses, yes even cancers. Heart attacks, bilious complaints, nervous breakdowns, yes, almost all fatal illnesses have their actual *origin in the unnatural state of the souls*, which is placed in an unbearable situation.

- *The TRUTH is never welcomed, unfortunately only feared. This is why the TRUTH is attacked with all the most unfair means available. This TRUTH here will also be attacked -, but is has been told to you!*

It would take too long to enumerate *everything*. The press, radio and all other publication mediums, be they large or small, are *involved* in this calamity. One is disgusted and disharmonised by just looking at a paper.

- Those that look at the arts on offer these days shudder.
- Those that listen to modern music are *struck down*, without even noticing it.
- Those that speak of the devil are *ridiculed*.
- Those that speak of GOD are *considered stupid*.
- Those that participate in everything are *celebrated*.

But the bill will be presented. Nobody can override the natural law of cause and effect. Everything and I mean everything that creates disharmony is part of dangerous illnesses and belongs within the rigorous control of hygiene.

- Democratic *freedom slogans* or *illogical opinions* are not part of hygiene, they demand strict commands, otherwise the pestilence will spread further a field. The same applies every time people endeavour to live together, mental, respectively spiritual hygiene takes first priority here!

Many people complain because GOD *apparently doesn't help them*. - Here GOD is helping you! Out of HIS true LOVE for you HE warns you and tells you the TRUTH here also. It is now *up to you to act accordingly!*

Searching for the soul (Transmission from the year 1970)

The human soul is a very controversial concept. Because the soul *can't be measured* it is considered to be something that is *incomplete*. All research undertaken in this direction by academic science has not acknowledged the soul as a person. This is the reason why one has become convinced that the soul represents a *conscious process of the brain*. Therefore every conscious process taking place within the brain and generated by it is subject to mortality and dissolution.

Our very existence verifies that we're dealing with a scientific **error**, by trying over again to validate our own selves. Unfortunately there are also *inapt* souls in the spiritual realm that cause a lot of damage by *thwarting* our efforts or by bringing them into ill repute.

- The interplay between the body and the soul is so *versatile* and *diverse* that one is easily deceived. These deceptions lead to the rejection of the soul and condemn man to remain an *inferior* creature.

The brain *lags behind* the spirit, respectively behind the soul. Before a conscious process takes place in the brain, the soul is already informed about it.

- *The whole archive of memories of a person is situated in the cosmos. The brain zeros in on this supply cache and receives its answers. This happens faster than the speed of light.*
- *The whole thought and perception process of people takes place in the cosmos from where it informs the brain, which acts accordingly. Nothing changes in the availability of the cosmic process the soul makes use of, if the brain ceases to function.*

It is a fact that *no* conscious process *is ever lost*. Even if the brain can't recall an experience (memory), it is *nevertheless recorded*. Irrelevant events can have been forgotten for over 50 year for instance, but all of a sudden they come to the surface, because a direction finding process suddenly intercepts this recording in the cosmos.

- *Souls in the hereafter are able to remember things a lot easier than whilst they are on Earth, because there the brain is switched off. Actually the conscious process works faster and more intensive.*

Psycho-science is quite entitled to talk about a "larger world". It is therefore hard to believe that this SUPERLATIVE WORLD, *everyone* will eventually enter, attracts so little attention. The research into the physical brain is on a completely wrong track. Psychologists also can't achieve objective results, because they *reject* the existence of a personal soul.

- *A living, breathing person doesn't generate the soul. The soul already exists before birth and is connected with the body. When a person dies, the connection is severed, but cosmically speaking, nothing changes. Everyone entering the hereafter has his mind, his memories and his complete conscious sentience at their disposal.*

Research into the soul must be *practiced correctly*, if the *correct results* are to be achieved. You can't imagine just how important this field of knowledge really is. Billions are spend on armament, but there is never enough for the research of the soul.

- Don't complain about your personal or your generally hopeless situation. You are *not interested enough*, when it comes to the unmitigated TRUTHS!

SCIENTISTS ARE NOT AFRAID OF WORLD CATASTROPHES,
BUT THEY REALLY FEAR THE TRUTH ABOUT LIFE AFTER DEATH!

Where is the soul? (Transmission from the year 1960)

It is written: *Heaven is within us*. - Take heed, this *doesn't* mean that there is no heaven anywhere else. Heaven is in this case not really the correct term. *We* prefer to say *sphere*. It is therefore very sad to see that the Church of the LORD has so little notion about this heaven, about this sphere.

Astronomy has ascertained that the stars orbit in space and that the space in between is filled with dust, gases and stones, which also hurtle through space in a dangerous fashion or burn up as meteorites on the way to Earth. But when someone dies, doesn't move anymore and releases his or her invisible soul substance, you ask yourselves: Where could this heaven, this sphere be? Where does the soul float to? - This question is as silly as if someone asks: How is it possible that there can be such a lot of music and so many conversations inside a little radio.

- The cosmos has FREQUENCIES, the same VIBRATIONAL PLANES as your world has fire, water, air and earth. These are *visible* frequencies to you, visible vibrational planes. But the spiritual realm is an *unimaginable plane of existence*, the biggest realm throughout the universe. This realm is *certainly not separated* from matter. There is an *extremely close contact* between these two PLANES of EXISTENCE.

The perceptions of a spiritual existence are convincing and comprehensible to you. But you unfortunately make the great mistake to declare any of these perceptions *as pathological*. But when an alleged artist creates something offensive to good taste through his pathological fantasy, you find this quite acceptable, you even consider him to be a “genius“.

- A soul can only enter a particular realm, namely the one that is his *actual* home.

You look *at* a corpse. You look *inside* a corpse, but you can't find the soul. Have you ever found the soul in a living person? The body was animated, but that alone wasn't the deciding factor. A movement is not actually a soul.

- *A language becomes comprehensible only if there is intelligence, a personality behind it that makes itself known. The LAWS of GOD manage matter, but the human body is managed by a divine soul!*

Matter *can't* comprehend *itself*, or its environment. But on the other hand, a divine soul *perceives* CREATION, even if it utilises matter for a medium. Your doctors and experts on life *don't want to accept* this fact, they continuously say to themselves: Couldn't it somehow be different?

The physical body - the body of animals too - is a perfect allegory to the soul, the only difference being in that the body can't call sensations into consciousness without the soul's activity. The body, as a highly developed recording and performance system, brings all attractions and sensations *into the consciousness of the soul*, which in contrast to the body *isn't* made up of physical atomic systems, but out of *immaterial* ENERGY. It regulates the brain, which is the control centre of the body.

- But if you intend to look for the soul in a living body it would be akin to someone looking for the announcer inside a radio.

The soul is COSMIC and connected to the physical body through an individual FREQUENCY. These are immaterial VIBRATIONS!

The creation of the soul (Transmission from the year 1969)

The soul isn't born, it arises from the POWER of GOD!

A sun gives organic matter the power and the light for systematic development. This happens according to the law of crystallisation. Atom by atom is joint together, molecule by molecule, until a certain object is created.

- *The plan contains the INFORMATION.*

The soul, it doesn't matter whether it's the soul of a person or an animal, is *not* born *fully developed*, but is created by the POWER of GOD, which acts like a SUPER SUN on the spiritual UNITS of

VIBRATIONS. Spiritual ATOMS and MOLECULES join together according to the law of crystallisation. This process is however *a lot slower* than a physical process of construction.

- Literally speaking, the soul slowly crystallises according to the WILL of GOD from spiritual ATOMS, which are to be found throughout the universe.
- The soul is not completely finished *after* the crystallisation. It certainly has a lot of latent ability, but it lacks *experience, memory and development*. - Such a process *takes aeons!*

Even thou man on Earth already has a series of earthly developments behind him, he is still at *the beginning of his development*. Whatever is *still* to come in the human development is unimaginable and will take an eternity. There is no limitation of this development in sight. When I talk about the human development, I don't mean physical development, but mainly *spiritual development*, which is important, because the soul is *immortal*.

- *I can't understand why one made the mistake to remove the reincarnation indoctrination. It is the most important factor in human evolution. It is precisely this important factor that gives meaning to our life. Many evil things develop from this ignorance, wars for instance!*

On the day man is born into flesh, he's equipped with a complete and pre-developed soul. But *one erroneously believes* that the soul *simultaneously* develops with the embryo inside the womb, therefore *never had a previous existence* anywhere. This is a **very grave error**, because *every* soul already existed when Neanderthal Man was alive. Most people lived on all the continents and have progressed level by level. The abilities of the soul have *improved*, the character has been *formed*; the ability to understand things has grown *stronger*.

- People who remain *backwards* in their spiritual development will be reincarnated *into the lower levels!*

But every soul experiences a *momentary sojourn* in the SPIRITUAL REALM, between the physical reincarnations. The length of these stays is varied and depends on one's development and on the assignment, respectively on one's *preparedness* for them.

The souls in the hereafter are not separated from you. But it isn't all that easy for you to perceive them with your senses. But these otherworldly souls once lived on Earth and are therefore still interested in all your problems. They try to protect you. -

- But there are many souls *that participate in destructive actions*, exactly the way they have done when they were in the flesh.

There is still no unity, neither here nor in the hereafter. But the mission is to bring about unity!

About joyousness (Transmission from the year 1966)

Well, what would man be if he didn't have something to look forward to? Joy is an elixir of life. It is a SOURCE of ENERGY of extraordinary importance. But there are many people who are *not* able to continuously rejoice about something or other. They suffer from a *self-inflicted illness*.

- Unhappiness and disharmony *destroy* your health.

It would be wonderful if doctors *could prescribe* joy. You have to be aware that mental suffering, uneasiness and disorders absolutely affects the physical organism. The stomach is affected first and then follows the digestion. Slowly the whole circulation is disturbed and what follows is a whole series of illnesses. The doctor detects various organic diseases, but *he doesn't mention the causes of them, because he doesn't know them himself.* -

- You can see from this that the state of your health is *pretty much in your own hands*. The medicine to cure or to prevent *is cheap*.

There are people who can gain *the greatest of pleasures* from virtually nothing. Well, this isn't everybody's good fortune. But it's really unfortunate these days that children have *hardly* anything to be pleased about and this is why they already fall sick when young in years. Grown-ups race through many countries of this beautiful Earth in their cars, *but they still don't feel any joy*. They are already quite *immune* against any feelings of joy. Just *what the causes* for this insensibility are, *remains to be seen*.

- It is important to realise that *without true joy, there is no rational life on Earth*.

Anybody who is *extremely fastidious*, he deprives himself of any feelings of pleasure. His natural appreciation is disturbed and he has to expect to fall ill little by little. *Humility* is therefore something positive, *because it heals!* Everybody already ill and spending time in doctor's waiting rooms can assess just how important good health and its associated *pleasure of work* is. Here is my advice to you:

- *Be careful in your deliberations and consider your requests. With a bit of practice one can learn to gain as much pleasure from mere trifles as from something more sizable. It only depends on the way one looks at things.*

Don't pass by this magnificent CREATION heedlessly. *Observe the smallest things*, because they offer you a *wonderful realisation* and insight. Observe the light and all the colours in nature. The smallest grain of sand hides a great mystery. One only has to take the time to observe everything with the complete concentration of the spirit.

Do you think that there are any millionaires that possess a genuine feeling of joy and contentment? The richest people are *miserable* most of the time and also *ill*. Doctors can't really help them, because they *can't feel any joy*. These people are *continuously looking for happiness*, even though they are filthy rich.

- Joy brings you happiness, but one has to be able to *feel* this joy!
- *Teach yourself to gain pleasure from small things.*

If you're looking for happiness and contentment, don't go looking all over the world, because you'll find happiness *within yourself*, if you teach yourself to find pleasure in positive trifles.

- *Observe for a moment one single flower as a present from GOD. - I can tell you that it's a whole lot more valuable than an expensive motorcar!*

True beatitude in Heaven and on Earth (Transmission from the year 1957)

The Holy Scriptures tell you that heaven is a paradise. Christians would like to enter GOD'S paradise one day-, they would like to go to heaven. But the Holy Scriptures unfortunately reveal *very little* about heaven. This is why the people on Earth have only a very faint idea what heaven is all about.

I would like to tell you today just how GOD'S HEAVEN is *really* compiled:

It may be true that heaven is a paradise of unimaginable splendour and beauty, but heaven is certainly *not a place of quietude*, of leisure or some gormandising. Heaven is a place of constant high activity, a place of unimaginable industriousness, great responsibility and the highest command post of the whole universe.

- How utterly wrong are your words on your tombstones: "God rests here" - or "Here in eternal peace lies..."
- *One doesn't sleep in heaven. Inactivity goes against divine PRINCIPLES. Those that are inactive are lazy and the lazy belong in the spheres of darkness!*

I will describe it to you accurately: Even millionaires are discontented! - You can do whatever you like, but if you *don't serve GOD doing it*, you'll always be malcontent. Whether you're in the most beautiful paradise eating delicacies, whether you're drinking the best of wine or whether you laugh till eternity - no matter what you do, even if you rest till eternity, there is nothing you can do you won't eventually get *enough* off. There is no passion, no vice, no activity, no sensory perception you enjoy in overabundance, you won't get sick off to a degree that it will eventually *disgust* you. To add to this there is boredom, disconsolation, lingering illnesses and despair.

Just how do you image paradise really is?

No soul could stand living in paradise forever, I dare say, no even for too long. In one word, true eternal bliss can't be found there either, it is of *limited* duration there also. But how does a good Christian obtain *true* eternal bliss, which will last forever?

- *People, that is to say, the human soul originates from the spirit of GOD. Our CREATOR we call GOD represents the eternal PRINCIPLE of ACTION. The hyperkinesia of man is a divine INHERITANCE, and only through tireless activity can man be happy and content.*

It doesn't matter whether in heaven or on *any other* planet, infinite opportunities present themselves for this. People must do something good, otherwise they will not find true happiness. One either helps with the set-up and with the advancement of the divine PLAN for planet EARTH or one helps one's neighbour, one's brother, one's sister or some dumb creature. These tasks are so versatile that they will never come to a standstill. Every good deed, every positive action done in the name of GOD and HIS angels eventually shows good returns, namely a remuneration called happiness.

- *Positive action within the whole circle of universal CREATION is the only possible way to true eternal bliss!*

There is a school in heaven, an ELEMENTARY LESSON, which slowly leads all souls to the recognition that they *have to be* GOD'S HELPERS in order not to become *completely miserable*. Those that offer their POWERS received from GOD, their endurance and co-operation to the negative side, will *not* find contentedness, *no genuine* happiness, *no* remuneration and *no* recognition of enduring

value. They will *again and again* feel discontented, unhappy, bored, disharmonious, and rebellious and fall prey to mental derangement. They become ill and waste away, not only in heaven but also on Earth.

About happiness (Transmission from the year 1973)

Well, nearly everybody strives for happiness. But *unfortunately not everybody knows*, what happiness really is. Even the most famous philosophers on this planet have not recognised just how important any knowledge about happiness really is. I'm going to tell you something about it:

Contrary to what you might have thought, happiness is *not* substantial. Happiness is based *on feelings*. The happiness that one strives for therefore is created *within the person*. Therefore happiness is a *mental* condition, not particularly tied to a certain thing. Feelings of happiness can be brought about by quite diverse circumstances. The birth of a child can trigger greater happiness than a win in the lottery. The rescue of a human being can also signify far greater happiness than a high ranking position with fame and honour. But people don't ask about *the nature of happiness*, all they want to do is live a *life of luxury*, which often means a sinful life and that eventually ends up somewhere in the gutter.

- The greatest happiness achievable is complete *contentedness*.

Contentedness also implies: *Security, confidence, LOVE and harmony!* Nobody has to win the lottery to achieve it. This feeling of great contentedness can also not be won at a gaming table.

- He, who sedulously searches for the TRUTH, also searches for happiness.

There is nothing worse than discontentment, because it makes you sick and vicious. Happy people *emanate harmony*, and it is always a case of contentment. There are millionaires and billionaires who *can afford anything*, but it has been proven that *in spite* of their possessions, these people are *not happy*.

- *It is not ownership of possessions that make people happy, but the knowledge about UNIVERSAL TRUTH, because this TRUTH guarantees man UNIVERSAL LOVE, that is to say, a closeness with GOD and HIS HIERARCHY!*

Deep down, everybody knows that it is important to have a friend one can trust.

- One can acquire many FRIENDS in the SPIRITUAL WORLD. These FRIENDSHIPS are *the KEY TO HARMONY*, to complete contentedness, even in life's most difficult situations.

One has to *search* for one's happiness, but one also has to *earn* it. The TRUTH, so very identical to happiness, is *on offer for next to nothing*. If we're *not* too worried about it or if we decline it, we stupidly renounce the greatest happiness the universe, therefore GOD, offers!

- People that have gained a high degree of knowledge, *display a supernatural feeling of happiness on their faces* after their disembodiment.

But how very different is the situation with those without this knowledge? - Discontentment and lucklessness is written on their faces like an admonishing script.

Please think again about the happiness you are searching for so wistfully. If you *open up from within* and if you don't believe in erroneous dogmas and opinions, you will certainly find it. *Good fortune* is also *an error*, a dogma that *can't* offer you anything in this respect.

- *Happiness is an inner region of the heart. Happiness is the PURE LOVE one can experience!*

The vibrations of LOVE (Transmission from the year 1957)

It is very difficult *to explain* spiritual things and processes to people. A mental doctor or someone researching the human mentality, called psychologist, tries to infiltrate these mysteries. In his search for the soul he looks for all of these processes in the *physical makeup of man*, within his organic body. But unfortunately there's nothing to see there. It is as if one is looking for an electrical current inside a cable. But electricity can be measured, ascertained and produced with an apparatus.

But the ENERGY of the soul is something completely different.

It *isn't* measurable, or perceptible or even re-creatable. It is beyond the grasp of technology. This particular fact leads to a lot of false conclusions.

- The soul is something *very different* from matter. It actually isn't even inside the body and therefore can't be detected there. But the soul is *very close to the body* and connected with it through the processes of vitality.

At last science is at a stage where just about everybody knows that the world exists on a vibrational basis. Everything is vibration and rhythm of various degrees and velocities. Even the *astral*, that is to say *the other world*, is an infinite PLANE of VIBRATIONS with many, many systems.

- The soul is *not a homogenous* otherworldly body. It consists of innumerable individual systems, spiritual organs, which have their individual functions just like the organs of the physical body, but together comprise a unit. The very last entity gathered together is the personality, the ego, the *I*.

One now has to classify the souls into *various grades*. There are robust souls, with long, heavy and *coarse* VIBRATIONS. But there are also souls of all the various graduations with subtle and the most subtle of VIBRATIONS.

- *The higher the spiritual level, the more untainted and purified a soul is, the subtler the VIBRATIONS.*
- *The subtlest of VIBRATIONS are the VIBRATIONS of LOVE.*

The *coarser* SOUL-VIBRATIONS *cling tightly* to the soul. They make the soul clumsy, *egotistical* and *earthbound*. These VIBRATIONS act like a magnet, they draw everything towards them, like a calculating businessman, one that claims everything for himself and one that gives nothing away.

The *higher, subtler* VIBRATIONS *communicate with those around them*. They *don't cling tightly* to the soul and thereby make it free and easy. These VIBRATIONS give themselves away as *RAYS of LIGHT* or *VIBRATIONS of LOVE*. These MOST SUBTLE of VIBRATIONS are DIVINE. And the more someone, that is to say, a soul interacts with the VIBRATIONAL REGION of GOD, the more these VIBRATIONS are given away, the way GOD doesn't take or keep anything, but gives away

and dispenses absolutely everything. This realisation is of *utmost importance*. The mystery of GOD and eternal LOVE rests within it, because these VIBRATIONS *never wane, never run out*, but just like a magnet draw divine LOVE towards them.

- *Those that want to be free and easy and happy only have to practice selfless LOVE. It leads to a process of transformation, whereby coarse vibrations transforms into the most subtle vibrations. - LOVE is the key to all the mysteries of the universe.*

CHRIST already taught us to understand this mystery. But people are of the opinion that to learn this is difficult, *too difficult*. But I tell you:

- *It is much more difficult to invent and construct a hydrogen bomb than to practice to love thy neighbour! - What are the excuses you're going to use in the sight of GOD?*

Complexes (Transmission from the year 1963)

Well, one gets to hear from all quarters that this person or that person has a complex and is suffering because of it. Parapsychology has endeavoured to get to the root of these numerous complexes. One uses terms like *repression* and *constrainment*, *inferiority complexes* and *angst* and other shortcomings of the human personality. It is only natural that the spiritual realm assesses and views these complexes *completely differently* compared to the psychologists on Earth. Because of these varied reasons, I will tell you how the hereafter views and assesses these complexes.

- *All complexes are negative because there is something wrong. Complexes are the result of some abnormal behaviour, a disturbance of the inner equilibrium and harmony.*

Psychology is trying to find the reasons with the aid of depth psychology and by dream interpretation. This too is *along the wrong tracks*. Psychology will find the *true* reasons exactly where we found them, namely *in the negative behaviour* of people.

- *Secrecies, lies and other negative attributes give rise to disturbances of one's conscience.*

It's only natural that people become *insecure*, act *constrained* and *distrustful* towards their fellow man. But above all it is unhappiness and disharmony, which turn into complexes.

- *The Psychologist and doctor that have to deal with this should primarily try to detect the negative characteristics, when looking for reasons. Success will be his a lot faster in this way.*

If the patient is able *to strengthen* his resolve, thereby combating his shortcomings, the complexes will let up. Complexes are in reality nothing else but the results of bad behaviour. Those afflicted with complexes have no reason to vaunt themselves or to regard them as some kind of illness. They are *flaws in one's character* and they avenge themselves immediately.

- *Spiritualism is a source of health that has an extraordinary effect. A growing preparedness to better oneself as well as the knowledge of the factual permanent existence of the human soul with all its talents, knowledge and full consciousness beyond death, diminishes any feelings of unhappiness and dislodges any kind of complex.*

Those who suffer from complexes suffer *because of their character* and their permanent discontentment with themselves. It could well be *the beauty*, respectively *the appearance* that hurts his

feelings. But it could also be a *yearning for all those unattainable things*. Hatred also leads to complexes if this hatred can't find a victim.

- There is no reason for people to feel *inferior*!

An amputee is also a *complete* person, if he regards his virtual existence *correctly*.

- A soul on the other side is virtually a "*full-amputee*" and that's no reason at all to allow inferiority complexes to surface.

Medicine and psychology on Earth has to tread *new paths* when dealing with the health issues of mankind. But in regards to complexes, any *character flaws* must be combated. Those afflicted with complexes must be directed towards better knowledge. Even a seriously ill person can be healed immediately, if he *recognises* himself, that is to say, his negativity and if *he's willing* to fight it energetically!

Discontentment (Transmission from the year 1973)

Well, it isn't easy to get on with your fellow man, because their characters are so different. This naturally leads to conflicts, which invariably reach their zenith in bloody wars.

Wherein lies the problem that people *understand each other so terribly*?

The real culprit, from which many misunderstandings derive from, is discontentment. The antagonist of GOD had a fall, *because he became discontented*, then these negative characteristics turned to hatred. Because people are generally guided by their emotions, they also *fall prey to these negative feelings*.

- *If people on Earth want to live in relative peace, they have to guard against their own discontentment, because discontentment is the starting point for many, many other feelings and emotions that make people unhappy.*

It is generally discontentment in politics also, which stirs up almost all politicians against politicians and forces them to make negative decisions. Mankind on Earth could be a *lot healthier* if discontentment wasn't so prevalent. Many psychosomatic illnesses are connected with this. Yes, I can tell you that this dangerous discontentment *can slowly* kill you!

You'll understand when I claim that discontentment gives *impetus to many crimes*. This characteristic of *negative emotions* sometime leads to murder, not to mention wars. To say it in one short sentence: Discontentment is *demonic*!

But how can one remove this evil? -

One has to become content!

Have you ever considered *just how* one becomes content?

The actual TRUTH about the existence of human beings is already *a cause for contentment*. There is no death for the INNER EGO of man; this is something nobody should be too worried about. The

reckless, often *senseless* demand for possession is also a *precursor* for discontentment. It certainly *subdues any happiness* - and without happiness everyone becomes deeply unhappy and mentally ill, so ill in fact that quite a number take his or her own life.

- *If universal peace is to be achieved in this world or within a smaller community, one has to endeavour to make people happier.*

LOVE turns into hate if discontentment has its way. This is applauded by the antagonist and according to his wishes and he tries with everything at his disposal to make mankind *even unhappier* than it already is.

On the other hand, just how immensely more beneficial is LOVE, if it's *correctly identified*. A contented person *emanates sympathy and happiness*, because he knows no envy, jealousy nor any illogical or negative desires - and is therefore content. This is the reason that he develops divine POWERS, which maintain his health and make his life more pleasurable.

What is the use of vast possessions, if you are not happy? - One can be happy *without* great wealth, if one correctly recognises GOD and HIS brilliant CREATION and if one adapts.

- *Any kind of discontentment is a very dangerous evil; one can't be warned about enough!*

Fear is a great evil (Transmission from the year 1958)

It is not GOD'S wish, nor the wish of HIS ORGANIZATION that his CHILDREN ought to be afraid. It might be written: Fear GOD - but one shouldn't *wrongly interpret* this warning. Fear in this case means as much as *respect, revere, awe*, also:

W O R S H I P G O D !

- *Those who doubt are afraid.*

But most people fear death. Death should absolutely not be feared, at the most one might fear *the particular way of dying*, directly preceding death. But there is an enormous difference between the death of a *positive, religious* person and a *negative* doubting person.

- *A religious, good person* is collected and guided by an angel. This angel approaches with the scent of flowers and in radiant brilliance.
- But *the doubter*, the ungodly or negative person is collected by gloomy souls of *his own level*. The smell terribly and look even worse, thereby frightening the dying person who'll discard his body full of fear and pain.

This is the difference between a *blessed* and an *accursed* death, between fear and joy.

- *Those that love GOD and think and act accordingly, find their hour of death will be the most glorious experience of their earthly existence. He experiences a celebration beyond compare. He enters the SPHERE of DIVINE LIGHT!*

The early Christians *didn't* fear death. They *possessed* the right knowledge. They died as martyrs and experienced the ceremonious hours of disembodiment in all its brilliance and within the divine LIGHT, accompanied by music of the spheres and the scent of flowers.

- *The physical pain is overshadowed by this highly sensualised experience.*

This is absolutely no fairytale!

You are well aware that there are pains of love, a highly charged feeling of happiness brought about by love. Well, the death of a *positive* person is an *even greater* “pains of love” experience, an indescribably sweet intoxication, until the separation between the body and the spirit has been accomplished.

- *Therefore never call out to a dying person; don't hinder him from having this experience!*
- GOD wants harmony, this is why you *should get to be with him in LOVE and HARMONY.*

The antagonist Lucifer *hates* harmony.

He hates it because he lost his own harmony. The devil knows exactly what harmony is and what it represents but because he has *thrown away* his own, he begrudges every living being this harmony. - It represents a *jealousy* of unimaginable proportions.

- This is why any jealousy is also a *negative* characteristic.

Fear, enhanced to dread and horror *replaces* harmony with the devil.

Therefore be aware:

- Wherever there *is any kind of fear*, it is part of the realm of Lucifer, of evil.
- Whosoever *threatens* another being, whether in words or deeds, utilises a devilish weapon.
- Those that *threaten, abuse or become uncontrollable*, remove themselves enormous distances from GOD.
- Those that operate, *produce* and threaten others with lethal weapons are blackmailers.
- Those that threaten others in any shape or form, be it the general treatment of ones fellow man or in the political arena, *call on evil*, address the negative in people and challenges it.
- Even the *defensive war* of an endangered nation calls the negative inhumanity and ungodliness of its brothers and sisters into being and challenges these particular characteristics of the fallen angel.

If you quarrel with somebody, let's call it a difference of opinion, indignities, vituperation and threats are bandied about during the exchange of words, which immediately *implies a call to the negative spiritual world*, which in turn gets instantaneously ready to fight with the help of inspiration and suggestion. One tends to wonder afterwards *what* kinds of things were said in one's rage.

- One has become a *marionette in the hands of evil* through one's own behaviour.

- Every effrontery is a threat and every threat creates fear.
- Where any kind of fear rears its ugly head, unimaginable negative FORCES come into play.
- Even the “winner” *draws the short straw* in this fight, because the invisible negative forces draw the LIFE FORCE from him and destroy his precious physical and mental elements!

About fear (Transmission from the year 1968)

People's fear was *born out of superstition*. It is a *remnant* from the early days of development, when primitive man *couldn't grasp* the natural process *at this stage*. He attributed nature powers that were *supernatural* in his opinion. People were not only scared of the dark, but also of the sun, tempests, thunderstorms, lightning and thunder. They felt anxious about these natural occurrences, because they couldn't *meaningfully explain* it according to the facts. Even today the fact remains: *If it's occult, it is feared*.

But you are not people from a primitive age. You boast that you are *highly civilised* and that you have reached a prideful level of *rational thought*. Remarkable, why of all people should you feel fear, because you're well aware that you're a part of the DIVINE LIFE and that you're *involved* in the process of UNIVERSAL DEVELOPMENT; you're also aware that you *possess* something of the POWER that created the whole universe and gave it direction and purpose?

- You possess a part of the POWER that fills the whole world with all that it contains. Why should you feel fear, when *you know* just *what* you are and *what* you can do? -

No! Fear is misplaced here, because it makes you *unhappy* and that must not be. You should live in the sun like radiance of knowledge and insight.

- You should become *convinced* that your soul is *immortal* and that nobody can harm or destroy it, because eternity is always *within you* and *with you*.

Earthly hardships are not able to kill your soul; therefore no war can *actually* do you any harm. You might lose your physical body, but you have to discard it one day anyway, then everybody's life has to come to an end. But your *consciousness*, your *memories*, your *psychic abilities* and your *senses* continue to function in a new VESSEL, which is inviolable and eternal.

- All the fear in your world is *created by people* who live in great ignorance. They *threaten you* to make you *compliant* so that they can use you any way they can. But they know that HIGHER KNOWLEDGE *takes away* their power over you. This is why they avert all spiritual knowledge with all their might, they deny it, deride it, persecute it and portray it as a lot of nonsense.

Don't let them influence you!

- *The TRUTH will take away your fears and it also promises you a worthwhile future in many regions of the universe.*

If the conversation is about fear, you can overcome this fear by *combating those* that *keep* the TRUTH *from you*, those that are trying to *persuade* you that fear is appropriate, because they live an ungodly existence.

- *Spiritualism is not some darkness, some occult field of knowledge nobody knows anything about, something everybody only guesses about. Mankind on Earth has thousands of opportunities to explore the REALM of GOD right here from Earth.*

We don't reject you, but endeavour with all our might *to teach* you, so that you're *aware* of what's in store for you. You can create a TRAVEL GUIDE and an ATLAS, which will give you a clear picture of a FUTURE that awaits *everybody*. But besides beautiful places there are DESERTS and *forlorn PLACES*, *that you can avoid*, if you have arranged your life here on Earth accordingly. *Work on your development, because you'll need a certain level of maturity!*

With the TRUTH, the whole world could live in peace without fear!

About malicious joy (Transmission from the year 1974)

Well, nothing can be said against joy, but it always depends just *what* one is joyful about. Joy *can be positive* and it can even *invigorate* and *heal* people.

But there is also a *negative* joy and no philosopher has ever given the difference one thought. This negative joy is a so-called malicious joy. It is *very dangerous* and has cost many a person their life.

Consider the crime of an arsonist: He *finds great pleasure in the catastrophe* he's created. Then there are in an endless succession all crimes of vandalism. These negative people also *find great pleasure in the destruction* they have caused. All of this wouldn't be worthwhile for them without this satanic joy.

How is it possible that such a derailment of joy even exists?

Man on Earth still hasn't realised that there are *two* SUPERPOWERS CONFRONTING EACH OTHER. GOD and Lucifer, GOOD and evil and this to an enormous degree. There is *no* plausible explanation for these powers.

- If someone says: "I don't believe in GOD", it is akin to saying "I don't believe in goodness." In spite of that, *he knows very well* that GOOD and evil *really exist*. - Therein lies the contradiction!

GOD produced HIS CREATION in an unimaginable PROCESS of TEAMWORK. Lucifer is *also* a part of this cosmic TEAM. He failed because of fanaticism and ambition, because he wouldn't stand for any contradiction from any side. And when GOD chastised him, all the GOODNESS within *changed into unimaginable hatred*. He *didn't* find any pleasure in doing something for CREATION anymore. He put down his tools the way an evil, mortified person says: "Do the work yourself."

But after some time had elapsed this inactivity lost its attractiveness and he went looking for something to do. But this something couldn't be the same work he'd done for GOD as a co-worker of LOVE, JOY and BEAUTY; it had to *correspond* with his hatred. This eventually led him to malicious joy. - The destruction of CREATION was supposed to be *fun*.

- *Malicious joy is really the only motive the antagonist has to offer his demons!*

When assessing malicious joy one always has to consider *where* this negative joy originates from.

- He who destroys something out of pure malicious joy is an antagonist and there is no difference between him and the devil.
- Even he who finds pleasure in the damage *others* do, is *also* an antagonist.
- And he who plots bloody wars, promotes and *supports* them is *also* an antagonist.

He is therefore a devil who *feels pleasure in misery*.

Hatred is behind all of these acts and it will eventually contrive to *destroy oneself*.

But GOOD and evil are *dictated* happenings that deserve closer scrutiny, because they're controlled by *a will* and a very definite *purpose*. Therefore *behind* GOOD and evil there is intent, thought - and above all *consciousness*, otherwise one couldn't feel any joy or malicious joy about anything.

I have explained it all now; now let somebody say that GOD or the antagonist doesn't exist!

Fear is an illness (Transmission from the year 1963)

Well, just about everybody on Earth knows that life is synonymous with difficulties and problems. The *correct knowledge* is missing and this is why life in general and the existence of mankind is directed along the *wrong* lines.

Let's assume that mankind was much better informed about the *meaning of life*. Let's assume that the individual is much better informed *about himself*. Equipped with this knowledge, he would have to be aware that his thoughts, actions and plans are most of the time along completely negative lines.

This world, the way it is today, instils fear in people from all sides. He fears for his very existence, has fears about his *health* and fears for his life. But man fears *death even more so*, because he considers death to be eternal darkness and unconsciousness, no matter whether the world around continues to exist or not.

But fear is an illness. It can even be verified. Fear is a *mental* state. A stimulation that affects the nervous system of the physical body. Fear can instantly change the blood pressure and the circulation. People end up with a blushed face or go pale. Palpitations, fainting spells and other serious symptoms suddenly appear. Yes, *fear can even kill!* Even a guilty conscience is enough to cause such fear. We therefore see here that fear represents *a mental poison* that is a lot more dangerous than one generally assumes. Fear is so dangerous that it can lead to a complete evacuation of the bowels.

But what are the fearful circumstances the whole of humanity has to live their lives in.

There are thousands of fears man on Earth has to live with. But most fears *don't actually have to exist*. They develop from ignorance about the human existence, about death and about the circumstances *after* death.

- *The removal of the many sources of fear is a medical assignment of utmost importance; it surpasses the fight against cancer or heart attacks, because these diseases are dangerously affected by these anxiety states.*

To fight fear is essential to generally improve the health of a nation. All the numerous fears are to blame if the many dangerous illnesses are continuously increasing. Even the *political situation* on its own represents a metastasis to a degree that hasn't been envisaged up to now. Millions of people waste away because the *political circumstances* create fears and disharmonies, which, coming from the ailing soul, affect the whole physical body.

- International hygiene would have to be prepared to fight against any kind of fear. But what do the publications media do in this respect? - They *stoke* the fire of fear instead of putting it out!
- *The uncertainty about our demise is the worst of all our fears.*

This particular fear *cannot* be eliminated by any *Church religion*. Even the Christian Church is not *capable* of removing this fear, as it tells us nothing about life *after* death, but gives us a completely false account of the resurrection of the human soul.

In a sense, medicine would have to be responsible for these illnesses. But far from it. -

A simple *treatment of the symptoms with medicaments* is *unfortunately* not enough.

- Quite the contrary, medicine actually *heightens* this fear because it really doesn't want to know anything about the human soul, the immortal soul. It pushes people *even deeper* into their illness instead of helping them.

Ailing souls (Transmission from the year 1959)

We know that the body needs looking after. *The soul also* needs looking after, but not with comb, brush, water or soap. The soul needs rhythm and harmony to stay healthy. Meaning: It must vibrate at the *same* level as the harmonious, divine VIBRATIONS of the universe. - It is very easy for the soul to loose this contact!

If the soul *breaks out* of divine harmony, it inevitably becomes *ill* and *desponded*. One shouldn't take this condition all too lightly, because its effect is *deadly*. Mental illness is really something terrible, even more terrible is the situation for an *ill* soul living on the other side. Science often assumes that nothing perilous can happen to a soul living in the hereafter. This is a very **grave error**, because:

- When a soul *is in the hereafter*, *many more terrible* things can happen to it than in the physical.

In taking over many functions, the body grants a certain degree of protection to the soul here on Earth. But if this protective sheave is not present anymore because it has already returned to dust, the soul must *experience everything by itself* and *also has to deal with it*. It is a great burden to lead such a *double existence*, because on the one hand the soul lives amongst you and is fully integrated in your life with all its senses; on the other hand it also leads a spiritual life, which makes many a miracle accessible to it.

- Just how often must a soul in the hereafter realise that particularly his presumed best friends are nothing but the *biggest scoundrels ever*; and how often does it happen that two who love each other, secretly give someone else a *greater* love. How often does it *only then* become apparent, that one *misjudged* and *hated* a real friend.

Everything and I mean everything looks *entirely different* when viewed from the hereafter, it deposes human knowledge completely. These huge disappointments lead to a *mental shock*, which end up in serious illness.

- *Therefore be careful with your thoughts and dialogues, when discussing a departed soul, because nothing remain hidden from it.*

There are many other sad disappointments *in store* in the hereafter in addition to his sorrow and it could eventuate that this soul despairs and will sink *even deeper* into the darkness in its ignorance. What the souls in the hereafter *really need* are lots of love and not *quite as many* flowers. Give these flowers to those that *live* on Earth! They will find great pleasure in them. They have a lot less meaning that you give them credit for. They're given most of the time *because of traditions*, often *without heart* and only to attract the attention of one's neighbours here on Earth.

Many ill souls live in the realm of GOD, actually *more* than here on Earth! The loving HELPERS in GOD'S REALM take care of these ill souls; but quite often this help is *ineffective* because there are relatives and acquaintances here on Earth, which destroy all the efforts of the hereafter. Evil thoughts, conversations and actions cause the soul that has returned home, great pain. Those that have suffered from a BROKEN HEART, from homesickness or from anxiety over a dying child know just about what it feels like. These are *mental* agonies that make seconds feel like hours. The agonies a soul feels in the hereafter are something like that, but *a lot worse*.

- *The worst pains a soul has to endure in the hereafter are their own reproaches, in regards to their existence on Earth, for not having gained any insight.*

How easily will *hatred rise* within these souls, because they *weren't correctly indoctrinated* whilst on Earth. In their despair they hate mankind on Earth and they try in one way or another to *take their revenge*. - I beg you with the LOVE of the SAVIOUR, be careful with your assumptions and your observations. GOD'S realm is infinitely diverse and of unimaginable might and dimension.

Anger is a terrible poison (Transmission from the year 1957)

They made a few very interesting experiments in America in regards to anger. Research volunteers were asked to breathe through super-cooled glass tube after they were provoked and irritated. It resulted in different coloured condensation droplets developing in the glass tube; they ranged from white to dark brown. The greater the anger, the darker the droplets of condensation became. This condensation was injected into guinea pigs and they soon succumbed to the brown condensation droplets. Anger apparently produces a *liquid poison* that can kill.

This *physical poison produced by the disharmony* within people, which might even have spiritual characteristics mixed in, naturally also poisons *the blood of the producer* and he feels *miserable* and *unhappy*. The danger disharmony presents is therefore a lot greater than one assumes.

- *Anger is the same as disharmony. - Disharmony is always polarised against GOD, because GOD is harmony!*

We can see very clearly here how the mental attitude affects the body, it either strengthens it or poisons and destroys it. Those mental characteristics that are *for* GOD, for harmony, they promote health and wellbeing. But in regards to mental attitudes *against* GOD, therefore against HARMONY, they lead to destruction.

- Discomfort is dangerous and a chain reaction. Herein lies the knowledge of a long life on Earth!

He, who sins *against* brotherly love and insults, mortifies or angers his brother or neighbour, yes even his enemy, or unbalances him through any kind of action or words, actually supplies him some poison, something the insulted person produces within, because the body works incorrectly.

- Don't poison your neighbour! Consider that this would make you a poisoner and you're well aware that a malicious murder with poison is one of the worst and vile of crimes.
- Don't turn *against* GOD, because evil tongues can cause such a disharmony within your fellow man that he will waste away. The LAWS of GOD are unshakable - and those that trespass against them suffer the penalty without fail.
- But GOD said: "THOU SHALL NOT KILL!"

Don't believe that you *can't* kill someone with words and thoughts. *You can!* Not overnight of course, but slowly and surely. Even if you deprive your fellow man of *one single* day of his life, you have *killed him one day!* But you can't determined the period he can live with your effrontery

CHRIST therefore said: "*LOVE THY ENEMIES!*"

Disharmony is the source of many, many illnesses here on Earth. But if people would love one another more, if they would be a little more *considerate*, many, many dangerous, yes, even life threatening illnesses would disappear of their own accord.

- *There is a divine MEDICINE, which works a little slower but much better than all of the medication produced through research. This medication is called: LOVE!*

One of the disharmonies one can create within another person, within another soul, is an *unwillingness to forgive!* If we are *very vindictive*, we ruin the health of those people we consider our enemies. But the anger we produce ourselves, originating from our lack of positive attitude and self-knowledge, also kills us with its poison. This actually implies suicide! -

- *In the eyes of the CREATOR, suicide is the greatest of all sins!*

Discontentment equals mental anguish (Transmission from the year 1958)

Hell is a state of mind. - One can enter a hellish state of mind in this world already. But it is even more constant and more painful in the hereafter.

- *Hell in the hereafter is a condition an underdeveloped soul creates for itself.*

But hell in the *secular* is *self-inflicted* and causes a lot of mental anguish. Discontentment is the fastest way to acquire such a condition. It can increase to such an extent that people will commit suicide just to get rid of a mental anguish that seems unbearable. But suicide doesn't release them from this condition. On the contrary - this unhappy state will *get even worse* and the one that committed suicide finds it now impossible to further do away with himself in his state of disembodiment.

Discontentment can find infinite ways to occupy itself. All sorts of irrational wishes dominate all thoughts and perceptions. Even murder and manslaughter, yes superlatively speaking, even world wars originate from an escalated discontentment.

Mankind is especially keen to *cultivate* any way it can and to *gain profits* from the discontentment of people. Discontented people slowly become ill and many mental, especially psychosomatic illnesses are guaranteed to follow.

- *From the mental poisoning caused by discontentment, an organic poisoning though its physical connectedness, which can be absolutely verified, inevitable occurs.*

An *unstable* person becomes dangerously unhappy, if he can't satisfy his *erotic urges* or when the object of his alleged love is unattainable. He can concentrate all of his desires on one person. His egotism can make him hate with a vengeance, because his discontentment turns into infinite mental anguish. It is very important to observe this state from a spiritual point of view.

- *Very discontented people are predominantly godless and beyond that completely without any beliefs. These kinds of people can easily become possessed, that is to say, they can be attacked by discontented souls from the hereafter.*

Discontentment wouldn't be quite so dangerous under normal circumstances, if industry and commerce wouldn't intellectually abuse it. The system of hire purchase gratifies at first the desire and thereby discontentment. But this practically only last a few weeks, after that the discontentment increases at an alarming rate. The initial desire is replaced by a *new* one and the hire-purchase system causes great *pains* day after day. This results in the payee ending up going to the Post with a handful of payslips to square his debts. This devilish circumstance is now in full swing and those concerned live now under the cloud of having to make advanced payments from their credit account. But hell holds fast! - But unfortunately people look at this evil only from a *financial* point of view. But the criminal courts can tell you all lot more about all the side effects.

What is even more important is an assessment from the *spiritual* perspective. *Unstable* souls in the hereafter are exposed to these dangers *a lot more* than here on Earth. All desires in the hereafter intensify right up to demonic fantasy. Discontentment intensifies to veritable torments of hell.

It is therefore important that every spiritually inclined person realises that he has to restrict his desires to coincide with his *normal financial situation*. To possess things that haven't been laboured for unerringly lead to painful discontentment and unfortunately to demonism. One can actually say that: *The instalment systems are really paths to hell.*

Many a soul *believed* that it was able to acquire a place in heaven through *hire purchase*. But they entered the spiritual realm after payment of just one instalment, where they begged for the *remittal* of their debts.

Something about fanaticism (Transmission from the year 1964)

Well, fanaticism is a human characteristic, which by its negativity can be detrimental, yes even deadly, for mankind. Even though people on this Earth practice psychology, one has *carelessly bypassed* this negative fact.

Fanaticism represents a human derailment, a pathological expression, which is certainly not restricted to a particular field, but finds application in *all* areas of human existence.

- Even an *opposition* to fanaticism can be fanatical.

I would like to *specially* emphasise this particular characteristic, because it threatens the living together and the peace between nations. Politics in its own right exhibits many of the characteristics of absolute fanaticism.

- *Fanaticism represents a cumulation of the will in a very specific direction and therefore knows no bounds.*

Let's assume that someone calls a SEEKER of GOD a fanatic, because he defends and propagates his opinions with all the means of the art of persuasion. But the one that regards this expression of will as fanatical, *gets also excited* because he's a *fanatical atheist*. If this didn't apply to him, he wouldn't recognise the fanaticism in the SEEKER of GOD. But he represents the *opposition* and defends this position just as passionately, to such a degree that he doesn't realise that, as an opponent of the SEEKER of GOD, he's *even more fanatical*, because he doesn't accept the opinion of his opponent.

It is exactly the same in politics.

- Every political party becomes fanatical at the moment it stops to accept its opponent.

Even with researchers, doctors and pedagogues, yes, in all the various branches, opposition creates fanaticism. The stronger the resistance, the more pronounced fanaticism becomes. Even married couples can defend their opinions fanatically, even if it's only about a simple recipe.

Most people believe that fanaticism only applies to *certain* people. But *every* human being that can be enthusiastic about something is basically inclined to fanaticism. Fanaticism also represents *the negative form of enthusiasm* and one has to consider whether this enthusiasm serves *positive* or *negative* interests. If fanaticism, respectively enthusiasm becomes *aggressive*, it must have been negative right from the start, because:

- Positive enthusiasm must remain *tolerant*, so it *doesn't* turn into fanaticism. But most of the time it doesn't do so!

Unfortunately most people can't distinguish between what is positive and negative. They therefore attack a person capable of enthusiasm, because he advocates a point of view that is *not to their liking*.

- Wherever contrasts appear, both sides leans towards fanaticism, *if tolerance is not observed*.

Fanaticism is not always one-sided, but is based on absolute reciprocity, but it is hardly ever proven, *which* party is right. One can't ask of fanaticism to give up its point of view to please its opponent,

without this clarification. Therefore the SEEKERS of GOD are *just as* fanatical as the atheists are undoubtedly fanatical. But the atheist is not too choosy in its choice of negative means. Power-plays within politics prove the choice of means fanaticism utilises. Even so-called “heroism” is absolutely a *fanatical* affair.

Mental poison (Transmission from the year 1964)

Medical science talks about a *vegetative system*, that is to say, about a system that controls the functions of the organs *independently*. - Observations and considerations from the hereafter, respectively from a spiritual point of view do not always conform to worldly knowledge. The vegetative nervous system is actually more *closely related* to consciousness than science assumes. Every heartbeat, every muscular or nervous activity, even if it's vegetatively controlled, affects the conscious. It doesn't matter whether it's shame or anger, joy or pain. Every mental excitation eventually finds its way to the vegetative nervous system, which *reacts* to every mental impulse. A state of depression is therefore enough to cause a *circulatory disturbance* in people.

- *Because the reasons for depression are created everywhere these days, almost everybody suffers from health disorders, which threaten the circulatory system!*

The body produces certain hormones, for instance the recently discovered Noradrenalin, which has an influence on the circulatory system. But the *hormones* are *not* vegetatively, but *mentally* controlled. A sympathetic or disharmonious impulse coming from the conscience mentally signals to the vegetative nervous system and triggers a reaction there. The hormone Noradrenalin is affected by it most of the time. The result is a *narrowing of the blood vessels*, depending on the length of the condition, it might become *chronic*.

- Excessive blood pressure and all the heart and circulatory problems *stem* from mental stress and excitement, they represent a worldwide evil created by the mutual political, sociological and private tensions.

Human fear of their worldly environment and the general insecurities in all areas, including friendships, work and the family group, is a hereto hardly mentioned poison, which doesn't just harm individual people, but eventually subject *all of mankind* to mortal dangers right across the board.

- *American trials indicated that depressions create a lethal poison, which enters the bloodstream. - One could kill rats with the poison depression produces!*

But this poison is also *mentally produced*; that is to say, the respective glands are influenced via the vegetative nervous system to begin their dangerous activity. Medical science will therefore *not be able* to absolve its duty by just producing antidotes. The underlying problem is *certainly not* eliminated. The underlying problem is called: *Mental depression with all its nuances!* Medical science must therefore strive to see that all of mankind gets to live a peaceful existence.

- *Happiness and harmony are actually natural antidotes against all depression illnesses.*

Happiness, harmony and a relaxed state of mind *positively* influence the vegetative nervous system, so that the important *circulatory hormones*, like Noradrenalin for instance, can also be correctly organised. The results will be *fewer* circulatory disturbances, *fewer* heart problems and *fewer* fatal heart attacks.

Medical science unfortunately only reluctantly listens to advice from the higher SPIRITUAL REGIONS. But we waive any kind of praise, if only a *correct* start would be made. One has been looking for a scapegoat for all suffering up to now, to tell the truth, this is a factor that has nothing to do with it.

- *Earth's humanity could be a lot more efficient in larger or smaller ventures and a lot healthier, under harmonious living conditions.*

All nations of this Earth definitely need **mental hygiene!**

To be struck blind (Transmission from the year 1958)

If someone living on Earth think about things, he usually thinks about *his survival*, that is to say, *his income, food, drink and procreation and about pleasures*. But hardly ever, extremely seldom in fact does he think about *himself*. - Where does he come from? - Where is he going? - What is his assignment? - All of this seems pretty strange to him.

- Man on Earth *believes* that his mission is only to safeguard the survival of his species and at the same time to destroy it.

But have you ever thought about *your senses*?

I find it confirmed again and again that man will *only* think about his senses, when one of his senses *falls ill* or fails. *Only then does he realise* just how important these senses are in helping him make sense of the world. It is especially tragic if someone *looses both eyes* or goes completely blind. Such a person would be completely lost without fortified, otherworldly GUIDANCE by tested GUARDIAN ANGELS. But there is something of much greater importance: Most blind people **incorrectly** believe that their blindness is a *permanent condition* and that they will never see light again. This error is especially terrible, because no healthy person can imagine the mental anguish this conviction brings. These people are not just physically blind but they're also struck with *spiritual* blindness.

A *totally blind person* in a sense occupies a housing made of flesh, whose windows won't allow any light to enter; he cannot *look through* the window with his soul anymore. Light is matter and these light frequencies cannot reach the brain and therefore can't be passed on to the soul by the brain, where they're *converted* into spiritual FREQUENCIES. Someone may suffer from blindness all his life, he may have been born blind, but only a few hours *after* his demise, that is to say, after leaving his physical body, *he regains his sight* and sees everything very *precisely*-, if only there wasn't a little "if" involved...

This "if" is in regards to *spiritual* blindness, which is *even worse* than the optical organic blindness of the eyeball. Because if this blind person was a villain, an ungodly or an unkind person, he must *also* have been a *spiritually* blind person apart from his physical blindness, and unfortunately takes this spiritual blindness with him into the great REALM of *spiritual* life, according to the law of GOD.

- But he will regain his sight one day in this REALM *if he exerts himself*, but this takes a long time. A *reincarnation* intervenes in most cases, therefore a re-birth.

But if the blind person was a loving, gentle and religious man, who accepted his imposed suffering with patience and without hatred, he was *spiritually awakened* in his earthly existence and therefore takes this enlightenment across into the OTHER WORLD. This blind person is *immediately* delivered from his blindness according to GOD'S LAW and is able to enjoy the total beauty of this *and* the otherworldly CREATION!

- *This is one of the most important realisations, so infinitely important, that all blind people ought to be aware of.*

But no school for the blind occupies itself with this particular fact.

The Christian Church also fails in this respect and instead teaches that the *soul goes to sleep*, something that doesn't exist.

- *Help the blind with spiritual knowledge! - It is important to teach true spiritualism!*

Spiritual blindness 1 (Transmission from the year 1960)

Would one of you like to be blind? - I believe that this thought would horrify you.

Would one of you like to be deaf? - I don't have to wait for your answers.

Let's continue:

There are *billions* of people in the hereafter that have one affliction or another and suffer *terribly* from them. These souls lament incessantly and *damn* GOD, because HE allows this *self-inflicted* cruelty *to take place*. This only *worsens* their plight and we can hardly help them.

What have these souls done that they have to suffer so terribly?

To put it bluntly: They were godless and just lived the way they wanted to. But their own fun wasn't always fun for *other people*. These souls cannot run to a doctor and pick up a prescription for a pair of glasses, because their sight is waning. These souls actually roam about on a very large plane and the only doctor that can help them is only and solely a *better insights*.

- *The soul, some call it the "astral body", is not a misty object, but made of flesh and blood, just like you are here on Earth. But in spite of that, the soul is made up of some other MATERIAL that is very solid indeed, even though your physical senses can't perceive it.*

A soul in the hereafter is certainly not a so-called ghost, no imagination, but an *organic entity with skin and hair*. When psychic people sometimes see a disembodied soul with spiritual eyes as an *incomprehensible* object, it is mainly due to *imperfect* spiritual sight or a weak materialisation.

Even a physical, organic eye can see the physical world only misty and distorted due to impaired sight. Due to the imperfect sight of the *spiritual* eye, disembodied souls often give an account of a "LAND of MIST".

- *The spiritual eye only opens up, when the soul has reached a certain positive maturity.*

You wouldn't like to be blind? -

But you would like to maintain your bad habits, which apparently mean so much to you, in spite of the danger of becoming blind.

This is why I ask you in all honesty for instance, why do you smoke?

You harm your physical health by smoking and almost all doctors on Earth know about this. Why shouldn't a doctor place his health and life on the line *also*, when so many other people are doing the same?

- *But let me tell you this, taking drugs make you blind in the hereafter, if it turns into an addiction!*

Even if the world keeps the TRUTH from you, you are still not without a certain level of elucidation. The ETERNAL and ALMIGHTY has HIS MESSENGERS and TEACHERS at HIS disposal, which HE sends to you in order *to warn* you.

He who *doesn't* heed the warning *doesn't* abide by the divine MENETEKEL”.

He shouldn't complain about it after!

Spiritual blindness 2 (Transmission from the year 1960)

- Tobacco is not a plant that *benefits* mankind. It is part of *Lucifer's* creation and *bears his insignia*.
- Poisons narrow the blood vessels. - But *blood sustains the soul*, like acid in an electrical battery!
- Nicotine agitates the nerves, but within 30 minutes it takes away the nerves energy and addiction is the result.

Heart attack and any disposition towards blood and cell degeneration are the inevitable result of such an addiction. Industry is the financial backbone of the state and the state is therefore *not willing or able*, to go against this destructive enemy of health.

I warn you in the name of the CREATOR:

- *Be on guard against nicotine, it will only bring you mischief and spiritual blindness on the day of death, the day of your otherworldly resurrection!*

In the realm of GOD, that is to say, in the hereafter, there are many souls roaming about who are *spiritually blind* and therefore live more or less in darkness. These souls need the LOVE of their relatives and friends, even if they are still living on Earth.

- *A lot can be achieved through prayers.*

Not by bringing flowers to the cemeteries, but by saying an *honest* and quite prayer before going to sleep.

Those roaming souls in the hereafter suffer greatly from the fact that people on Earth have no genuine belief in GOD'S HELP and don't believe in a life immediately after death. It is a great fortifier and comfort for the souls in the hereafter when they find out through the prayers of their friends, that their relatives actually *have* such a belief. It puts an end to their great concerns about the TRUTH and they take care of the spiritual welfare of their *own self* a lot better and can *leave the spheres close to Earth*.

The direct route is steep (Transmission from the year 1960)

Well, human beings would like to know the TRUTH. But *how* and *where* can they gain access to the TRUTH? Life's experiences on Earth are *not enough* to gain the TRUTH about man's reason for being. Peril threatens those seekers that take a *wrong* turn!

- This is why the CREATOR has *arranged* it that communication between the realm of GOD and people *remained possible*. Whether or not someone makes use of the opportunity and the GRACE is entirely left up to the individual.

The REALM of GOD can guide people onto the straight and correct road. But such a road *is steep*; that is to say, it can't be conquered *without* great difficulties. One's own efforts consist mainly in disengaging oneself from one's flesh and blood existence and in beginning *another* existence. -

- People recoil from this, because they are of the opinion that the new existence generally means the *renunciation* of many beautiful and pleasurable things.

The approach to life of people on Earth is full of **errors**, and every error gives rise to another error in one's thought process. It is a veritable chain reaction. The apparent renunciation of pleasurable things is just one of those **errors**. - The reality is in fact completely different!

- What's the use of the most beautiful pleasures for someone on Earth, if they are still very discontented?
- What use is music, if its effect is disharmonious?
- What use is a life of gluttony, if it makes you ill?

Give this some consideration and you'll find that a *seemingly* wonderful life has also a flip side in the final analysis, something you hardly ever think about.

- There exists a POWER of GOD, a NATURAL POWER, which is readily available to every positive person. This UNIVERSAL POWER is called HARMONY! - Those that know how *to utilise* this POWER walk on the *straight and narrow* path of salvation.

Harmony is like medication for the soul, it really heals the severest suffering and also protects from very evil illnesses, which are of a demonic nature. The dreaded cancer is one of these illnesses!

Most doctors, who are your inspired helpers, *don't* know about this wonderful medication that GOD has bestowed upon mankind. Atheists are of the opinion that they don't need this help, because after all, mankind has its sciences.

But don't let them fool you!

- *There's nothing wrong with science, but no human eruditeness can ever replace the NATURAL POWER of the CREATOR.*
- *HARMONY also represents a WARNING SIGN that indicates to you whether you're on the way towards the LIGHT or darkness. When HARMONY doesn't reign, you have left the straight and narrow road of knowledge. You'll enter darkness with all its terrible consequences.*
- *You know very well that mankind is badgered and hounded these days, that you have to take poison after poison, because your nerves are failing, because they can't keep up the tempo.*
- *You know all about the HARMONY you've lost and that its absence makes you more and more ill.*
- *You know about stress diseases and about heart attacks.*

But you *don't* concern yourselves about the connection with divine HARMONY!

The road is *certainly* steep, that is to say, it is *arduous*. But *no* human soul that has trodden this road has ever broken down. It was given every divine SUPPORT available.

But how many people that *didn't* want to go along this road have broken down, preferring to stay with the old and dangerous habits?

Just think about this for a while!

- *HARMONY is the tangible POWER of the radiant LOVE of GOD.*
- *It therefore represents the tangible POWER of the radiant LOVE of security, the divine PROTECTION.*

But you *don't* achieve this through *false protestations*, but only through *genuine* brotherly love!

Hygiene of the spirit (Transmission from the SPHERES of LIGHT)

Well, I'm going to talk about a real problem. Technology has progressed enormously in the last century. Many conveniences have been the result from this, but it is also fraught with many dangers. Up to now, life, respectively the physical, has received most of the attention. But the more valuable thing, namely the spirit, has *missed out*. Spirit is viable matter unaffected by death, respectively by dissolution; it continues to exist.

- *But if the spirit atrophies, it slowly but surely forfeits its whole development. This means that man becomes stupid and also becomes lazy.*

Technology takes over the thinking process for man more and more. Exactly the way the car makes people lazy in regards to walking and thereby harms their health, the spirit also atrophies, because it has been *relieved* of the processes of thought and consideration. There are machines that *do calculations for man*, there are computers dealing with considerations and other assignments. This might be

of great assistance in the development of man; but there is *still a lot* that man *should really still doing*, so that he's mentally active and learns.²

- Most people sit in front of a *television* these days. There is *very little* to consider or to calculate here. One only has to sit and watch.
- *Literature* offers subjects that create no problems one has to solve, but mainly offers crimes that are so common place, that no great effort it needed to solve them.

Man *atrophies* and allows everything to involuntarily pass him by, even where politics is concerned. Good books that throw up problems are hardly ever taken notice of, they're only read by a small circle of people. The others consider them "too high"!

This problem is serious and is taken too little notice of!

Young people are already *severely affected* by this. Their thought process is *sluggish, illogical* and *dissatisfied*. Young people have little opportunities to physically engage themselves, they easily become tired. Sport cannot replace this.

- It isn't very good for the spirit to be presented with a *fully prepared* meal, *it has to prepare it*. When someone enters the spiritual realm, they are spiritually speaking *poor* and *lazy*. But the spirit and everything spiritual are *the only things that remain for them*. One should give this a little thought!

The spirit, respectively, the soul also need **HYGIENE** to maintain its health. Hardly anyone ever gave this too much thought. *Disinterest actually* stems from lethargic thinking. There is nothing worse than that.

- *A general disinterest will lead people onto a negative path and diverts them from their positive goals.*

All of these occurrences are *plainly visible*. One wonders about them, but one doesn't know the causes. People must be placed in situations of physical and mental activity, otherwise they wither away. Machines, respectively, technology are *a danger* to the development of man. Therefore the proverb: "Idleness is the beginning of all vices."

- *The spirit rules the man and not the other way. Spiritual regions are there to be explored, they'll remove any disinterest man harbours. - Man must learn to think once more!*

The value of words (Transmission from the SPHERES of LIGHT)

Well, man has the gift of communication by means of language. He's able to transform all spiritual terms into characters and sounds. Man is *different* in this respect from animals and this fact alone should demonstrate that he *doesn't* descend from apes, but has gone through a *separate* developmental process.

² Those that learn from their own mistakes becomes clever. - Those that learn from others mistakes become smarter. - Those that want to become wise, should turn to HIGHER INTELLIGENCES for knowledge.

- *But the gift of speech also connects man with GOD and with the devil. Very few are aware of this powerful connection.*

What kind of language is not important. Whether it's a dialect or one of the world's major languages is of little importance. But it depends a lot more on the *value* of the words. Every term has its meaning and its symbol and vice versa. What do you think, how much is sinned with words and terminologies? You can hardly imagine it. Yes, even CHRIST indicated this evil, but it isn't *even abided by those answerable for the principal Churches*.

- This is the reason why mankind - and also the next generation - *can't be redeemed* from their sins, until *the value* of every *thought* and every *spoken word* is *reviewed* by every single person.

This is why you can't just think and talk away at your hearts content, but must be your own conscientious censor, which keeps your soul away from any fresh junk.

- *Human language, whether in thought or sound, is part of the consciousness and therefore a considerable part of the immortal soul.*
- *A soul can never be pure and enter higher SPHERES, if it has been sullied by the uncontrolled use of false words, symbols and terms.*

Don't acknowledge this warning just superficially! This sublime GIFT of GOD is a brilliant GIFT to everybody. Please don't make the mistake of irresponsibly *misusing* this GIFT as you have done in the past.

I can even tell you that *evil* thoughts and words of *little value* can *disfigure* not only the body, but also the countenance. You may try in vain to cover your ugliness with powder and make-up. The spiritual realm can see through any chemical and GOD looks deep into the soul.

- *All your thoughts are recorded somewhere in the universe and create an individual ARCHIVE for everyone. All those words you uttered in an irresponsible fashion will bear witness against you one day.*

Unfortunately you know *far too little* about your EXISTENCE beyond your earthly life. But this ignorance *doesn't* save you from the terrible consequences of your dangerous way of thinking and speaking. Even if the consequences don't last forever, they still can *last for an unimaginably long time*.

- It is hard to stop making these mistakes, therefore don't put off righting the ship for one more day!

Test **the value** of words, no matter where they appear, because how else are you going to speak to ANGELS or HIGHER SPIRITS?

Questions and answers to the theme

Question : Can a soul in the hereafter be *creatively active*?

ARGUN : It is anyway, but this activity may not go into the immeasurable. The question is, is it delusion or humility. This is where the limits are. *Whatever stays humble is creative and wonderful.* Immodesty in the hereafter can result in a *forced reincarnation!*

Question : What happens to the *soul of children* in the hereafter?

ARGUN : They continue to develop until their next reincarnation, which takes place *sooner* than with adults.

Question : What difference is there between the soul and the astral body?

ELIAS : Both belong together, but each is a unit in its own right, just the way the soul and body belong together here on Earth, but still represent a unit of their own.

- *The soul contains the consciousness and the will.*
- *The astral body consists of PARTICLES science knows nothing about.*

An astral body feels and knows *another* astral body; similar to the way you perceive your physical body. An otherworldly soul takes control of a physical body during a possession and *suppresses* the will of the possessed.

Question : There are spiritualists that abide by the decisions of the otherworldly absolutely. What is your opinion in this regard?

ELIAS : The otherworldly are not the best, if they ask for this level of obedience.

- *People on Earth have to make their own decisions!*

We could of course advise him. But the *last* decision lies entirely up *to him* and we respect this. Unstable people don't like to decide for themselves because when things go wrong, they can blame the ADVISOR. GOD gave man *a lot of* freedom and every decent soul ought to obey these LAWS.

Question : What do you understand under spiritual ability?

Answer : It is the ability to receive impressions and VIBRATIONS, which in the *hereafter* represent that which the normal individual perceives through the channels of their five senses. You must appreciate that man is *not* an animal and can only rely on *his five senses* when making contact with the universe. These five small windows allow only a glimpse of a very small part of universal activity, they restrict the view.

Man is *more* than just matter, he is *sense, emotions, mind and spirit*. There are VIBRATIONS, which are part of the mental and spiritual life. In addition to that, there are VIBRATIONS, which are part of the supernatural life, which is dedicated to the life that takes place *outside of* Earth. Man can register the VIBRATIONS of his own existence, but *also* those of his grander existence, which will become his eternal home one of these days.

Question : Do colours have an influence on the soul?

ARGUN : *Yes, definitely.* But every soul reacts differently to certain colours. There are harmonious and disharmonious colours and their various compositions. When people are ill, they should prefer *blue*, *green* is also beneficial. It is best thou that you gauge your own preferences to see *which* colour is advantageous and which one is disadvantageous for you. There are colours that have a calming effect and there are those that excite you. There are even colours that will put you to sleep. Every individual is *different*. But blue is the *most advantageous* colour *for everybody*, especially for the soul. *Blue and violet light fortify spiritual activity.* But use a delicate blue light for pacification, but not too bright.

Question : Are there any distinguishing marks that will make an evil soul stand out?

AREDOS : We don't apply the term, evil soul. We only recognise *ill* souls, for which we have a lot of understanding and compassion, in cases like this.

Question : How does one recognise a soul, which in this sense is *ill*?

ARGUN : Such a soul expresses itself in childhood already with a penchant for vandalism. It is ill, because it doesn't treat itself correctly. Unfortunately such a soul finds very little understanding, which makes its unhappy condition *even worse*.

Question : What actually happens to make a soul *ill*?

AREDOS : *Lack of brotherly love* can lead to this. This lack of LOVE *could have happened ages ago*. It could have caused *disharmony* in past incarnations.

Question : What influence has the atmosphere on the soul?

ARGUN : I take it that you mean the air. If the air is foul - and I include stuffy air in rooms where people have been smoking - it isn't just the physical body that suffers, but also the psychic body. Foul air makes you ill, that applies to us also.

- *There are almost only lower entities present in poorly ventilated rooms and they influence people on Earth negatively.*

We have very sensitive noses! The various spheres can be distinguished by their smell; the higher spheres smell wonderful, whilst some of the lower spheres have an unbearable stench about them.

Question : How will a soul know that it has reached a high level?

ELIAS : It knows it based on its long experience, respectively, by being aware of its many acquired levels, which are all different. A soul living in the hereafter has *an overview* over all the many past lives lived on Earth, it therefore can make a judgment and *knows* its level. The soul would have lived many lives in vain, if this weren't so. But this is never so, not even with underdeveloped souls.

Question : Has everyone got a *doppelganger*?

ARGUN : Yes my son, you *don't* have to find this doppelganger *here*, you can meet it in the other world. Many believe to have found it right here but they're bitterly disappointed later on.

But if you feel that you're harmonising with somebody and that your opinions concur, you may quietly pay attention.

Question : Do *all* people have a dual soul, a so-called twin soul, which compliments their own soul?

ARGUN : This depends on the spiritual development, whether one yearns for it or whether one has developed to that stage.

- *Everyone will always find his or her dual soul in the same sphere. But you won't call it "dual", but one of your best friends. All friends in the hereafter are duals and the gender also plays a part, the way it does here.*

Question : Are there really angels in the spiritual realm?

ARGUN : Angels are highly developed entities, which possess more divinity than people. They have very specific assignments to fulfil. As they possess the POWER to change themselves with the help of their willpower, they can produce wings on their backs, but they are certainly not suitable for flight, only *symbolize freedom*.

Pictorial presentations of this make the belief in GOD *questionable*. This happens because *too little* is known about angels. The influence angels have is *affected* by advancing technology. Advancement brings with it also a retrograde step, if the spiritual side is neglected. The retrograde step caused by advancement takes away man's inner peace and chases him hither and thither until he brakes down!

Question : What do the terms like: *Spirit, soul* and *astral body* represent?

AREDOS: The major term is naturally the soul.

The soul contains the consciousness, the thought process and the mental, respectively, the psychic feelings. The soul is based on cosmic components and has a connection to the memory archive, which is situated in the cosmos. Apart from that, every soul has an individual CODE, namely a personal FREQUENCY.

Spirit is the term for an immaterial body. It is the model for the physical body. But the physical body changes during the aging process and eventually doesn't coincide with the original model anymore. But after disembodiment, the spirit body is the decisive factor.

The astral body is that texture, which makes it possible for the soul to feel and move as a human being. This body is enclosed within the earthling, respectively the physical body. This body stays connected to the soul after leaving the flesh, after disembodiment.

Question : Does every soul have *the same* prerequisites for higher development?

ELIAS : Every soul has the same opportunity in regards to their capacity to absorb. But *the willingness* is *completely free*. The *willingness*, looking for direction, can turn either way and it then depends on the correct path one is travelling on. The result of this explains why some souls accomplish *more* than others do.

- *Free will determines the individuality of the soul!*

Most people unfortunately forget that disinterestedness also brings results. Most people become aware of this only after they come to us in the spiritual realm and when it is too late. People on Earth always believe that they miss out on something whilst on Earth, if they *only think of others instead of themselves* and they eventually grow old and ultimately miss out completely - **error!** Life isn't over by a long shot after death. People have unimagined opportunities to enjoy life on the other side, something nobody on Earth could begin to imagine!

Question : How long can souls remain in the hereafter *without* having to reincarnate and how long does their earthly consciousness last?

AREDOS : For *thousands of years* if we're talking about *high-grade* souls. The wife of pharaoh Amenhotep III, who lived over 3,000 years ago, spoke and wrote through an English medium and caused quite a sensation, because she was able to give accurate information about that period of time. The Indian chief *Silberbirke*, who ascended to the rank of MESSENGER of GOD, also has total recall. His transmissions are highly regarded in England.³

Question : Does the capacity for recall of *fallen* souls, which are located in darkness, also persist for such a long time?

AREDOS : Yes, unfortunately that's correct. This is the reason most of the time, *why they would like to be reincarnated*. Whilst living on Earth, the memory of past lives is *temporarily* blocked.

Question : Where are the souls of the great composers like Handel, Mozart and Beethoven?⁴

ARGUN : Handel and Mozart have *not yet reincarnated*. But the day will come when the people on Earth will get them back. They will then again be tools in the hands of a higher POWER. They will once again write good music and at the same time serve world peace and this of their own volition. But Beethoven will remain in our REALM and he'll be a great INSPIRATOR.

Question : Can you tell us the difference between the *ethereal state* and the *coarse state* of the soul?

ARGUN : The soul is *either* ethereal or it *isn't*. This is one of GOD'S LAWS. Whether ethereal or coarse, it *isn't an* attestation of the sensitivity of the soul.

Question : Until now we understood that a coarse state or an ethereal state indicated a *worse* or a *better* soul. Is this incorrect?

ARGUN : An ethereal person can be full of poisons. Opposites attract most of the time, that is to say, the coarse feels attracted to the ethereal. No damage was ever caused because of this. On the contrary! They have complimented one another.

- *The opinion that an ethereal person is capable of more emotions is **incorrect!** That's more a case of the mentality of a person and actually has nothing to do with the soul.*

³ The transmissions in book form by the MESSENGER OF LIGHT *Silberbirke* titled "*Silberbirke spricht*" und "*Weisheit von Silberbirke*" are available from J.B.Bläschke Verlag Darmstadt. (ISBN 3-87561-840-8. *Silberbirke* is the spiritual GUIDE of the Hannen-Schwaffer Working circle in London.

⁴ This question was asked in 1959. A new incarnation would certainly be a possibility.

Question : Can we *become* ethereal by living a certain lifestyle?

ARGUN : *No.* - Ethereality or coarseness are akin to a garment that has to be worn the way it has been tailored.

Question : Does it actually make sense to strive for ethereality?

ARGUN : *No, absolutely not.* It's basically a grave mistake. He who imagines that he'll be more sensible than those in a coarser state is arrogant.

- *An ethereal state in people is advantageous when neutralising gravity.*

This is the reason the SANTINER are able to do so, because almost all of them are more ethereal, but this because of their home planet.

Question : Is there a valid measurement for assessing ethereality and coarseness?

ARGUN : No, it varies *enormously*. The decisive factor is only *the GOOD* in people. Everything else is of little concern. But don't forget the inherent genes present in matter, they are not to be underestimated, because their influence can be up to 90%. They play the main part, because *they determine the ethereality or the coarseness*.

The hereditary factors of the physical body can assimilate exactly with the soul. The assimilation takes place according to the law "each to his own". One of GOD'S LAWS follows another one. The result is CREATION!

Question : Does the soul have a specific place within the physical body? How is it attached?

ELIAS : The seat of the soul is *near the heart*. It is connected with the physical body through a spiritual band. A drawing of this connection looks something like this:

O----O

Question : Just how is the astral body connected with its associated physical body?

AREDOS : It is an *enmeshment*. The astral body is a *parallel construction*, which *coincides* to the millimetre with all the fibres of the physical body. This is the reason why brain specialists are deceived. If one amputates a limb of the physical body, the astral part remains and is still perceived by the soul.

Question : Spiritual circles in England have asked the question of just how the soul is *born*. One talks about "having a baby spiritually". What do you say to this?

ELIAS : The soul comes from GOD! The parents only give certain hereditary character traits to the child.

- *The soul isn't born, but it develops in the cosmos and becomes perfect during many, many incarnations.*

Every soul has contributed *something* to the formation of Earth. Life on Earth for any soul reaches far back in time. There are times between incarnations where the soul exists within a purely spiritual FREQUENCY, until the opportunity arises when it can incarnate to further its development.

- *The soul is a fragment of GOD'S CONSCIOUSNESS. This connects every soul - whether they want to acknowledge it or not - with GOD.*

Question : Science bases everything on the process of procreation. In regards to physical procreation one has nearly hit the nail on the head. One therefore imagines the procreation of the soul to be similar. But there seems to be something missing. What do you say to this?

ELIAS : They are looking for the origin. - But if it's about finding the origin of the origin, science doesn't make any progress. One ends up with the term GOD - but the sciences don't want to acknowledge this. There must have been a beginning, that's correct. But in the final analyses they say: "Who has started this?" And because they don't want to believe in GOD, they get stuck.

Question : Wouldn't it affect all of mankind, if science gets stuck?

ELIAS : The majority of people are *too unstable*, to be able to get to the heart of the matter by *themselves*

Question : Neurotic illnesses are continually increasing. What can we do about this?

ARGUN : I know, but the nerves are all too often unjustly blamed. It is quite often the *disharmony* and the *disequilibrium* of the soul. The causes for neurotic illnesses are usually because of an inner discontentment. One can help oneself by *avoiding* the negative and by *recognising* the positive. One shouldn't *waste* one's time with unimportant things, because they only create annoyances most of the time. Apart from that, the change to the Age of *Aquarius* is taking place. This change affects children and teenagers first, because the ousted negative tries to hold tight there first.⁵ It is the desperate dissolution of an old Age. Only those that *know* this spiritual process, also know how to *approach this* battle *correctly*.

The MESSENGER of LIGHT ARGUN on:

Group soul ⁶

Within CREATION, the human soul *rates highest*, depending on the level of development. Man is completely *individual*, he *doesn't* belong to a group soul and has not emerged from such a soul. The human embryo does have some similarity to a fish, but this has nothing to do with its development. This similarity is purely coincidental.

⁵ One has to consider that this question was asked in 1959.

⁶ Our research circle discussed the problems of vegetarianism with our otherworldly guide ARGUN. The spiritual realm emphasised that fish was our staple diet. When we argued that vegetarianism was mainly concerned avoiding having to kill animals, we received the answer that fish were part of a group soul, therefore spiritually speaking not individual souls. We then tried to gain deeper insight into the mysteries of creation.

The individuality of the human soul is determined *by the nature of consciousness*. No animal has the nature of consciousness of man, this consciousness allows man to rule the world, respectively to advance and participate in technical and scientific development.

It is completely different with animals. There actually is some similarity between the consciousness of animals and human beings. But nevertheless there is also an enormous difference, especially in one's conscious awareness of GOOD and EVIL.

Some animal species belong to certain group souls. It is mostly those animal species that are of a lower developmental stage and don't ascent. This especially applies to *fish*. Fish don't even belong to the divine ASCENSION SPHERES because of the sphere they occupy. They were especially *designed to sustain organic life*. Fish have the fastest, that is to say, the shortest reincarnation opportunities of all the animals.

- The soul of a fish is *not* individual, but is amalgamated with an enormous volume of living entities.

This is why fish, to secure their progeny, distribute enormous amounts of roe, because they serve to sustain organic life.

- The fact of this immense propagation alone points *towards a group soul* and explains the sense of such richness in nature.

The dying of fish is a process that has been *accurately planned* within the creational concept. This dying has nothing to do with the soul, because fish don't possess an individual soul.

- *The soul of a fish remains without consciousness after death until the next reincarnation. Its soul is only a part of the overall volume.*

The behaviour of fish doesn't show any individual characteristics. One fish behave like any other fish in all situations. There is only a difference with *fishlike* mammals, because they *don't* belong to group souls. But it's not appropriate to kill young fish, even though the larger ones eat them.

- *Chickens and other birds also belong to group souls.*

They should be spared when still young whenever possible. They are *not* part of the planned staple diet of human beings at all.

Even though fish belong to group souls and are therefore part of your staple diet, they may *not be tormented*, because they are still capable of feeling pain. Their natural death also happens when their natural element is removed. *Such* a death is *not* killing!

Final analysis

Could it be that the smallness of the human self-realisation is the result of a miniaturisation?

Let's consider the following case:

On a ship sailing across the Pacific Ocean a sailor is placed in a hypnotic sleep and receives the suggestion to keep sleeping until late afternoon, but then to awaken from his sleep without any memory about the past. After this suggestion has been drummed into him, the sailor is carried to a boat and abandoned on a small island; the ship leaves with all its sails hoisted high. After waking up, this sailor would be like a completely *newborn* person, the only difference being that he would have been born as a *mature* and *sentient* entity; he would begin life as a man.

He would try in vain to recollect *who he was* and just *how* he ended up in this completely strange environment. Without any recollection of his past he would be quite astonished, even frightened, about his own existence and about the place where he woke up, to a degree that he could easily become depressed. The ocean extends as far as the eyes can see - something he believes never to have seen before. He turns towards the island so as to orientate himself, but everything seems strange to him; he doesn't remember having seen things like plants and animals, mountains and clouds that sail across the sky.

He finally encounters entities like himself; he runs towards them, hoping to gain some insight; but they're all in the same incomprehensible situation; *they don't know who they are*, or *where* they've come from. A society in such a curious situation would lose control appraising their own and the island's existence; but all considerations and questioning one another would not shed any light on the unfathomable fatefulness of their situation and why they were there.

They would look at the setting sun as it spreads across the ocean like a golden bridge of light, a never before seen spectacle, with a mixture of high admiration and subdued amazement, and their astonishment would be boundless when thousands of stars begin to appear in the darkening sky. After some time had lapsed, their physical requirements would divert their attention away from their deliberations. Hunger and thirst, fatigue and sleep would set in; changes in the weather would necessitate a search for shelter and the strangest "playing Robinson" one could imagine, would begin on the island, because the real Robinson brought some cultural memories *with him* to *his* island, whilst our island inhabitants would have to *re-conceive* and *reinvent everything anew*.

It isn't necessary to expand on this situation any further and there is no need to consider whether a hypnotic emptying of the brain could be accomplished to such an extent - similar experiments have been carried out -, that the awakening from sleep would be akin to a new birth, doesn't really matter here. I didn't actually talk about completely imaginary things here:

- The island we're talking about is called: *Earth*
- The ocean surrounding the island is called: *space*
- The entities that encounter each other on the island are called: people
- And the lifelong "playing Robinson" that is performed is called: *Cultural history of mankind*.

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