

# Scientific Research of the Paranormal Phenomena

Selected publications from a variety of subjects of psycho-scientific research. Editor: Rolf Linnemann  
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Extracts from *Menetekel* from 1956 - 1975.

Theme

## The GUARDIAN ANGEL

Questioner : Medialer Friedenskreis Berlin (MFK)  
Mediums : Uwe Speer (17) und Monika-Manuela Speer (15)  
MESSENGERS OF LIGHT : ELIAS, ARGUN, AREDOS

This text about the above theme was received in a psychic way by the Medial Circle of Peace, Berlin, a christian /spiritual Community, in the years 1956 – 1975. This information is part of the *Menetekels*, which is a 20-years old collection of about 4.500 A4 pages and this collection has been rearranged. All psychic information has been left in the original, even in the case of questions of a similar kind being repeated. The work of both writers, Monika-Manuela Speer and Uwe Speer, began in the age of 15 and 17 respectively. The whole work of MFK-Berlin, the *Menetekel* and 21 transmissions from the space-brothers belong to the absolute highlights of paranormal, scientific research. It has often been tried to duplicate the efforts of the MFK-Berlin, but no one has ever reached its quality. The publication and distribution of the new arrangement *is expressly desired* and there is no copyright involved.

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### Foreword of the publisher

Does a personal GUARDIAN ANGEL really exist? - This question emerges in the thoughts of human beings when a chain of disasters can't be explained. But these thoughts vanish much too fast and will be suppressed by the three-dimensional thinking intellect. The individual *is afraid* of being made to look ridiculous because this thought of a possible spiritual world doesn't fit into the normal picture of the world. It is not encouraged to believe in things, which science and theology believe to be a primitive level of belief in supernatural things.

What a mistake!

In silence, the GUARDIAN ANGEL is available. He who thinks about his GUARDIAN ANGEL will get an answer. The main aim of the GUARDIAN ANGEL is to look after the well-being of its charge. All thoughts of the guarded person are known to him. Many people are asking now, where was the GUARDIAN ANGEL during the last bad situation? – But to what degree was the concerned person open for communication? Unfortunately, only a few people are asking, how many disasters the GUARDIAN ANGEL has already *prevented*.

It is not possible for the GUARDIAN ANGEL to prevent *every* danger. Some things are determined by karma. Throughout your life you can grow the most through tests and therefore not all things happen according to your desires. The GUARDIAN ANGEL can predict many things and tries to gently guide the person in his care so that many things do *not* happen. But to what extent do you listen to the inner voice when you don't really believe in it?

The GUARDIAN ANGEL can never interfere with suggestive power. The free will of a person cannot be influenced by him. Unfortunately, our best FRIEND has been forgotten or is disowned. But unaffected by that, this loyal BEING of LIGHT is undertaking its difficult task carried by a deep LOVE of GOD and HIS CREATION.

Bad Salzuflen, im Juli 1992

## Questions and answers to this theme:

Question : We are surprised that so many people are sinning *again and again* although they have a GUARDIAN ANGEL that takes care of them. Has really *everyone* got a GUARDIAN ANGEL?

ELIAS : *Everyone* has a GUARDIAN ANGEL, but they are very different. The *higher* a person is developed spiritually, the better is its GUARDIAN ANGEL, they should really harmonize with each other.

- However, the guarded person *has the freedom of choice*.
- The GUARDIAN ANGEL has a very difficult duty. *He is appealing to the emotions and the conscience of his charge*.

Everyone has a conscience and *could* listen to it, one would avoid a lot of annoyances and troubles. But you put the voice of your conscience *carelessly* aside. The more negative thoughts and actions are increasing the more the conscience will be banished.

Everyone can *shield* themselves spiritually from *every* positive influence and every assistance. At the end you are saying: „Why have I deserved this?“ - The negativity's affect is like chains of lead – you cannot free yourself from them if you are really captured.

Question : Is the duty of a GUARDIAN ANGEL today more difficult than in the past?

AREDOS : It is generally not easy to perform the duty of a GUARDIAN ANGEL. In some cases it can be a punishment. But it is *nevertheless* a beautiful duty. There are special difficulties with teenagers who have been *brought up improperly*. They behave themselves in a way, that make it nearly impossible for the GUARDIAN ANGEL to influence them positively. It would be easier for them if they could meet their GUARDIAN ANGEL half way.

A guarded person can bring A GUARDIAN ANGEL into some very difficult situations. It is an enormous impertinence if the guarded person is regularly *involved in crimes*, is visiting *atheistic* circles or is doing *negative* things. But there are also many persons who bring great pleasure to their GUARDIAN ANGEL.

Unfortunately, people have no idea that they have a *permanent companion*. Without this invisible COMPANY, people would be lost. Negative entities and unfortunate circumstances like illness would lead people to an early grave.

- *Through your personal GUARDIAN ANGEL you will learn the GRACE of GOD. Be worthy of it!*

Question : Has *everyone* such a PROTECTION?

ARGUN : Each of you has already asked yourself why you have this PROTECTION. Before a soul is born again, it is *prepared* in the spirit world for a life in the physical. At this preparation, a GUARDIAN ANGEL will be *selected* and determined for the person to be guarded. Of course, in most of these cases there is a friendship involved.

In this way a GUARDIAN ANGEL accompanies his charge through each situation and practically lives a life on earth even though he is invisible.

- *Love is always the deciding factor!*

However, it often happens that the GUARDIAN ANGEL will be *very disappointed* because the guarded person goes its own ways, which leads him directly to an abyss. Most of the people believe that they are going through their life alone and must not give account to anyone.

- There is only one reward for the duties of a GUARDIAN ANGEL, namely to see that his efforts are successful.

Question : It has happened that children have fallen from a window without sustaining any injuries. Can you say something about that?

AREDOS : If circumstances allow it, the GUARDIAN ANGEL can help here. He can produce under the falling child a “spiritual” cloud, which acts as an effective brake. Gravity is counteracted, this is spiritual levitation. But this help does *not always* succeed.

Question : Unfortunately, there are many people who don't give any attention to the advice of the GUARDIAN ANGEL - they have no presentiment. How can these happen?

ELIAS : If a person is feeling a divine PRESENTIMENT and is thinking about this, his FOLLOWERS from the negative world beyond are trying to *stifle* this feeling. For the GUARDIAN ANGEL it is a glorious feeling when he notices that his charge takes his influence *seriously* and *follows* his efforts.

Question : How can we protect ourselves against our own negative nature?

ARGUN : Keep in mind, that the negative influence directed at you are closely monitored by your invisible guardian.

You know that you have a GUARDIAN ANGEL; do you think any attacks on you are to your guardians liking? They affect him also and he is glad when you ask him, in your thoughts, for help to overcome these negative influences. He will surely do his very best to make you *morally firm*, to strengthen your resolve so that you don't notice these negative influences quite as much.

Question : Can a GUARDIAN ANGEL prevent the penetration of an un-enlightened earth-bound spirit into the aura of his charge, which could lead to possession?

ARGUN : He *can't always avert it*. It can happen that the GUARDIAN ANGEL has also a certain vulnerability . Therefore it is important that the guarded person, the human being on earth, *improves* his *spiritual* attitude and knowledge so that he receives a *good* GUARDIAN ANGEL; because the better the „temple“ the better the spirit that takes up „residence“ in it.

- The law of nature is called: *each to his own!* (Birds of a feather.....)

Question : Is it possible to speak directly to ones personal GUARDIAN ANGEL and is it useful?

ARGUN : *Yes, absolutely*, when your inner conviction presses you to do this. Such a CALL is like a prayer. You can do this in your thoughts while you are saying: „Dear faithful, invisible FRIEND, please shield me from all negativity and from all that is against me.“

Question : Can you say something to us about the inspirations, which are sent by our personal GUARDIAN ANGEL?

ELIAS : Such an inspiration can be sent at a moments notice, as soon as you have a plan or about to do something, your GUARDIAN ANGEL has immediate knowledge about this. Then a kind of *co-production of thoughts* is taking place.

The whole of humanity is connected with the spirit world through such a co-production. But it depends much on *whom* you have a connection with. There can also be *other* souls, which have *displaced* the GUARDIAN ANGEL because the charge, *by their behaviour* hasn't ensured PROTECTION.

- *A person never broods over his problems alone!*
- *If the GUARDIAN ANGEL has found a better solution, he will try to inspire you with it* .

But it can happen that the guarded person associates with immoral people. When the charge is thus falling back in his development, it can happen that the GUARDIAN ANGEL is also falling back. But then he has to be *replaced*. But this happens only to GUARDIAN ANGELS who have bin a GUARDIAN ANGEL for a short time and who have therefore not enough experience. A lot depends very much on the guarded person but unfortunately, he doesn't realise this.

Question : Can it happen that the GUARDIAN ANGEL is speaking to his charge through a medium?

ELIAS : Yes, it happened a few times, especially in England.

- *However, this is not right, as the GUARDIAN ANGEL should behave as much as possible in a *neutral* fashion. The communication with his charge happens mainly telepathically.*

The GUARDIAN ANGEL shall *never impose* his will on his charge, he shall leave him free will for all his decisions, but he shall stimulate him in a positive way and first of all protect him. – There are cases where the GUARDIAN ANGEL speaks to the person in an *acoustic* way when the charge is in danger or is confronted with an important decision. But he can also speak to his charge in a telepathic way. But in principle, the GUARDIAN ANGEL shall *keep himself in the background as much as possible*.

Question : But there are people living in the next world who speak to us very sensibly as is the case here. Are these INSTRUCTIONS restricted?

ELIAS : That's another thing and can't be compared with the duty of a GUARDIAN ANGEL. There are children and artists, that have a GENIUS at their side. The GENIUS does *not* have to have any connection with the GUARDIAN ANGEL.

Question : Goethe had been inspired through a GUARDIAN ANGEL as he was working on his „Faust“. How can this be judged?

ELIAS : In this case, Goethe *himself was a medium*. He did not work by himself but acted as a tool to perform a very high DUTY for humanity. In this case, the GUARDIAN ANGEL was also the spiritual LEADER. Goethe had a GENIUS.

Question : The Catholic Church admires its patron saints. But we hear from you that GUARDIAN ANGELS have other functions. How is this actually?

ELIAS : Each of you has a personal, invisible COMPANION. To be a GUARDIAN ANGEL is a very conscientious and difficult duty.

- *GUARDIAN ANGELS are not angels*, but souls of persons, who have come to the spiritual world, and find they want to fulfil a *MISSION to improve themselves spiritually*. But the persons in their charge make this unbelievably difficult.
- *Under no circumstances* is a so-called „PATRON SAINT“ responsible and competent *for many* people.
- *The GUARDIAN ANGEL is an individual HELPER for the person living on earth.*

For a GUARDIAN ANGEL it is really no fun to hear and see the hypocrisy, the false promises and lies as well as the wrong actions taking place.

Objection : The Catholic Church teaches that everyone has a GUARDIAN ANGEL. But that this GUARDIAN ANGEL is a *SAINT* and *not a personal* GUARDIAN ANGEL.

ELIAS : That's a dogma. – In reality, it is *always a personal* GUARDIAN ANGEL, which can certainly be replaced.

- *There is no COLLECTIVE GUARDIAN ANGEL for an individual person.*

Question : If we look at the many people who do constantly wrong we are asking ourselves, what kind of GUARDIAN ANGEL do *these* people have?

Elias : These people have from time to time *the best* GUARDIAN ANGEL there is. But most of the time they don't have these angels for a long time because these GUARDIAN ANGELS have to be exchanged because of the negative behaviour of the guarded person. If such a GUARDIAN ANGEL unfortunately has to recognize, that his efforts to rescue the human soul are again and again falling on deaf ears, then he is of course driven to despair.

Question : Through what influences and by what behaviour can a person living on earth lose his spiritual PROTECTION?

ELIAS : Generally, a *negative* person has also his PROTECTION on earth because he is on a planet of purification. But there are cases where the person shows a behaviour, that the GUARDIAN ANGEL cannot cope with. Very dangerous is a *know-all attitude* and *fanaticism* they are always connected with obstinacy. An atheistic attitude is particularly dangerous for such a person.

Fanaticism makes someone *in-objective* and *blind* to all positive influence. Fanaticism *closes* the connection to inspiration. If atheism is predominant, the person will completely stand alone and will then be a play thing for negative spiritual creatures who will have complete control over him. –

- Drunkenness is very dangerous and can make PROTECTION *impossible*.

It must *not always* be an absolute obsession, already a *part* obsession influenced by low, negative spirits can not be underestimated. This can frequently be found with military personnel and leaders of the mankind *without* anyone *suspecting* who is hiding behind them.

- Mankind on earth is ruled by *one* third from people living there and for *two thirds* by the spirit world *in a telepathic way!*

Question : A GUARDIAN ANGEL, in my opinion has to be *objectively neutral* and has in every case to respect the free will of the charge. How do you see this?

ELIAS : The things, you are mentioning belong by all means to it. The great Negative (Luzifer) has unfortunately an easy game on earth. This is due to the fact that the POSITIVE *can't* use the same weapons as is the case with the Negative. People with scruples are *always at a disadvantage*. But it *only seems so*. On the “other side” there are other LAWS; here the spheres are playing a very big part.

Question : Can the GUARDIAN ANGEL prevent his charge from going backwards in ist development?

ELIAS : Most of the time the GUARDIAN ANGELS have a very hard duty to perform. Also, they have their set limits and are even *depended* on their charges. But if a GUARDIAN ANGEL initially fails his duty, he has to make up for it later with much more effort – but with SUPPORT –to help his charge out of trouble. But to do this, he has to go into the deep sphere. A GUARDIAN ANGEL has a very great responsibility!

Question : Will the duty performed by a GUARDIAN ANGEL be rewarded?

ELIAS : The reward consists of a *ascent* to HIGHER REGIONS, which offer him new possibilities. You'll find supreme happiness only knowing that you have *performed* a difficult but useful task. But if a GUARDIAN ANGEL can not manage his duty, he will be replaced.

It is quite apparent who has a good or a weak GUARDIAN ANGEL. But everyone has to make themselves an effort so that they will get a *good* GUARDIAN ANGEL. The *character traits* of the guarded person are the deciding factor. The whole thing is much more complicated than you can imagine.

- There is *no compulsion to become* GUARDIAN ANGEL. This opportunity is taken *voluntarily* because you will get further or rather higher.

Question : What will happen if the GUARDIAN ANGEL has *totally* failed in his task?

ELIAS : Then the GUARDIAN ANGEL will certainly be replaced by another. A GUARDIAN ANGEL is under no circumstances allowed to leave his charge – he is always around. But if a GUARDIAN ANGEL is *displaced* by a in number stronger negative spirits or is severely impaired *through the behaviour of his charge*, these circumstances will be taken into consideration when his performance judged.

Question : The GUARDIAN ANGEL accompanies the person permanently. Suppose that his charge enters a large crowd, where does then the GUARDIAN ANGEL place himself?

ARGUN : The spiritual body of a GUARDIAN ANGEL is very flexible, he can reduce his size to that of a „fairy“ this means, he can sit on the palm of your hand. But he can also grow, respectively extend to the size of a giant.

Question : Can you tell us still more about the life of a GUARDIAN ANGEL?

ARGUN : Sure. - They are staying, as you do, on earth. But they are watching over you so that any dangers will be reduced for you. A GUARDIAN ANGEL is *very sensitive* and is *connected with your soul in a telepathic way*. He notices all the things that move you and is

of interest to you. He knows your thoughts and intentions. He is warning you. But you have the impression that these are your *own* thoughts. But you must know that the negative spirit world is *always* trying to brake into your thoughts.

- The main duty of the GUARDIAN ANGEL is to *catch* the negative thoughts and to make them *inaudible*.

But if the guarded person has a very negative outlook, all efforts of the GUARDIAN ANGEL will have no effect. When a GUARDIAN ANGEL is exhausted, he will be replaced.

Question : How do you recognize your own GUARDIAN ANGEL?

ARGUN : It depends on your psychic ability. But you can recognize the PROTECTION when confronted by important decisions. It can then happen that you'll have a sudden INSPIRATION, which *stands in contrast to your will*. In such cases you say: „I have the feeling that I'm guided correctly“ or „my INNER VOICE tells me, what is right.“

Question : Will your GUARDIAN ANGEL warn you from special dangers?

ARGUN : Yes, through a *very strong feeling*, that will change into a *presentiment* or the *warning* will through the INNER VOICE. If you do *not* listen to this warning your will be *fully responsible* for any outcome of the situation, the GUARDIAN ANGEL will warn you, but can't interfere.

- *Only in some rare cases is it possible for the GUARDIAN ANGEL to personally interfere if there is enough of life energy available.*

Question : The way things “move” on the “other” side is different from here in the material world. What does the GUARDIAN ANGEL do if his charge hurries along in a fast mode of transport, can the astral body of the GUARDIAN ANGEL penetrate matter?

ARGUN : The difference between spirit and matter exists and is sometimes considerable. It depends on the SPIRITS ability to adjust and react. Because of situations like these, the GUARDIAN ANGEL goes through a special TRAINING. Such a MISSION is the most difficult because a human life has to be watched.

Question : The souls beyond are said to be sensitive to strong air currents. How does the GUARDIAN ANGEL protect himself if his charge is exposed to such situations?

AREDOS : The GUARDIAN ANGEL *is so closely connected* with his charge that he is *not* affected by that. Only through this close CONNECTION it is possible for him to grasp all feelings and emotions of his charge.

Question : Are our spiritual FRIENDS *obliged* to aid people on earth?

ARGUN : Except for the personal GUARDIAN ANGELS, they are free. *No-one will be forced!* The personal GUARDIAN ANGEL *voluntarily* searches for a charge and makes it his duty to look after this person.

Question : Are there ever any differences of opinion between the GUARDIAN ANGEL and the person to be guarded?

ARGUN : Yes, that is *very often* the case.

- *Such disagreements lead to an irresoluteness in the guarded person. By this you can judge very well if you are right or wrong.*

Question : Has the personal GUARDIAN ANGEL an influence on the thoughts of the guarded person?

ARGUN : *Thought are stored in the cosmos.* A GUARDIAN ANGEL can, under certain circumstances *block* a thought that is already established in the cosmos, so that it will be more difficult to be found.

- *The GUARDIAN ANGEL is so to speak the Double of the guarded person.*

If the memories are very negative, the GUARDIAN ANGEL refuses them and sends them back to the cosmos. But this isn't always successful because the charge can sometimes attract them back through concentration, by-passing the GUARDIAN ANGEL.

Question : What means has the GUARDIAN ANGEL at his disposal if his charge is not cooperating?

ELIAS : In such cases the GUARDIAN ANGEL becomes a „STRONG MAN“. The GUARDIAN ANGEL can lead his charge into some *very unpleasant situations*, so that he can *learn* from this, because sometimes only hardship and sorrows can help. But with some people all fails. It has happened that a GUARDIAN ANGEL has asked to be released from his duty.

- The ORGANIZATION of GUARDIAN ANGELS is of a great importance. It is therefore gigantic and *a work of CHRIST!*

That the people on earth are looked after in this fashion, even though they haven't earned it, is a sign of the LOVE of GOD. If you lose your spiritual PROTECTION, it is *certainly* your *own* fault.

Question : Is there a possibility to learn the TRUTH through the GUARDIAN ANGEL?

ARGUN : *No*, because he must remain *neutral*. In no way it he allowed to put himself into such a conflicting position, he is only a MISSIONARY!

- But *everybody* has the possibility to *recognize oneself*. GOD has arranged it.



Question : Does the guarded person meet its GUARDIAN ANGEL after passing over?

AREDOS : *The GUARDIAN ANGEL receives the dieing person and introduces it to the Spirit world.*

Question : Is the GUARDIAN ANGEL also providing guidance to his charge in the world beyond?

ELIAS : The GUARDIAN ANGEL is *only* responsible for the *life lived on earth*. In the world beyond *other SPIRITS* will take over.

Question : In the book of Dr. C. Wickland „30 years amongst the death“ one can read on page 23: „A psychic can observe a spirit standing behind the new-born child, looking like a perfect human being at the height of life as a male or female juvenile.“ Does the psychic see *the soul* of the child?

AREDOS : The spirit of the child respectively its soul is in the body of the child, even when it is still so small. - It is a personal GUARDIAN ANGEL, that stays always close that can be seen. The gender of the Angel doesn't have any bearing in this.

Question : If a charge disturbs the close connection with his GUARDIAN ANGEL through his negative behaviour and makes life very difficult for his protector, is then the divine PROTECTION withdrawn?

ELIAS : If all fails, these negative people receive a GUARDIAN ANGEL from their *own ranks*. You can imagine that such a GUARDIAN ANGEL is relatively primitive.

Question : Are these GUARDIAN ANGELS, which look after these negative people, also under the control of the Spirit World?

ELIAS : Yes, they certainly are, but belong to a sphere, which is indeed not a lower one, but compare to others, rather an *undeveloped* sphere.

Objection : In spite of personal GUARDIAN ANGELS, it still happens that sometimes *foolish decisions* are made in government circles from which humanity has to suffer.

ELIAS : There are very unscrupulous and fanatic people to be found especially in the ruling classes. Here it is nearly impossible for the GUARDIAN ANGEL to get his way; they are literally „blocking the front door“. This is why our teaching, the way we present it, is very important.

- *No one is totally alone and unobserved!*

What do you think we are seeing on a daily basis? We can't describe it in words! Human history has already found out that sometimes, only great catastrophes can help to push humanity back behind their barriers.

- *This generation is also very close to disaster if it doesn't find its way back by itself.*

Question : Japanese spiritualism concludes that human beings are surrounded by a *circle of negative* spirits whose influences is *much more intensive* than the warnings given by GUARDIAN ANGEL. Are these things we hear true?

ELIAS : Yes, it is totally correct. But it depends on how far a human being opens the doors of its personal aura through *selfishness* or through *ill will*. Are the doors *open*, the Negatives have a free hand to do what they want.

- *Still, no one can talk himself or herself out of the fact that they are of a higher authority.*

But unfortunately human beings make the mistake of *defending* their own actions and find the greatest excuses with which to deceive themselves *and* their conscience.

Question : A reader of the „Menetekel“ is asking if it is possible to hear the name of her own GUARDIAN ANGEL spoken. What answer can you give her?

Answer : *I don't see any reason to ask for the name of the GUARDIAN ANGEL.* What difference can it make to the reader if the name is „Johann“ or „Alois“? There are *more important* questions; a spiritual person, who so calls herself, should know better.