



Psychic Working Circle

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The answers to these questions were transmitted by TEACHERS from the SPHERES of LIGHT. Paranormal voices appearing within the protocol were captured on tape and are marked with T.B: (Tonband). Any words that are underlined are authentic with the original transmission. This working circle grew out of a meditation group and commenced its psychic activities on October 25th 1995.

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Theme : **Working with spiritual LIGHT**

Questioners : Members of the working circle

Nature of transmission : Verbal inspiration and automatic writing

SPIRITUAL TEACHERS and
MESSENGERS of LIGHT : ARON, AELIUS, ALBERT, BALTASAR, BARTHOLOMEW,
EMANUEL, EUPHENIUS, JOACHIM, LUKAS, LEONHARD,
MICHAEL, MAGDALENA, TIMOTHY.

Visitors so far : AMENDON, ELIAS, TAI SHIIN.

Introduction:

GREETINGS IN THE NAME OF GOD AND PEACE ACROSS ALL FRONTIERS! We are welcoming all present from the OTHER WORLD very cordially. "Where two or three are assembled in my NAME there I'll be right in the middle of them," these CHRISTIAN WORDS shall guide all our meetings. We will do this work in HIS NAME so that it will serve everybody. Only HE is able to send authorized TEACHERS so that we can receive the TRUTH. We ask CHRIST to bless all present here with HIS spiritual PROTECTION so that we won't be a plaything for the antagonist of GOD. We know that we have to make the greatest contribution ourselves. – Our destination is to grow through spiritual TEACHING, then to be able to distribute the TRUTH there where it can fall on fertile ground. We are asking for GUIDANCE so that our mission on Earth will be justified. We cannot reach this destination under our own steam, without spiritual HELP. We thank all HELPERS from the OTHER WORLD who support us in this. In this sense we are hoping for a blessed and enlightening evening.

Words from WHITE EAGLE:

The best way to drive darkness away is to shed LIGHT on it. The correct way to fight evil, for those that have recognised the LIGHT, is to put this LIGHT into practice and to endeavour to pass on the TRUTH they were given.

Welcoming all present and beginning with the questions.

EUPHENIUS: GREETINGS IN THE NAME OF GOD and PEACE ACROSS ALL FRONTIERS!

This is EUPHENIUS speaking. May the LIGHT of GOD accompany you not just today, but all of your life. May it throw LIGHT into your darkness, allowing you to *recognise* your shadows and your negative thought patterns. We are pleased to be able to answer your questions in a divine SENSE. We are looking forward to this evening and the fact that you bring with you the necessary inner attitude to carry out this important work. Unfortunately this isn't always the case. Many circles that started glamorously do not exist anymore taking the opportunity for transmissions with them. Please start now.

Question : We are aware of natural light and artificial light here on Earth. As everybody knows we are dealing with electromagnetic vibrations of a special frequency here, which our eyes can perceive and process enabling us to recognise our environment. We know close to nothing about spiritual LIGHT. What can you tell us about it?

EUPHENIUS: To explain spiritual LIGHT to you in words is difficult. Spiritual LIGHT, the FOUNTAIN of CREATION, originates from the CREATOR and we are the CHANNELS for this creative LIGHT. It is hard for you to imagine that we represent VIBRATIONS of LIGHT, which through mediums, through automatic writing, through speech and also through materialisations can give you assembled here pieces of information from the hereafter. We are SOURCES of LIGHT that consist of ENERGY PARTICLES that vibrate at a high rate.

- *Direct contact with us would represent a lethal danger to you, because you couldn't deal with these ethereal VIBRATIONS within your physical body. You would burn up inside and suffer pain, something we wouldn't want to inflict upon you.*

I know how difficult it is for your mind to accept this, because you mentally equate this with fire. We are not fire. We are ELEMENTS of LIGHT that shine with a glaring LIGHT, one that would blind you, if we would make ourselves visible here. It is therefore not possible for us to make direct contact with you.

But the spiritual LIGHT can be perceived through your third eye and it can also be absorbed by your cells. This LIGHT causes feelings within you, which in turn release heightened VIBRATIONS within you and floods your body with happy hormones.

A part of this LIGHT is also present within your solar energy. Your body needs solar energy to exist and to grow. Growth and life itself is impossible without sunlight. Compared to our LIGHT BODY, sunlight is a more *moderate* energy source. You need this *moderate* LIGHT to receive STRENGTH for your organs and your energies. All of this is necessary for you to be able to exist here.

Your artificial light sources are even *further reduced* light elements, which would only encourage growth after some special manipulation. The sun is your ENERGY SOURCE. The sun receives its energy from the CREATOR.

Objection : But GOD'S VIBRATIONS are *even higher* and we *don't* burn up. I see a contradiction in this.

EUPHENIUS: The sun represents the GENERATOR and the SENDER wherein a filtering and a lessening of divine ENERGY takes place. As I mentioned before, the sun receives its energy from the CREATOR.

Question : What effect has spiritual LIGHT on the physical world of flora and fauna?

EUPHENIUS: No life would be possible here either without spiritual LIGHT. If you would live in darkness under the Earth's surface you would perish. Sunlight represents *a part* of the DIVINE LIGHT and is therefore DIVINE, because it contains the LIFE FORCES for your cells and therefore the LIGHT that is present within your body.

Comment : Therefore the native tribes that worship the sun are not too far of the mark.

EUPHENIUS: The sun is the connection to the CREATOR. The CREATOR *couldn't reach you without* this solar energy.

Question : Is the LIGHT coming from GOD identical with the so-called "ether" the physicist Albert Einstein postulated, something that was later dismissed again?

EUPHENIUS: That's correct. - This is one SCIENCE your sciences have not yet recognised.

Question : Is the sun's movement controlled or are automatic processes at work?

EUPHENIUS: The processes work automatically via divine LEVELS to the sun from there they are passed on to your planet. The process I have just explained to you is *a simplification*, more of a pictographic schematics. It will take a radical scientific rethink to explain just *what* the sun represents to you here on Earth -, namely that it represents a lot *more* than just what you see with eyes.

Comment : From a scientific point of view, the sun is a nuclear fusion reactor.

EUPHENIUS: The sun acts as a "catalyst" and is also utilised as a converter for LIFE ENERGIES, rays of light and DIVINE ENERGIES. You wouldn't be viable here on Earth, if these DIVINE RAYS wouldn't reach you via the sun. You need the intensity of the sun with *all its associated factors*, to maintain your organism, your cells and your cell nuclei actively viable. Without this TRANSFORMER of divine life, you would be lost.

- *The sun provides more than just light and warmth! The sun provides more than you can perceive via your sensory organs and more that you can see beyond your mental horizon.*

You would become *more* aware of the phenomenon that takes place within the growth process of flora and fauna, if your intellectual EYE was mature enough to perceive this. You would be able to experience and witness the biological SEQUENCE and this in a divine SENSE.

Question : Are there any ENTITIES that monitor these transformation processes of the sun?

EUPHENIUS: There are elevated LIGHT ENTITIES that are the GUARDIANS of this solar energy and that are active in a divine SENSE and try to maintain this solar planet, to make a viable existence possible for you.

Question : Old documents state that there is supposed to be a planet within the centre of the sun and that the sun is controlled from there. According to our present knowledge an inconceivable assertion! What can you tell us about this?

EUPHENIUS: We would like to answer this in the “affirmative” for the time being. But we wouldn’t like to answer this question in its compactness. We ask you to respect this and would like you to ask this question *again* at the end of your questions, because we have to receive confirmation first.

Question : According to our present knowledge, the sun will burn out and it will collapse into a so-called “white dwarf” or disintegrate into a “black hole”. Would GOD not lose an important basis if this happens?

EUPHENIUS: This will come to an end once the solar planet *has fulfilled* its assignment in GOD’S SERVICE. It will dissolve once the relevant planet has forfeited its existence.

Question : Are omnipresent electrons, found everywhere, the BRINGERS of LIGHT?

EUPHENIUS: Electrons are FREQUENCIES of VIBRATION that send this ENERGY towards this Earth as little, ethereal particles. They represent FREQUENCIES of DISTRIBUTION, which are permanently flooding this Earth. But there are also *selected* FREQUENCIES, which specifically accompany and support certain processes on your Earth. Electrons are highly charged elements, which, because of their intensity, have a high EMISSION level.

Question : Do electrons have their own consciousness?

EUPHENIUS: Electrons are charged by CODE CONCEPTS, as you call them, which carry out their duty here on your Earth purposefully. This DISTRIBUTION, running on a permanent basis, has the CODE *to support* and *to activate* your biological processes. They are also accountable for the fact that your body *ages* and that this gives you only a limited time here on Earth.

Question : Are electrons a part of the “body” of GOD?

EUPHENIUS: We find terms like “LIGHT”, “VIBRATIONS” and “ELECTRONS” hard to apply when we deal with the spiritual SUBSTANCE of DIVINE LIGHT. It is difficult to make it clear to you just *what* this LIGHT QUALITY is all about.

- *LIGHT contains ELEMENTS and inspirational THOUGHTS from GOD.*

Question : Is the electron the link between spirit and matter?

EUPHENIUS: It is *one* link, one that implements important mediating work between spirit and matter; it wouldn’t be possible without this link.

Question : Will the electron furnish proof that there is a superior WORLD?

EUPHENIUS: Your scientists are knocking on the DOOR, but can't find the DOORKNOB. They look through the KEYHOLE and speculate on what is hidden behind this DOOR. They won't allow themselves to open this DOOR and show a reluctance to do so. But the time will come and it will bring about the changes you're asking for, namely a scientific basis for the fact that there is an otherworldly WORLD, one that is visible, tangible and comprehensible.

Comment : I hope that I will live to see this!

EUPHENIUS: Times are subject to change. These changes are also hard for us to understand, because mankind is still *unpredictable* in what it will do next, due to its free will. Mankind receives a lot of support from ENTITIES, which promote this and work with these souls there. Reason and ignorance are difficult hurdles to overcome to allow oneself to journey this path.

Question : What does the SPIRITUAL REALM describe as "WORKING WITH LIGHT"?

LUKAS : Well, what we are engaged in here is considered WORKING WITH LIGHT on our side.

- *We convey LIGHT to you so that you find inner peace during your opening meditation. I'm sure you can verify this.*
- *We then have to bundle the LIGHT ENERGY to enable us to get through to you, so that this pencil here will move.*
- *At the same time we have to keep the mind of the medium in check and to occupy it with other things.*
- *And apart from that, LIGHT is our SHIELD against an interfering negative spirit world.*

Question : What shape or form can we imagine this LIGHT to be?

(TB: Nothing.)

LUKAS : The LIGHT *we* are talking about cannot be physically imagined. It represents a different FORM of ENERGY, quite invisible to the naked eye. There have only been a few people that could see us with their third eye and perceive us as a bright glow. The concept of LIGHT derives from their reports.

Question : But how can we work with LIGHT during the meditation, if we cannot conceive what this LIGHT looks like? I always imagine a colourful light source from whence LIGHT radiates into my body, respectively, I send this LIGHT to other people.

LUKAS : Yes, this is completely adequate. You imagine this LIGHT and from *our* SIDE this ENERGY is placed at your disposal. - If you could perceive this LIGHT, this BRILLIANCE around this table, you would truly know what spiritual LIGHT is all about.

Question : When they say: "Move your body into the LIGHT" one immediately imagines a SOURCE of LIGHT, would this association be adequate?

LUKAS : Yes, naturally. The CREATOR is the SOURCE of all LIGHT, the CREATOR of all LIGHT ENTITIES, the CREATOR of everything there is. Unfortunately you haven't got the words for it and this makes it well nigh impossible for us to explain what actually takes place on our side.

Question : Is "working with LIGHT" actually working with the LIGHT of ARCHANGELS and ascended MASTERS?

LUKAS : Well, not quite. The LIGHT you are able to utilise has been transformed down to such a degree that it can't burn you. But your wish to work with LIGHT is *always recognised and encouraged* by GOD'S HIERARCHY. All you have to do is to formulate *exactly* what you want to happen. Harmonise your wish with GOD'S PLAN and you'll have the support of the HIERARCHY.

EUPHENIUS: May the LIGHT in your heart grow so that you comprehend that *every* person you encounter happens to be a part of you and a part of GOD. He or she is worthy to be *esteemed and respected* by you. He or she also carries the LIGHT of DIVINITY within and also has - just like you - *the right* to grow and mature in a divine SENSE.

- *Do not despise those that do not interact with you in a dignified and amiable way. These people also need LOVE in a divine SENSE and acknowledgement of self.*

Question : Are there LIGHT WORKERS here on Earth go ASTRAL TRAVELLING during their sleep to lend a helping hand when catastrophes take place? - Is something like that actually possible?

LUKAS : Oh, yes, there are LIGHT WORKERS here and there. There are a number of them on your side, but *most of them* are here with us.

Once an earthly soul has become a MASTER SOUL, that is to say, has grown into an enlightened soul, it is *automatically* in a position to *voluntarily* leave its body and participate in assignments of the WHITE BROTHERHOOD in our REGIONS, respectively undertake its own assignments. In company of some of us, it will enter the zone of darkness, zones of wars or catastrophes on a spiritual LEVEL, to give it the gift of LIGHT. With our assistance it sends BUNDLES of LIGHT into the affected regions.

Many, many catastrophes were avoided through the common actions of true LIGHT WORKERS. But people are generally not interested in that, but only see their own situation, which they lament.

Question : Are there various LIGHT QUALITIES to send and focus LIGHT? I'm thinking of pyramids, gemstones and similar items. Which is the most effective means?

LUKAS : The things you mention are only means to an end, that's all. Comparable to a psychic healer holding a rock crystal in one hand and healing with the other. These agents can bring about an amplification of the ENERGY the healer applies with the help of his thoughts and his faith in the effect of the crystal.

- *The actual SENDER of LIGHT is and remains the person.*

Man works either for or against something and these aids can therefore be applied either way. But man and his divine soul cannot be replaced by a pyramid or by a crystal. The pencil also doesn't write of its own volition and represents only an aid.

Question : One often hears that under certain circumstances or when ill one should envelop oneself with LIGHT. Where on one's body should one start to do this, the head or the feet?

LUKAS : You should *always* surround yourself with LIGHT, not just under certain circumstances! Every morning and every evening; depending on stress and strain, sometimes in between.

The LIGHT flows through your CROWN CHAKRA into your physical body, that is to say, starting at the head, it envelops you like a radiant SHELL, similar to an egg, inside of which you spend your day, protected from spiritual ATTACKS and when other people verbally attack you. We have mentioned this before and we have always emphasised its importance.

Question : Through which CHAKRA should one absorb the LIGHT RADIATION when suffering physical or mental pain?

LUKAS : Through the CROWN CHAKRA, because this is where ENERGIES of various quality and colours enter. You are connected to the spiritual WORLD through the SOLAR PLEXUS.

Question : Are specified ENTITIES in charge of the LIGHT?

LUKAS : They are your ever present FRIENDS from the spiritual WORLD, at your side from the day you were born. It *isn't just* the GUARDIAN ANGEL, he also has HELPERS that take charge of this.

Question : It isn't therefore a specific HEALING ANGEL, but does every soul have a clan, a group of ENTITIES around it that carries this out?

LUKAS : That's correct. - HEALING ANGELS enter the picture *later*. They come when it is necessary, respectively, when they are acknowledged.

Question : Just how does one correctly and gracefully ask for divine LIGHT?

LUKAS : Well, everyone has their own concepts and their own way of expressing themselves. Sometimes it's sufficient to say nothing and just thank GOD, the CREATOR of all there is. This can take place at an instant and the ANSWER arrives just as fast. But this takes a lot of practice and not everybody is ready to bother with this. Naturally success will not be forthcoming. Student will not become masters of their subject, if they go to school for only an hour.

Question : CHRIST is supposed to have said: "I am the LIGHT of the world". Is the co-operation with CHRIST necessary to be able to work with LIGHT at all?

EUPHENIUS: CHRIST was the one here on Earth, on this dark planet, who carried the LIGHT of GOD to the outside; he demonstrated what LIGHT can accomplish through human behaviour. -

- *LIGHT causes darkness to open up and also makes it apparent that LIGHT tears large HOLES into the dark, spiritual SIDE, thereby preparing a path to guide souls out of the darkness.*

CHRIST was the bearer of the divine LIGHT here on Earth. Through him, souls and the LIGHT within those souls was awakened. Through him, mankind has come to know that there is an AUTHORITY, which accepts responsibility for what happens here on Earth.

- *It can only happen through CHRIST!*

To be able to enter the LIGHT, you can only work with DIVINITY; everything else would be the dark way. For you to emerge from your own ego and to recognise *that you bear the responsibility* for the LIGHT you carry *within you*, can only come about through WORKING with the LIGHT, through LIGHT BEARERS and through LIGHT ENTITIES.

Question : GOD is supposed to have said at the beginning of CREATION: “Let there be LIGHT!” Is this biblical saying authentic?

EUPHENIUS: This is a biblical statement indicating that LIGHT can enter any darkness, to absorb this darkness and convert it into LIGHT. This demonstrates to you that at anytime, negative entities can also cross over into the divine LIGHT. Dark sides can also be converted into bright sides and all darkness can change into bright, warming and divine LIGHT.

Such sentences encompass imprinted CODE-ELEMENTS, which are anchored within nature. The genesis of everything is created through nature. Nature is the foundation and building block for your own existence. You will find all the answers to all of your question within nature. You can discover the path to all of your hopes within nature.

Question : In the first chapter of the gospel of John it states: “The Light shines in the darkness and the darkness has never put it out.” How is this to be interpreted?

EUPHENIUS: This makes it clear that the antagonist *wasn't prepared* to return to the bright LIGHT. He disdained the HAND of GOD and wasn't prepared to abandon his misbelieves and to cross over into the LIGHT. The LIGHT of GOD *on this side* was despised and rejected. The antagonist was not prepared to accept this LIGHT within.

All of us here on, for you invisible side, absolutely behold your willingness to grow and mature. The LIGHT of the LORD endeavours to send LIGHT to all corners of this Earth and to spread the LIGHT of LOVE and harmony. You are a part of the LIGHT that is ready to announce the existence of GOD to all others. We are also ready to do this work in the NAME of the CREATOR, here with you.

Question : Do biological processes take place within our body when we enter the LIGHT?

LUKAS : Yes and no. - *Yes*, because the cells are re-programmed by this SHOWER of LIGHT, that is to say, if a cell is changed due to pathological programming, it will revert back to its original state of being. This functions according to the depths of one's faith, respectively one's immersion in it, meaning absorption within. - And *no*, because basically nothing changes within the structure of the cell, that is to say, everything remains the way it was at birth.

Question : Is this SHOWER of LIGHT happening to the cell a kind of revival?

LUKAS : Yes, one can put it like that, a *divine* SHOWER of LIGHT, as far as the programming of GOD is concerned.

Question : Comparable to a solarium?

LUKAS : Less like a solarium, but more like a "SHIELD of LIGHT".

Question : If one single person becomes aware of the existence of the divine LIGHT, what would it signify for this person and for the Earth?

(TB: Why don't you try it?)

LUKAS : If every human being would realise that there is divine LIGHT to be directed to make any changes here, you would have paradise on Earth. Because if *everybody* worked with LIGHT, believed and emanated LOVE, *everybody* would then be charismatic and that would heal the world.

Question : Can one send *one's own* inner divine LIGHT to other people and if one can, through which chakra?

LUKAS : Yes, because *this* is what you actually do when you SEND LIGHT. Whose LIGHT were you going to send if not your own? - But what happens if this LIGHT has been spilled? - It can't radiate so there is nothing to send.

Question : Through which chakra should one consciously send one's LIGHT?

LUKAS : It is always the heart chakra that sends these LOVE VIBRATIONS out into the world. This is why we continue to remind you not to forget your HEART.

Question : In situations of crisis and war, should one direct the LIGHT towards the affected country or would it be more advantageous to hand over one's own LIGHT to an ANGELIC BEING with the request to forward it?

LUKAS : Neither one or the other. You don't have to be concerned about which path your LIGHT is taking. You're better off concerning yourself with the question of *whether you want* to send out LIGHT. Once you signal your intentions, it's up to you to say *where* you would like to send it to, respectively, mentally direct it into the zone of darkness. If you wish coincides with the divine CONCEPT, GOD'S luminous HIERARCHY will react, as it *always* does, if someone wants to work with LIGHT. -

- *We don't decide, you do! Because you are free, free to decide. It is a GIFT of GOD!*

Question : Why are the colours green and violet particularly predestined for healing?

LUKAS : Because the colour violet for instance is the colour of CHRIST. The violet FLAME of the divine CHRIST is the *highest* FREQUENCY anyway. All others are categorised below it. The green LIGHT is preferably used for healing and violet LIGHT is universally employed. But not every living being can cope with this FREQUENCY, if that's the case, one has to start with other LIGHT FREQUENCIES.

Question : What colour qualities are there in regards to task and effect?

LUKAS : It includes the whole range of the colour spectrum you're familiar with and beyond that other LIGHT FREQUENCIES we cannot describe to you because you don't know them. The effects vary. These are LIGHT BEINGS that have specialised in certain FREQUENCIES, that is to say, they resonate very intensely and in harmony with certain FREQUENCIES, for instance with golden LIGHT, white LIGHT etc. and are called upon when the need arises.

Question : Is it ARCHANGELS that are supposed to work with particular COLOUR FREQUENCIES?

LUKAS : I was talking about ANGELS of LIGHT. They send their LIGHT and this LIGHT is transformed by other LIGHT BEINGS into *those* FREQUENCIES that are needed by the respective patients, for instance with psychic healing.

Question : In other words, there are colour schemes we just can't perceive?

LUKAS : Oh yes, as a matter of fact you can't perceive most of them. Actually you are half blind, because you only see a minute part of it. In spite of this, most of your fellow human beings say: "I only believe what I see." A contradiction in itself.

Question : Can one mentally program the light of a candle and then visualise it in a region of crisis? And to what extent does it differ from the LIGHT of the heart chakra in its effectiveness?

LUKAS : The light of a candle is something special. It is the soothing flame and also the scent of the wax that allow a certain condition to develop, so that the LIGHT that you would like to send, the LIGHT *within you*, can be sent.

- *Candlelight is an aide, helping you to open up.*

But it is also possible to send one's inner LIGHT without candlelight. But we are dealing with MASTER SOULS here, which can do this without any aids. Candlelight has nothing to do with your SOUL'S LIGHT. It represents a completely different VIBRATION and cannot be programmed for transmission.

Question : White is the sum of all colours. Accordingly, by always using white LIGHT wouldn't one err on the side of caution?

(TB: You can do so.)

LUKAS : You don't have to worry about the COLOUR of LIGHT, if you send LIGHT *in HIS NAME*. Your soul knows what is called for, respectively, radiant BEINGS correspond *on a soul level* and LIGHT will flow.

- *Your wish is the deciding factor!*

Question : What are the *prerequisites* that make working with LIGHT at all possible?

EUPHENIUS: It takes the necessary willingness to recognise that one does not exist on one's own here on Earth, but that one is part of a community. It takes one's acceptance that one doesn't perceive one's existence through the head, but through the HEART. Recognising the HEART in connection with divine LAWS, like humility, love of fellow man, brotherliness are important inclinations to understand the acceptance of LIGHT and also the ASSIGNMENT that is connected with it.

Question : What *preparations* have to be made to enable us to work with LIGHT?

EUPHENIUS: The willingness to do so must be present within the soul. A willingness to work with us, as GOD'S EMISSARIES. And a willingness to recognise that through LIGHT, positive VIBRATIONS for the preservation of one's *own* life and *the life of planet Earth* are important prerequisites to be able to exist here on Earth. By recognising one's *own* SELF, a prerequisite is fulfilled enabling one to send this LIGHT in GOD'S SERVICE. Every soul has the opportunity to brighten their own INNER divine FLAME and to send it to the outside through the LIGHT.

The awareness that there *is more* than what your sensory organs can perceive is the first step in the right direction. This step can be performed either through one's religious beliefs, through one's connectedness with nature, through the COMMANDMENT and the WORDS of GOD and also through the inner warmth of one's heart.

- *Every single one must recognise that he or she is a part of the whole. To accept every one is important to be able to feel the FLAME of the LORD within oneself.*

All of you here have received the GIFT of your FLAME, enabling you to increase the brightness of this FLAME and to carry the LIGHT of the LORD into the dark spheres. By making your LIGHT conscious within you, you have received an important POWER SOURCE, something you're not able to appreciate at this point in time.

- *This POWER SOURCE protects you from the dark SIDE and also makes it possible for you to establish a heightened state of PROTECTION.*
- *You have the opportunity to send this divine LIGHT, the WORD and the LIGHT of GOD into these regions or wherever you want to send.*

Question : Just how is the actual working with LIGHT to proceed once the preparations have been completed and the above mentioned prerequisites have been fulfilled?

EUPHENIUS: By becoming conscious of the fact that you *are able* to send this LIGHT to wherever you need this LIGHT on this Earth. It is quite unimportant whether you configure this LIGHT with ENERGIES, wishes or assignments. What is of importance is that you send this divine LIGHT *from the heart* to wherever it is needed. LIGHT BEINGS are

everywhere and they collect this information and pass it on to the desired location. This information is equipped with *additional* ENERGIES and mixed with *additional* ELEMENTS of VIBRATION.

- *The POWER of these LIGHT RAYS is enormous! - Your solar planet emits the same QUALITY of LIGHT!*
- *This LIGHT can be employed wherever you mean to undertake positive changes. This LIGHT is a positive ENERGY that can only be positively justified.*
- *This LIGHT may incorporate various areas: Be it to heal the body, be it to heal the soul, be it to heal nature, be it to bring pain under control in the regions of planet Earth, where of mourning, darkness and devastation predominates.*
- *This LIGHT represents a divine ENVELOPE, equipped with HEALING ENERGIES, with SOUL COMFORTERS and various other STRATA, which are very difficult to explain.*

Comment : I personally still have some problems with sending LIGHT...

EUPHENIUS: Everything can be learned and you too are enrolled at the SCHOOL of LEARNING. What is of importance is that you *become aware* - mentally aware - that you *do have* an opportunity to make changes. You don't *have to wait* until politicians, scientist or whatever prominent spiritual personalities in charge here on this Earth take the responsibility on your behalf, just be aware that you have your own destiny in your own hands. You are the POWER SOURCE of all there is, you are a GEAR within a large GEARBOX and this GEAR has a function and a job to perform. You too can accomplish great things with little steps, if you become aware that you have this force and this "MIGHT" - in inverted commas - *within yourselves*, allowing you to utilise this divine WORK within the scope of positive ENERGIES.

Question : Just how do I know what quantity and quality of LIGHT someone needs? - Maybe I *need* the LIGHT *much more*, because the others might quite possibly be more advanced than I am.

EUPHENIUS: First of all, the decision or the deliberation depends on what your own inner capabilities have to say about it. It is futile to speculate and to deliberate: Does or doesn't this person need LIGHT. What is of importance is that *this feeling*, whether this person *needs* LIGHT, *comes from* the HEART. Only *so* much of the LIGHT is utilised as this soul actually *needs* and also can deal with. This "rest" LIGHT doesn't go missing, because this soul will give the LIGHT to others and - what is important is - that this LIGHT isn't lost in the sphere, but remain within close proximity of this soul.

Question : Wouldn't it be best for everybody, if they would learn to ask for GOD'S LIGHT?

EUPHENIUS: This is the challenge, to make it cognisable that *everybody* has the POWER and the ENERGY *within*, to heal themselves. All of you have elements of knowledge within you. The CREATOR has furnished you with this POWER -, the trouble is that you don't use it!

- *You don't recognise the fact that you have POWERS to HEAL within.*
- *You don't recognise the fact that you have a MASTER HEALER within you.*

- *You don't recognise the fact that you are capable of moving mountains with your positive ENERGIES, with your thoughts and with your LIGHT and that you can eliminate shadows and worries within this sphere.*

Question : Is *every* soul actually connected with GOD through the LIGHT?

EUPHENIUS: *Every* soul here on Earth has a divine SPARK and this divine SPARK is the link between man and GOD. Every human being, even if the soul is *bathed in black shadows*, has this LIGHT within and may this LIGHT be *ever so* atrophied.

Question : How do the SANTINER deal with this LIGHT and how do they apply it?

EUPHENIUS: Because the SANTINER are *much more* advanced, they are *permeated* with LIGHT. They work with LIGHT, they exist through LIGHT and they receive their energy from the LIGHT.

- *The SANTINER are souls that are PERMEATED with LIGHT and they have contact with ARCHANGELS.*

Question : We have contact with the luminous REGIONS here for less than two hours, whilst the SANTINER enjoy this CONNECTION on a permanent basis. Is this correct?

EUPHENIUS: It's even worse: You don't even recognise that you *have* a SOURCE of LIGHT! You are *not even aware* that you carry the prime mover and the initiator of life *within you*. You don't even recognise that this divine LIGHT *is* within you. This awareness is not present; it is a conscious separation in this regard, because many have lost their faith.

Question : How can people become aware of it?

EUPHENIUS: • *By working with this LIGHT on a daily basis. By cloaking themselves with this LIGHT every day, that is to say, by wrapping themselves with PROTECTION to avert illnesses and dangers.*

This doesn't mean that you're armed against calamities, please don't misunderstand this. But you have the opportunity to protect your body and your soul. You have the opportunity to kindle this LIGHT *more than just once* through your thoughts, to energetically fortify it. Your LIGHT represents a little flame; one really can't call it a LIGHT.

Question : Research done by the Mayo-Clinic shows that optimists not only enjoy life more, but they also enjoy it longer. Does the optimist work more consciously with LIGHT than others or can this result be explained in another way?

EUPHENIUS: Optimists have *discovered* access to their LIGHT SOURCE. This LIGHT SOURCE renews your cells and it preserves your body and your organs. If you *suppress* this LIGHT you induce your physical body to *age prematurely*. - Optimists have recognised that life is worth living and that calamities serve the purpose of indicating *new* directions, that everything that seems like a rock or a mountain are *new* clues in helping us grow and recognise that everything in life *has its purpose*.

Participant : My 88 year old father is an excellent example for me to learn from, because till today, in spite of all the calamities that have befallen him, he has an enormous inner happiness, which has kept him young and healthy.

EUPHENIUS: He has recognised that one cannot go against misfortunes. He has accepted his providence with the heart, in spite of the sadness and inner emptiness that has developed within his heart. He *didn't* replace this emptiness with rancour, anger and with sadness, but has recognised that everything on this planet has to go its own way, whatever direction it chooses. This soul has *accepted* for itself the BRIGHTER SIDE and *recognised* that through his inner personal attitude a lot of things change, not just with himself, but *also within his environment*.

Question : How can a pessimist turn into an optimist?

EUPHENIUS: To begin with, this soul has to realise that it is not personally responsible for all the things that are happening to it, but that it simply *accepts* them and tries to recognise the *positive* aspects hidden *behind them*. Just recognising the fact that new doors will open and accepting what is taking place are important prerequisites and the first step towards a rethink.

Question : Does the opposite also happen?

EUPHENIUS: Optimists have achieved steadfastness to such a degree that they recognise that only the way into the LIGHT is the correct way and they also recognise that the dark side will only endeavour to hurt them and to drag them down even more and that it would represent the abandonment of one's own humanity. Optimists have directed their gaze *to the front* and recognised that there is only one way UP and not down.

Question : In the book of John we read that "The truth will make you free". Is the TRUTH synonymous with the LIGHT?

EUPHENIUS: The LIGHT *not only* contains the TRUTH. The LIGHT represents the *guidepost* and the signpost for everything.

Participant : If the TRUTH also represents LIGHT, a CLOAK of LIGHT presents the gift of freedom from the chains of evil and ought to be an item of clothing used as natural as taking an umbrella to work in the morning.

EUPHENIUS: This has been appropriately expressed. If you could really become aware of the fact that you are in a position to protect yourselves with this LIGHT and to heal with this LIGHT, you would be able to get rid of a lot of extra ballast and you would recognise what kind of divine ENERGY you have at your disposal.

The LIGHT of GOD *within you* represents a connection between yourself and all the other people on this planet. This LIGHT is a direct connection to GOD and the bearer of your complete consciousness.

Question : The divine LIGHT is present in everyone. Just how can this LIGHT be encouraged to grow into a FOUNTAIN of LIGHT?

LUKAS : Well, we have discussed this once before. This FOUNTAIN of LIGHT, as you call it, can only develop if all the factors come together. This means:

- *The knowledge that you possess such a LIGHT,*
- *the willingness to advance it through meditative techniques, respectively, deal with it*
- *and last but not least, the way you think and what you do, for yourself and for others.*

The PRAYERS of LIGHT you're familiar with from the protocol the SHIELD of LIGHT are very helpful. But also prayers from out of one's own soul, not necessarily prefabricated prayers, can help to develop this FOUNTAIN of LIGHT. What is of a decisive nature is the way you approach the whole subject, that is to say, the motivation behind it and that means: A continuous meditative procedure and daily mental contact with us, respectively, with the SOURCE of LIGHT that was loaned to you.

Participant : If you say that we have the LIGHT within us, there would therefore be no need to go into the LIGHT, but one would only have to follow your instructions to unfold the LIGHT.

LUKAS : Most of the time the LIGHT within you is small and it takes a lot to make it radiate like a FOUNTAIN of LIGHT. If you would actually do as we suggest, you would have far fewer worries and problems and your LIGHT would be large and permanent.

Participant : Many people experience difficulties when they try to imagine LIGHT, because they see nothing and they also do not feel a flow of energy or any changes. I also have the same problems with this.

LUKAS : This is a typical human reaction, if results are not immediately apparent, one is not satisfied. - Don't make it too hard for yourself. You know that spiritual LIGHT *is invisible* to the physical eye. Only a few can see the LIGHT. One of our mediums could sometimes see the LIGHT, for instance when important GUESTS were present within the circle. The reason therefore is the fact that your eyes, your spiritual eyes are not quite developed enough. This isn't necessarily a deficit and the same thing will take place as with our medium, it will happen if you really want it to.

To begin with, imagine a source of light that hovers over your head like a star or a sun. When you breathe in, draw this light - no matter what colour you chose - in through your crown chakra and allow it to flow from there throughout your body until it enters the floor through the soles of your feet. Mentally equip this LIGHT with your requests: Healing the Earth, healing yourself, enhanced psychic abilities, PROTECTION throughout the day or whatever you want to chose. If your wishes do not go against GOD'S PLAN, it will happen. But not within minutes, you have to practice! Practice the way you have to practice your own trade or profession to be successful in it. This is especially important with things that are *invisible* to you - and something, like for instance this light, can help you.

Question : Does it matter where one allows the LIGHT to flow into the body?

LUKAS : Yes, it *does* matter. Allow the LIGHT to flow through your crown chakra. There are PRAYERS of LIGHT that operate through the solar plexus and this happens when

we're dealing with a connection to the spiritual WORLD. When you emit your LIGHT from the heart chakra, it radiates out into the world.

Question : What is the connection between the LIGHT and CHRIST CONSCIOUSNESS?

LUKAS : Both work hand in hand. Once you have achieved CHRIST CONSCIOUSNESS - and every soul will one day achieve it, even if it takes eons - you will have become a FOUNTAIN of LIGHT, as you called it. There are human beings that achieve this in one lifetime.

Question : All the world's religions mention this LIGHT. Are there qualitative differences here?

LUKAS : You mean qualitative differences between for instance, the violet LIGHT of CHRIST, the FREQUENCY of CHRIST or the green LIGHT used in healing? Any one of these is not "of a lesser quality" than any one of the others. The only difference is in their application. In a similar way you employ infra-red light in heat treatments and ultra-violet light for tanning purposes. One is not of a lesser quality than the other, but their effect is completely different.

Question : Is there a correlation between the inner LIGHT and the LIGHT BODY?

LUKAS : The inner LIGHT is the SPARK of GOD you received at birth in the LIGHT of the FATHER. The LIGHT BODY envelops the soul's core and gives people an ethereal form. This ethereal form simultaneously represents the BLUEPRINT for the physical body that is created when two people are in agreement. The information of the human DNA is controlled by the soul. It is unfortunate that sometimes physical changes take place in spite of an otherwise perfect BODY MODEL, this happens when negative emissions change the DNA again.

Question : Next to the adherence to GOD'S LAWS, is the meaning of life also substantiated by the encouragement of growth of one's own LIGHT within one's LIGHT BODY, not just only one's inner LIGHT?

LUKAS : This happens automatically when you, respectively, your mind indicates the direction.

- *The meaning of life comprises, amongst other things, the plan to redeem your mind, that is to say, you must become a UNIT. When this has been accomplished, the heart and the mind do not travel separate ways anymore.*

Question : We only know of three dimensions, we are not familiar with the rest of them. Can you explain to us the individual dimensions and their connection with the LIGHT in more detail?

(TB: Can't do it - too much to explain.)

LUKAS : I can't, because you have no concepts to deal with this. We cannot accomplish this using your vocabulary. It is akin to you trying to explain politics or some complicated scientific knowledge from the field of nuclear particles to your little daughter. It will not work! Dealing with time alone would fill a whole evening and you wouldn't be the wiser after, because you would have no idea of what we are talking about. - The

only way we can give you some idea about it is by saying that the WORLD of SPHERES of the SPIRITUAL REALM is dimensionally separated.

- *To reach a HIGHER DIMENSION is only possible through evolution.*
- *To visit a lower dimension creates no problems, otherwise we couldn't work with you.*

This *not quite* correct comparison ought to be enough for now. - Stay true to the LIGHT. It is worth your while! Even if dimensions separate us now, you too will be able to attain them one day.

Question : The LIGHT PRAYERS from the SHIELD of LIGHT offer the opportunity to work with LIGHT. Just how effective do you consider this method to be?

EUPHENIUS: We would like to say that these LIGHT EXERCISES have a *very strong* and intensive efficiency level in regards to your own LIGHT QUOTA. The way we see it, not *everybody* ought to begin with these LIGHT EXERCISES.

- *These LIGHT EXERCISES are for those human souls who are ready to enter the LIGHT of GOD. It therefore only reaches those souls who are ready to acknowledge the quality of the LIGHT and the quality of GOD.*

If work with this LIGHT is to be carried out in this intensive fashion, the prerequisite is that it should take place on a *regular* and *continuous* basis, because otherwise a break within the chain takes place and you would then have to start over again. You have to become consciously aware that when you work with these elements you *really* have to maintain the continuity and regularity. You have to start from the beginning, if you interrupt this continuity. - Remember this when you work with these ELEMENTS, because *behind* these ELEMENTS you find many ENERGY CARRIERS, which influence you in your EMOTIONAL and your LIGHT BODY.

Question : What other methods are available that are similarly effective?

EUPHENIUS: The smallest one is a prayer, but it shouldn't necessarily be regarded as "the smallest" in a word for word sense. Prayers represent the FORMULA here on this planet that secure contact with higher POWERS. Prayer happens to be the *first* instrument handed to you, helping you to recognise that there is *more* than meets the eye.

The second item would be what we are talking about, namely LIGHT, divine LIGHT, for you to become *more aware* of it and after receiving it, to apply it on your behalf, on behalf of the souls around you and your planet, which is also inhabited by a soul.

Question : Are we to perform all 64 PRAYERS of LIGHT on a daily basis or are we to select specific PRAYERS of LIGHT depending on the situation on hand?

EUPHENIUS: You already answered this question: *You decide* which LIGHT EXERCISES you can adequately apply and just how you can accommodate them in your day to day life. It takes *a lot of discipline* to carry out these EXERCISES and to do them so intensively. Because your world of thought, your world of feelings and your behaviour is *changed through* the intensity of the LIGHT. You experience a *different* dimension and DOORS, hereto closed, will open.

Question : For what average period of time ought one to perform the PRAYERS of LIGHT to make sure that the CHANNEL from the crown chakra down through one's own body to the ground remains open and the LIGHT can flow continuously?

EUPHENIUS: You are guided by ENTITIES and they accompany you and support you in this work. You will receive SIGNALS and recognise how advanced you are in your own development and how far you can go. You will feel a notion, an inner feeling of happiness and recognise at what junction you find yourself.

Question : To what degree does a visualised LIGHT SENTINEL protect a physical object, for instance a car, an aeroplane or a house, in regards to accidents, crashes or burglary?

EUPHENIUS: These things can be protected through your visualisation. But notwithstanding, it doesn't prevent such physical objects from being damaged. There are exceptions here too and rules don't apply. You could for instance protect a car to a degree, that you will not be involved in an accident. These represent additional PROTECTIVE MEASURES, which you can certainly embark upon visually.

You have the opportunity to *visually protect* these physical things and to protect them from damage. There are special PRAYERS of LIGHT for this, which are *specially* designed for this kind of work. Remember that the SHIELD of LIGHT represents a powerful challenge, like your physical work. It takes the most exact adherence to these RULES!

Question : All the 64 PRAYERS of LIGHT applied together are supposed to make the physical body ethereal to such a degree that the physical and the ethereal body can *become one*. Is this correct?

EUPHENIUS: We cannot answer this in the affirmative, because here in this world you are surrounded by physical and coarse elements. The application of these PRAYERS of LIGHT can certainly effect an assimilation and an approaching effect between your physical body and the ETHEREAL in regards to VIBRATIONS. You will discover that through these LIGHT EXERCISES your *willpower changes* and you will recognise that you *could give up the ghost*.

Question : You requested that the following question be asked again at the end of our discussions on this theme, because you wanted to make some inquiries about it. The question was: Old documents state that there is supposed to be a planet within the centre of the sun and that the sun is controlled from there. What can you tell us about this?

EUPHENIUS: We can answer this question to a point, namely that there is a world within the sun that accommodates ENTITIES that are there for the protection of the solar planet. They fulfil their assignment by ensuring that the sun maintains its function as a TRANSFORMER. It is their task to control the SUN'S ENERGY and to send out its divine RAYS, for instance here to this planet, so that this planet can grow and flourish.

Question : The sun displays spots on its surface, which are clearly distinguishable from their surroundings. What is the meaning of this and what are we dealing with here?

EUPHENIUS: These spots represent energy craters, from whence concentrated light particles are emitted. These “craters” are important, because they supply the solar planet with energy. The sun also needs an opposing polarity to be able to exist. The craters represent a kind of “filtering plant”, creating an equilibrium and balance within the solar atmosphere.

Question : One has discovered an approximate 11 year cycle in sunspot activity. What is the reason behind this?

EUPHENIUS: The result of this amplification is that during the time of increased sunspot activity you integrate with the earth's and the sun's atmosphere more intensely. An equalising polarity has to be created because of this, to guarantee the magnetic field between the earth and the sun.

Question : Human society seems to be divided into two parts: On the one side there are those people who *positively absorb* this amplified LIGHT, begin to ask questions, want to know, have a hunch, want to grow spiritually, jettison ballast, want to be free and become LIGHT. On the other side there are those that *hold fast to the physical side of life*, doggedly grab hold of it until their hands become gouty and their whole character becomes blunt and hard. They feel the LIGHT burning their skin like a branding iron and barricade themselves behind their addictions and basic instincts, celebrate the ego-trip, create a world of beautiful delusions, because they drift further and further away from their true SELF. - Just how will this end?

EUPHENIUS: I can't give you an answer to this that will help you, because everyone must decide for themselves which way he or she would like to chose. To decide this and to assess this is not within our ASSIGNMENT. - Remember that many people have to repeat their journey before they recognise what this LIGHT and what the LAWS of GOD are all about. All of you here have also trodden this path a number of times before.

What has become very obvious in this day and age is that these demarcations have become very pronounced and very rigid. This is an important step, giving you support and giving you the courage not relapse back to your old ways. Send LIGHT to people you know and to people not travelling this path. This gives you the opportunity to expand your LIGHT and the potentiality that this LIGHT may strike darkness to destroy it and annihilate it into grey.

(TB: Dissolution.)

Through this you can indicate ways to turn back and accompany souls along a different path.

Many people are helpless and remain within their shell, because they are afraid and don't know which way to turn. Your planet is subjected to a lot of fear and lots of insecurities. Especially now, in these times of turmoil and upheaval, it becomes more apparent and you, having a sense and a feeling for the things that represent a change, will surely experience this more painfully and more pronounced.

We would like to bring this meeting to a close. - We would like to give you a LIGHT SOURCE on your journey that will remind you of just what divine LIGHT can ac-

comply. This LIGHT represents a part of the solar energy that has not yet been consciously perceived.

This LIGHT SOURCE will flow in through your crown chakra during meditation and will be with you in the near future.

It is our wish that you mentally and consciously connect with this LIGHT. This LIGHT represents a GIFT to you and we hope that it will greatly assist you in expanding your own emotional horizon, allowing you to grow on a spiritual LEVEL. We are very happy that we were allowed to give you this in a divine SENSE and hope that you are willing to accept this GIFT.

We conclude in the LIGHT of GOD and on behalf of those who are willing to spread this divine LIGHT and carry it out into the world. We thank all those willing to make contact with the spiritual WORLD.

Question : What is meant with “annihilate it into grey”?

EUPHENIUS: With that we mean that through your divine character, through the divine elements within you and also through becoming aware that you are a part of the CREATOR and a part of every living being here on Earth, you have the opportunity to reach people and souls through sending LIGHT and positive thought vibrations, so that they begin to look at themselves more consciously. Thereby impulses and blockages are *released* so that these people can begin to recognise *their* divine elements. We meant that you are in a position to change people with your positive approach, because whatever you send out will arrive and show results.

Participant : We thank you for all your answers.

EUPHENIUS: We close this theme with the following words that ought to stay with you for the rest of your life:

- *Live a life of LOVE in GOD, LOVE for thy neighbour, LOVE for everything that lives around you, because they are a part of you. You are a part of a greater PICTURE and remember that you are connected through your LIGHT ENERGIES with every single one that lives here on this planet Earth. Bear this in mind! Because it is the ESSENCE of your being and your discernment. -*

We close this theme and hope that you are willing to accept this burden, recognise it for what it is and include it in your everyday life and also in your thoughts. Your spirit is willing and receptive. Recognise that you are a part of a larger LIGHT BEING that gives you the opportunity here to apply this and go along the right path. We hope that all of you will accept the path of the LIGHT and that you begin to call upon this LIGHT within you on a *daily basis* and ask to be connected with us, as LIGHT BEINGS, as mediators to the SPHERES of LIGHT. With this in mind we say our good-byes in the LOVE and the LIGHT of GOD within you.

EUPHENIUS and the TEAM

(TB: And remember it!)

(TB: May the LIGHT shine on you.)

Words from WHITE EAGLE:

If you try to do something specific and it doesn't go according to your plan, leave it be. Do not try to force things according to your will. *Abide your time*. Allow GOD to reign - just be patient and wait.

LOVE is the great REMEDY for all difficulties, problems and misunderstandings. Allow a *loving* inner attitude reign with all human problems. Put your analysing mind aside. Allow divine LOVE work within you. Give the LOVE of GOD from deep within you and you'll be surprised how every problem will be resolved and every knot will undo.