

PSYCHO-SCIENTIFIC FRONTIERS

Selected publications from a variety of subjects of psycho-scientific research. Editor: Rolf Linnemann (Certificated Engineer) * Steinweg 3b * 32108 Bad Salzuflen * Tel. (05222) 6558

Internet: <http://www.psychowissenschaften.de>

E-Mail: RoLi@psygrenz.de

Translator's email: evak30@optusnet.com.au

Protocol extracts from the *Menetekel* from the years 1956 to 1975.

Theme : **Our indoctrination for you**

3. Addenda from the years 1966 to 1969

The following text to this theme was psychically received by the *Medialen Friedenskreis Berlin (MFK)*, a Christian/Spiritual community, between 1956 and 1975. The transmissions form a part of the *Menetekel*, a collection of protocols of around 4,500 A4 sized pages amassed over 20 years and they have recently been restructured. All of these mediumistic messages were left in their original form, even if similar questions were repeated. The work of the two automatic writing mediums, *Monika-Manuela Speer* and *Uwe Speer*, began when they were 15 and respectively 17 years old. The total production of the MFK-Berlin (Medialen Friedenskreis Berlin), the *Menetekel* and the 21 transmissions from the space-brothers are considered the absolute pinnacle of psycho-scientific research. Other spiritual circles have often tried to copy the work of the MFK, but its quality was never achieved. The reproduction and distribution of these rearranged messages and protocols is *explicitly encouraged* and is not covered by any copyright.

Preface by the publisher

Whatever was formulated by the *Psychic Peace Circle, Berlin* (Medialen Friedenskreis, Berlin) is *not* a religion, but an INDOCTRINATION.

Religion grows within people of its own accord.

Bad Salzuflen, September 2008

February 1966

Psychic state-philosophy

Atheistic and *pantheistic* politics *brushes* Christian laws aside and then introduces new ones that scorn people's humanness. This *Spinoza initiated* presumption verifies *just how much* a baleful and already cursed philosophy managed to push mankind to the edge of an abyss.

- Human beings destroy the LAWS of divine providence, because they continuously remind them of their wickedness and maliciousness.
- They then produce their *own* laws that *give them the right* to take *brutal* actions against their fellow men.

The *negative* philosophical state doctrine endeavours spasmodically to bring about the collapse of theistic religions. But the counterweight to this grows in heaviness, because the will to destroy, ergo nuclear research to produce bombs, advances simultaneously into the spiritual areas and regions that communicate to us the insight of man's spiritual existence and also render genuine evidence that GOD exists.

State philosophy seeks to influence mankind in a way that is supposed to make it *give up* its belief in God, because this belief in God represents an almost insurmountable obstacle to the political intentions of a totalitarian government.

The misery of the masses has *not* been alleviated by this "state religion" and the hearts of the people have *not* been illuminated. On the contrary – mankind finds itself in a state of *anxiety neurosis*.

The mistake reads as follows: As order within society had to be introduced in order to arrange the cohabitation within large masses of people meaningfully, faith in God was *invented* and given the most eminent position.

- *But faith in God also came into effect where order within society was not an issue, namely with all the native tribes on Earth. They looked for a God out of sentiment.*

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Questions and answers

Question : There was a lot of for and against talked about after *Albert Schweitzer*¹ passed away. How does the spiritual realm assess this human being?

ELIAS : This spirit is presently in a *very high SPHERE*, because he did *an awful lot* for his fellow men. It is only natural that such people have the right to occupy a very elevated position. To accuse him of anything is a great injustice. *All* human beings were *human beings* in *Albert Schweitzer's* eyes.

Question : How does the spiritual realm assess the value of money?

Answer : Your world is unfortunately still tied with the fetters of materialism and only the concepts related to money are authoritative to them. Those that possess wealth are rated higher in your world; it does not classify according to character, but according to the level of earthly possessions, positions in life, titles and family history. But none of these things endure, they are only *external embellishments*. They are *not* a part of reality.

- *Only the spirit development of the individuum shows the true value spectrum, because he or she unfolds and develops only through themselves and through the way they conduct their life, their activities, deportment and guidance.*

¹ **Scweitzer**, Albert, born in Kayserberg near Colmar 14.1.1875, died in Lambaréné Gabon 4.9.1965, Alsatian evangelistic Theologian, doctor and organist. Studied theology and philosophy 1893-98, Medicine 1905-12; founded the Tropic Hospital Lambaréné and worked there as a missionary doctor until his death; made significant contribution to theology as representative of a consequent eschatology. Produced a new interpretation of J. S. Bach organ works; supported Alsatian organ reforms. Received the Peace Prize from the German Book Trade Stock Exchange 1951 and the *Nobel Peace Prize* in 1952.

Money can neither buy character nor promote spiritual growth. Every human being must acquire these things by themselves through their own efforts. Development doesn't depend on whether somebody is born in a humble home or in a castle. *Everybody* has to graduate from the school of the spirit.

- *A lot of surprises are in store when death enters the picture, when all terrestrial grandiosities crumble away and the soul reveals itself, sees itself the way it really is and not the way it pretended to be.*

Question : Do gemstones have occult properties?

ARGUN : Certain gemstones have these properties, in particularly *emeralds*. We are dealing with RAYS that have an influence on the human soul, akin to astrology. If the stones have been acquired *bona fide*, their influence is usually beneficial. But a curse can also have an influence on a stone.

Question : Can one rob a gemstone of its sinister POWER? Can one take its OD-ENERGY away?

ARGUN : Yes, when one places the stone in *pure* water for *two to three days* and by *changing* the water *frequently*. *Amber* is also a powerful OD-CARRIER. The most beautiful of all the stones is the *ruby*. It also has great magical POWERS that one should not abuse.

Question : Is it true that pearls bring tears?

ARGUN : We have reached the *boundary of superstition* here. Nothing should be exaggerated. Pearls however have the power of the ocean within them. They absolved a journey of suffering. This is the reason why they are actually encumbered. This can occasionally come into effect. This is only a casual observation.

March 1966

Question : Can one *mentally* influence another person?

ELIAS : This is *absolutely* possible if the FREQUENCY of each's thoughts are similar. This actually happens quite often.

Question : Do you depend on technical aids, even if these means are of a spiritual substance?

ELIAS : We managed without these means in the spiritual realm. But there is also a *world of anti-matter* and it has its own technology. From the point of view of this world of anti-matter, you are also anti-matter. – The universe is full of marvels.

Question : What distances can you cover without technical assistance?

ELIAS : This depends on the level of spiritual development. Apart from this, the SPHERES play a major role. I can cover a distance of around 600,000 km. Thoughts can also adopt shape under certain circumstances. But this shape is *not* identical with the ASTRAL BODY of the soul. The ASTRAL BODY is something *solid* to an otherworldly soul.

June 1966

Question : A lot of people have the feeling that LOVE on this Earth is *dying out*. Is this true and can you tell us something about this?

Answer : An unimaginable POWER resides in the universe, one that can *never* be analytically investigated in scientific laboratories. It cannot be fathomed through chemicals or with the help of a scalpel. It is so powerful that it surpasses all other energies that have already been measured, weighted and dissected. I naturally mean the POWER of LOVE. LOVE is immortal, because it is a part of GOD who is the creative ELEMENT behind all living things, a part of the POWER that forms life.

- *LOVE is the breath and the core of all living things. Only LOVE receives everything and where there is no LOVE, destruction reigns.*

Question : Is the power of thoughts dependent on specific training?

Answer : Thoughts certainly have POWER, there is no doubt about it. Thoughts are *one* of the creative processes of life. They are real within their own form of expression, but they are *limited*, according to the SPHERE where they are utilised in.

Question : How does the spiritual realm assess the difference between manual-labourers and office-workers?

Answer : You should certainly not encourage people to think that thoughts were an alternative to physical work or activity during their terrestrial life. They are just a *useful aid*, but not an alternative. The results of thoughts must be formed and finalised through intensive labour. Everything must be looked at from the correct point of view.

- *Thoughts have an unconscious purpose, because you are unable to subdue them with your limited development. Thoughts have their limitations in a physical world, because matter builds the foundation of your insights.*

This is how it has to be, because I would not like to see the value of thoughts reduced or removed from the place they occupy within life's plan on the other side. They can help those that foster positive thoughts to control the things that take place around them.

(Comment: This answer by the SPIRIT GUIDE is of utmost importance. Physical matter *limits* thoughts. The spiritualist *expands* his experiences and his knowledge by concentrating on a substance that is not common place. This is the reason why his thoughts can *jump* the boundaries of the physical world. Only those that endeavour to expand their knowledge beyond the physical limitations can lift their thoughts beyond the mundane.

This here is obviously the reason why atheistically minded people reject spiritualism. Atheists' thoughts can consequently not emerge from the limitations of the physical. They can therefore not comprehend that intelligence can be effective without the brain. Only the intensive dissemination of this knowledge can help to change this situation in the future.)

July 1966

About Mother Nature (A message from the SPHERES of LIGHT)

Well, Mother Nature does not err. You make a great mistake if you believe that Mother Nature also makes mistakes. Mother Nature obeys certain LAWS, but the unfortunate fact is that these LAWS do not stem from just *one* SOURCE. This is the reason why you have to accurately discern whether Mother Nature obeys *divine* or *satanic* LAWS. – Mother Nature is very obedient. It absolutely listens to the INFORMATION given by GOD, by the CREATOR. But the ANTAGONIST and his ORGANIZATION is constantly at work to interfere with this divine INFORMATION.

- *You have no concept of the enormous effort and attention it takes to supervise and to protect the divine INFORMATION within Mother Nature.*
- *Your theology makes the great mistake of assuming that there are no longer any other co-creators next to the almighty CREATOR. Like everything else – universal creation consists of a duality. The opposing DUALITY is unfortunately negative. Mother Nature is therefore also subject to the laws of duality.*

You will be able to immediately discern this duality when you intently observe fauna and flora. It is also engaged in the battle where the negative *attacks* the positive, intent on destroying it.

- *This duality has been elevated to a LAW in Mother Nature. – This is the reason why it is a matter of course that next to the here and now, there is also a hereafter. Next to matter there is also anti-matter and next to light also darkness.*

This is why it is difficult for us to comprehend that you are *not* willing to acknowledge this duality between the here and now and the hereafter. You *disavow* the hereafter. – This behaviourism is akin to wanting to dispute the existence of light next to darkness.

The existence of a spiritual realm is so self-evident that there should be no doubt whatsoever about it. All doubts are therefore nothing else but something *preposterous to nature*. Human beings are also subject to this LAW of DUALITY. They too consist of spirit *and* matter.

The spirit, in all its forms of appearance, like ASTRAL BODY and ASTRAL LANDSCAPE etc. naturally dominates in the realm of the spirit. Matter, as an opposing polarity, dominates in the physical world whilst the spirit *steps back* a little. This is of no great concern to the soul, because it can *consciously* exist in *both* worlds.

Philosophers and scientists, determining the direction mankind takes, have drawn the *wrong* conclusions from the behaviourism of living creation. Living creation, in its fight for survival, is indeed very cruel at times and the stronger, the fitter survives the weaker, but this behaviourism may and *cannot* be equated with mankind.

- *Terrestrial human beings do not have the right to pattern their own behaviour on that of fauna.*

Man's fight for survival does not require fauna's behaviourism. Besides, a human being has a *different* goal and also a completely *different* assignment. So when philosophy, this includes *Dialectic Materialism*, uses fauna's behaviourism to justify man's behaviourism, it is making an

enormous mistake – well, *more than that*, it commits an insanity!

Mankind *cannot* be equated with the rest of living creation. Man is such an eminent being that this equation is a blasphemy, whichever way you look at it. Man is a co-helper and beneficiary of divine creation – and this is all that has to be said.

Questions and answers

Question : Almost all human beings would like to be something special. But when they cannot achieve this, they often pretend that they are. A strong will hides behind this, namely to be *more* than anybody else. How do you see this problem?

ARGUN : The soul continues to pursue this goal in the hereafter also. But if the will is *positive*, the soul is on the right track. But if the will is concentrated on negative goals, people will invariably take retrograde steps.

Question : There are some people with a strong sense of calling. Can you please tell us *when* someone is really called upon?

ARGUN : When they possess a special ability and when they know how to utilise it in a *positive* way. When they stay in the background and exercise their calling *in spite of this*.

- *There are however a few cases where a human being, because of his or her abilities, is directly contacted by an ANGEL who will summons him or her to fulfil a great MISSION.*

This is a rarity, but certainly not a fantasy. This is how prophets were called upon. – But cold science will not have a bar of this.

August 1966

Question : What do you make of the practice of hanging or visibly displaying photos of departed relatives?

ELIAS : We are not opposed to having the picture of a close relative displayed *for a while* after his or her demise.

- *But we warn you against this cult. These photos attract other souls. But these are not always good souls. The influences of these otherworldly should not be underestimated. This can have dire results.*

It is better to leave these mementoes in an album or in a drawer. Visible displays should be avoided if possible. This also applies to close relatives.

Question : And how is it with pictures of *Saints*?

ELIAS : These pictures belong in a devotional room. But you can certainly display a picture of CHRIST in your home. That is enough. To have too many portraits hanging in one room *perturbs*. It can lead to disharmonies.

- *Pictures of Saints in fact do not just attract good spirits, but particularly those that hold a different opinion and like to attack.*

Questions and answers

Theme: The power of thoughts

Question : We would like to deal with the theme of the *power of thoughts*. Is this alright with you?

ELIAS : This is alright with us, but I have to tell you right away that this theme is so *enormous* that we will run out of words. The power of thoughts is so *absolute*, that it can contradict every law of nature. People invent concepts like: Length, height, width and also dimension in order to make the abstract comprehensible with the help of physical concepts, but the most abstract thing that actually exists are thoughts. But the most essential cannot be explained at all with the help of any language.

Question : Where are thoughts produced?

ELIAS : Thoughts are *not generated at all*. They are simply there. They are a divine fact. Thoughts are utilised, formulated, modified and converted into vibrations. Thoughts consist of permanent IMPULSES that resonate in the universe. Thoughts are a divine function. This is why thoughts are omnipresent and eternal. They are an unlimited SUBSTANCE and found throughout the universe.

Question : How are thoughts converted into vibrations?

ELIAS : Through somebody's *will*. One's own will belongs to the soul and not to the brain. The souls sends an IMPULSE. This makes the THOUGHT ENERGY present in the universe begin to OSCILLATE. – I know that all of this is very difficult to correctly comprehend for you.

- *The energy of existing VIBRATIONS, ergo OSCILLATIONS, on Earth is reduced the further they distance themselves. The opposite applies to THOUGHT-VIBRATIONS, they actually increase, that is to say, their oscillation rate rises.*

This is only possible because THOUGHT-SUBSTANCE is spread throughout the universe. This is how you make immediate contact with your memories, because they are *not* stored within you, but in the universe. You focus on them and the thought with the memory is instantly here. Time is not a factor here. Your will is the driving force. The will is your *ego-consciousness*.

- *You think in concepts, words and pictures and all of this is located within the cosmos. Your consciousness is therefore also located there. This is why consciousness is immortal. Only the brain's ability to locate them can be diminished or extinguished. But once the soul has separated from the body, it can manage without the search capability of the brain.*

Question : There are cases where people's consciousness is disturbed. What is the explanation for this?

ELIAS : The brain is a relay. It mainly serves the purpose of controlling the physical body. It controls all physical functions and it distributes ENERGIES.

- *It is also the brain's function to maintain the correct, individual FREQUENCY of the soul during all conscious activities. All messages are received on this personal FREQUENCY. It facilitates the individuality of the soul, respectively of the ego-consciousness.*

The way you can record words on tape, the cosmos records all your thoughts and conscious processes on a specific FREQUENCY which is then at your disposal.

- *This FREQUENCY changes from reincarnation to reincarnation. This is the reason why the opportunity to access other FREQUENCIES, past FREQUENCIES is lacking.*

Physicians nonsensically research in the wrong direction; because consciousness with all its memories is *not* located in the brain and it is therefore *not of a physical nature*. A disorder within one's consciousness is always due to *a failure of one's locating capability* or a FREQUENCY SHIFT.

- *All insanities are due to a failure of the correct thought location capability, a disorder in the locating and receiving of cosmic thought vibrations.*

There are two possibilities:

1. Insanity can be due to *brain damage*. The brain can then no longer control the FREQUENCY of its own thought vibrations. –
2. It can also be due to unknown influences (*Possession*). *Otherworldly souls* make contact with living human beings in such cases. This can bring about confusion.

(Comment: The theme we are presently dealing with puts us at the forefront of scientific research. We thereby underline the name we gave our mission: "*Psycho-scientific Research Group*".)

Question : Do thoughts develop within the brain?

ELIAS : Thoughts are a *cosmic process*. Imagine yourself sitting in front of a television screen: A live broadcast shows current events immediately before your eyes even though you are miles away from where these events take place. Thoughts have a similar relationship with your brain.

Question : You said that the brain represents a relay. How does this relay work?

ELIAS : The main assignment of the brain is to *regulate the nervous system*. It constitutes the connection between one's will and one's body. One's consciousness is *not* in the brain, but – as I mentioned before – *in the cosmos*. The brain is only a kind of "television screen" or a "radio receiver".

- *A brain can be ill or partially destroyed. All of this has nothing to do with the soul. But when this is the case, the soul can no longer reliably communicate with the brain.*

The brain's reception capability is subject to interference.

The brain must naturally censor all it receives from the cosmos. It just depends on how this censure takes place. This happens faster than the speed of lightning. The brain relay must carefully sort these thoughts. Everything has to be correctly arranged. A lot of it would hinder and interfere. It is restrained.

(Comment: ELIAS is indeed an individual SPIRIT GUIDE and TEACHER, but his statements are backed by a TEAM of scientists that received further education in the spiritual realm.)

Question : The brain ceases its functions when people die. What happens then?

ELIAS : The process goes like this: When you awaken in the spiritual realm you have the feeling of being *omniscient*; since the experiences from many past lives (reincarnations) are once again at your disposal, because FREQUENCIES are *considerably expanded*, that is to say, they are *no longer* restricted to a *specific* FREQUENCY by the physical brain. All experiences gained during many centuries, well actually millennia, are now streaming towards you.

- *It may then seem to you that you only dreamt the most recent life. A dream wherein you only registered things very vaguely. But everything is suddenly as clear as never before. That is at least the effect you will experience upon awakening.*

(Comment: We have a very precise statement here, something that is a bit of a rarity. It is of enormous importance for the Church and the sciences. This whole mystery of life and death is revealed here.)

Question : If the brain of a living human being cannot correctly maintain its FREQUENCY one has to assume that memories, respectively fragments of past lives, can appear interferingly within a person's consciousness. Or?

ELIAS : Yes, that's right.

- *Little children's consciousness FREQUENCY CONTROL does not work reliably also. This is why they fantasise often. These fantasies are in relation to past lives. They later lose this insecurity and gain control.*

(Comment: These statements are also extremely important. We ascertained the fact that so-called "infant prodigies" lose their sensation causing abilities with advancing years.)

Question : Controlling and sorting thoughts therefore takes place through the brain relay or is this process also cosmic?

ELIAS : This process is *not* cosmic in people living on Earth. It takes place on a physical level, because people live in a physical world.

- *But THOUGHTS and MEMORY VIBRATIONS are reflected into the brain. If there was no control of these FREQUENCIES all of mankind would be crazy.*

Question : Psychiatry is aware of patients that complain about a deprivation of thoughts. It is true that otherworldly souls have a hand in their deprivation of thoughts?

ELIAS : This happens. Otherworldly souls can have a relatively strong influence on terrestrial human beings.

Question : Science has methods and instruments that enable it to measure the impulses of the brain during its mental activities. Is there something to these recordings?

ELIAS : We are dealing with agitation impulses in the brain while it is sorting and controlling cosmic THOUGHT VIBRATIONS. These recorded impulses can however *not* be transformed into spiritual VIBRATION, they only give evidence of an agitated or less agitated brain activity.

Question : Can you tell us something about the lie-detector they use in the USA?

ELIAS : This detector records impulses coming from the brain. If a lag in the thought process takes place or if the fear of being caught telling a lie creates an agitation, the normally consistent line changes. We are however *not* dealing with the recording of thoughts. It is recording the mental state.

Question : How do you assess the validity of this lie-detector if it is used in court proceedings?

ELIAS : We declare that its application is *unsatisfactory*. The fear to be branded a liar makes the line go up or down. But this can also happen when one has a bad memory. People unable to correctly control their thoughts, who are nervous and insecure, can become victims of the lie-detector even though they are *not guilty*. Thoughts must be systematically ordered. This is up to people's intelligence. An ill brain will have difficulties with it and will find things harder to remember.

Question : Do human thoughts have power over physical matter, the way they would like to verify this in the USA?

ELIAS : Yes, thoughts have this power, but not everyone has it. The Frequency of human thoughts can be raised to a degree where they can exert an influence on physical matter. An intensive will is *not* decisive. A *subconscious* thought can be *rather more successful* than a *tense* thought, stolidly directed at a target. Constraint interferes with control anyway.

(Comment: This answer explains the kind of phenomena produced by fakirs.)

Question : Are the enormous accomplishments in antiquity connected to this? Antiquity mastered great constructions with the most primitive of means.

ELIAS : Yes, these people knew how to think *collectively*. It is a case of bringing their thoughts to oscillate on one single FREQUENCY.

- *When one hundred people think on one FREQUENCY, they can abrogate gravity.*

January 1967

Question : Why do we know where the spirit goes to – but *not* where it comes from?

Answer : You unfortunately use very *imprecise* concepts, for instance the “OTHER WORLD” or the “NEXT WORLD”. All of life is a life with *infinite* GRADUATIONS. All of you are already in a “NEXT WORLD”, on an “OTHER LEVEL”, because you have absolved an incredible number of LEVELS already. You are in the midst of universal life, however presently on a *carnal* level (reincarnation).

February 1967

Question : Is it important to concentrate very intensely when praying?

ELIAS : *This is absolutely wrong*, because *subconscious*, that is to say none-concentrated thoughts and imaginations in particular, have the greatest range and penetrating power.

But it isn't really necessary for a prayer to have to travel a great distance. It is quite okay for the prayer to be apprehended by one's personal GUARDIAN ANGEL – and this GUARDIAN ANGEL is always in the immediate vicinity.

Question : Can one give Nostradamus's forecasts a certain credence?

ELIAS : To some extent certainly. Many people find it possible to gain a view into the future. But things that intently head in a specific direction can be redirected in a different direction through energetic intervention. *This applies to all prophecies*. One projection arises from a whole series of prerequisites. One does however *not have to* travel along this road, but one *can*.

March 1967

Question : What does the spiritual realm understand under the term perfection?

Answer : You *remain* an individuum, because you bring latent qualities with you that are an expression of your development. The more you grow, the more your expressed self comes to the surface. This means that more perfection becomes visible, because the *nearer* you move towards the GREAT SPIRIT, the *more clearly* it becomes apparent.

- *If perfection was a finite process, you would merge with GOD at a specific point in time.*

But the process of development *is infinite*, because the more you develop over time, the more you recognise that you *still have to develop further*, with the result that you become more *individualised* over time.

It is impossible to gain perfection during one single life time. This is one of the reasons why man's individual development runs through an unimaginably long period of time. Human beings climb ever upward from one life to the next. The world the way it is today is a part of your own self.

April 1967

Question : As we know from you, man has his free will. How is this with animals?

ARGUN : Animals have their free will *also*. But don't forget:

- *An animal is not a human being. – An animal is not asked to give account, but people are! People can therefore not come to the wrong conclusions when looking at animals' behaviourism.*

Man is not allowed to do the things animals do by a long shot. Man is placed *higher than* animals and it is man's assignment *to protect* them. But what actually happens? – Think about it!

Question : India is in the grip of an incredible famine. As thousands of "*holy cows*" uselessly vegetate in the countryside, respectively in this area, one attempted to slaughter them, but religious fanatics revolted against that idea. What does the spiritual realm have to say about such religious behaviourisms?

AREDOS : *As far as we are concerned there are no "holy cows".* – Religion spread this nonsense for many, many years. You cannot fathom this fanaticism and even less so this enormous mistake. But Christians, as well as Jews and other religions, are not different in their own fanaticism, *in spite of this*. Religious dogmas, respectively mistakes are *also defended*. Those intent on getting rid of them are persecuted, pilloried and treated like heretics. There is no difference there. These dogmas also represent "*holy cows*" to you. You also parry all attempts to "*slaughter*" them. The mistakes in the Bible are virtually covered by a heritage protection order.

Question : *Black magic* utilises a form of thought concentration that is directed at other people with malicious intent. Is it really possible for such thoughts to cause damage?

ARGUN : If you believe in GOD you are protected by your GUARDIAN ANGEL. The situation is different with atheists, because due to their negative behaviour, their PROTECTION is *more relaxed*. It is in your hands to create a WALL. I can see that this has already turned into a small mountain. We endeavour to stand on top of it and to throw more sand on to it.

- *The best PROTECTION against negative, occult influences is brotherly love. Everything bounces off it if it is genuine.*

Brotherly love actually also represents a bridge between the here and now and the hereafter. But you have to know that the foundation of all LOVE is the LOVE for GOD. No other form of LOVE can endure without this foundation of LOVE.

May 1967

About the truth

Well, the most important question is: *What is truth?* – One assumes here on Earth that this question *cannot* be answered.

This is incorrect!

There is *objective* truth and it is capable of enlightening all of terrestrial mankind. The fact that the question about the truth can allegedly not be answered is mainly due to the battle the truth has to fight against aberrations. The average terrestrial human being is absolutely incapable of getting an overview of this battle. It is unimaginable in all its details.

Theology didn't just come on the scene yesterday. It moves along ancient, solid tracks, even though these tracks run in the *wrong* direction. It is subject to an old, hard and fast *tradition*. But even if the truth arrives, even if it comes directly from the SPHERES of the HIGHEST INSIGHTS, the tradition will *not* change and the fixed tracks neither. It will be looked upon and declared *hostile*. It will be *combated* and *suppressed* with all available means, because one would not like to change the direction of these tracks.

A lot of people find this incomprehensible. One asks, if one is really dealing with the *objective* truth it would sure have to be immediately recognised as such?

This is incorrect!

It is unfortunately *regarded an aberration*, because it *doesn't fit in* with eternalised dogmas and opinions.

As terrestrial human beings are refined, respectively reincarnated from time to time, they have anchored this *tradition of eternalised aberrations* within their soul for millennia. They find it difficult to find their way out of these false thought processes. The things they hold near and dear *today* they held near and dear in *exactly* the same way during a number of past lives on Earth. It continues to crop up over the course of every new terrestrial life. An *adored* aberration is hard to give up, because it has existed within man's soul consciousness for *too long*.

A lot of lifestyles and regulations are founded on specific mistakes. These are classified as "insights", even though that's not what they are. When a theologian for instance finds out that his adored miracle isn't quite correct, that it has a different, *logical* explanation, he feels deeply affronted and might even believe that a blasphemy has been committed. He might not be content with his own conclusion, but becomes fanatical and attacks the truth.

- *All the many dogmas, unchanged for millennia, have placed terrestrial mankind in iron fetters. The truth challenges all fanaticism that smoulders just under the surface.*

But the truth has a much, much more difficult time than an aberration *protected* by the state, by science and theology, because it *cannot use raw* means to fight against them. Aberration however has *force at its side*, because it cites many passages from the Bible, like for instance "an eye for an eye – a tooth for a tooth!"

The truth does not receive any support if it speaks out against vices. One withdraws all financial support so that it will simply peter out. You should therefore not be surprised that there are still such terrible wars waged here on Earth; they are the immediate result of *false dogmas* and *irrational, false insights*.

Where there is a lot of light, there are also many shadows. This is why theology will always refer to CHRIST'S words, namely when he talked about "*false prophets*". But false prophets were around in biblical times also – and one still gives them credence even now!

Questions and answers

Question : This year stands under the influence of planet Mars. Does the spiritual realm have enough influence to conquer the negativity from this astrological event?

ELIAS : The bleak times are over now, you are in the blissful month of May. You should no longer feel despondent, allow your heart to beat faster. I know that many of you are querulous about the fact that shots are still fired here on Earth. Please don't be depressed, because a new spring will delight you.

- *Stars do not force things, they only make one inclined to do something. – Therefore do not allow yourselves to be inclined to do things, but offer resistance. – Those that have reached a higher spiritual lever will no longer be influenced by the stars.*

I know that you think that it is easy for us to say so. A lot of comforting words and no action. Well, those that think like that are *wrong*! Something does happen. Positive things are afoot. They partially find their way through the world's press. Where and when have newspapers ever released *positive* reports about supernatural phenomena? – This is however possible these days. Even if these reports are sometimes like this and sometimes like that, elucidation has already begun. An important theme is presented to mankind. Once these insights have really managed to break through, people's behaviourism will also change. This is a considerable step forward.

July 1967

Question : One was able to photograph fairies and gnomes in *Yorkshire* in 1920 and this five times. How can one repeat this?²

AREDOS : These were also *materialisations* and they were geographically and climatically supported. The Gulf Stream provides England with a lot of OD energy. Manifestations are more of a possibility there. This is why there are also a lot of spook phenomena there.

Question : What does the spiritual realm understand the concept of "intelligence" to mean?

ELIAS : Intelligence is a collective term. Everyone can be very intelligent in regards to a specific field of knowledge, but everyone can also be a complete failure in lots of other fields of knowledge.

- *One cannot assume an above average intelligence from one single act.*

Intelligence is generally known as the ability *to think fast and logically* and to develop initiative. But classifying the acquired knowledge in order to apply it meaningfully is the decisive factor. A person can possess a lot of spirit and have everything correctly classified, apart from the things that are of *no* interest to him or her. This person will however *not correctly* classify these things. If asked about specific things, this person can give the impression of being unintelligent – in spite of possibly being enormously

² See the report by Professor Werner Schiebeler titled: "Elves, fairies, gnomes, do they exist in our world?"

intelligent in certain other fields of knowledge, fields of knowledge nobody would have assumed they would have any great orientation of. This only happens due to the correct classification of thoughts.

(Comment: We hear from our spirit TEACHERS over again how extraordinarily schooled they are in regards to psychological questions. These SOURCES are hardly available to the sciences, because they *sneer at* and *discriminate against* them in an unequalled fashion. This truly does *not* indicate a correct classification of things and *also not* a general intelligence either.)

August 1967

Question : A lot of people adore pets, like for instance cats, dogs or birds. Does the human love shown these animals have an influence on their development? They are often also genuinely mourned.

Answer : There is no border between physical matter and spirit, because each part has a relationship to every other part.

- *Physical matter is just one aspect of the spirit.*

There is no beginning and no end for the spirit. Life is a continuous, constantly unfolding and developing process. You, as an individuum, have a beginning, but the spirit you are an *individual part of, always existed*. This spirit was always present and will always be a part of life. The spirit governs through all aspects of life.

People's LOVE naturally has an influence on the continuing development of an animal's spirit. This however doesn't mean that it is kept from those animals that do *not* experience human LOVE. Human LOVE however *accelerates* the process of spiritual development. Their development might be raised higher by two or three levels. LOVE awakens and promotes abilities that will then come to the surface. Their consciousness is *exalted* in this way and made *more human like*, something you can observe with intelligent German Shepherds.

- *LOVE is a creative virtue that can accomplish an incredible lot. It can help to make another creature similar to what you are. This is how a distinctly recognisable personality can be developed.*

The basic content of this knowledge consist in the fact that you constantly participate in the process of eternal creation. I continuously emphasise this. If mankind is interested in helping *other* creatures to also develop higher, it changes its *own* nature in the process, that is to say, it becomes *more mature* and *more positive*. LOVE for an animal can be a precursor for the brotherly love one missed out on.

One should keep an eye on this path. The way we try to help you with your development, you can *practise this on other creatures*. A higher spiritual development enables every being to gain access to HIGHER SPHERES, which represent higher spiritual LEVELS anyway, and it matter not whether one is dealing with people or animals.

Question : The possibility therefore exists that one can catch up with one's deceased pets in the hereafter?

Answer : I know that many animal lovers are extremely interested in the answer to this question. This is certainly possible if the LOVE between man and animal is based on *reciprocity*, unless the animal has already re-embodied.

- *LOVE can bind an animal to a person to a degree where the next incarnation is deferred.*

September 1967

Question : Science doesn't shy away from keeping a human head alive with the help of certain equipment. What does the spiritual realm say to that?

ELIAS : We absolutely reject such experiments for ethical and religious reasons. Even though the seat of the soul is not in the brain, an inter-relationship between the soul and its physical brain does exist. *The brain is accurately tuned to the soul's FREQUENCY.* This is the decisive factor the sciences are unaware of.

The brain as a computer, as well as a relay station, offers the soul the opportunity to express itself. This connection is so powerful that for as long as the brain still functions, the soul *has the impression* to still reside in the brain and to sit here, even though the CENTRE of your soul is *outside* of your body.

- *The SOUL'S CORE is actually found outside of the body. It represents the most important component of human beings. The CORE of the SOUL contains the ego-consciousness and fosters the individuality of a person.*
- *The SOUL'S CORE must also not necessarily be tied to a memory. Human beings are born as infants with this connection to the SOUL'S CORE. They will develop their memory later.*

It is not as complicated as you assume:

- *The ASTRAL BODY is connected to the physical body during one's terrestrial lifetime.*
- *The ASTRAL BODY is not the soul.*
- *The soul is the ego-consciousness and contains feelings and perceptions.*
- *The soul is the sum-total of experiences plus the ASTRAL BODY and the physical body.*
- *The soul is divine, as it stems from GOD. (... made in HIS image!)*
- *The soul is immortal, because GOD is also immortal.*

October 1967

Question : A lot of people cannot understand why there has to be so much suffering here on Earth. What do you say to the problem of suffering?

Answer : Because of their spiritual backwardness, it is only natural that terrestrial people cannot understand suffering. Suffering is an *essential part* of the divine LAW. Even those that are *victims* of suffering – even if they do not admit it – suffer, because they have *trespassed* against the LAW in one form or another.

- *The LAW states that backward souls do not learn without experiencing the kind of suffering that is suitable to awaken their understanding for a lot of things.*

There are *also other* paths of refinement. It *mustn't* always be suffering. Mental and physical suffering can however not be generalised. But those that want to reach a *higher goal* may not shy away from walking through fire.

November 1967

Question : What do you in the spiritual realm understand the concept of “education” to mean?

ELIAS : Education isn't simply there, it must be formed from some material; ergo some artful, harmonious development must take place. People must therefore accumulate knowledge within themselves and then compare this knowledge with their experiences.

- *People can however be easily overeducated, particularly when the acquired knowledge isn't correct.*

Knowledge, that is to say, education *cannot always* be equated with ability. A knowledgeable person can often be *unskilled*, something that is often the case with academics. Many a concept has to be revised, but a lot of concepts should also be assigned to other fields of knowledge. Human languages are *not reliable enough*.

- *One can talk of education when the acquired knowledge and life's experiences, in connection with a good feeling for one's fellowmen, harmonise.*

Education comes from educating – one has to strive for a completed picture, one that can be clearly recognised by everyone.

- *But it is as if the signature was missing at the bottom of a picture when the education of the heart is lacking.*

Question : What circumstances hinder people the most from developing higher?

ELIAS : It is the constant *battle with time*. In contrast to our own attitude, you believe that you have *too little* time at your disposal to pursue your own interests. This is due to the fact that you do *not* believe in your *conscious* survival after death. I don't mean you here in this circle.

Question : We found out that the SANTINER are supposed to have larger space-stations in space. This assertion is often doubted. Why this scepticism?

ELIAS : This is incomprehensible, because such space-station have been planned by terrestrial

human beings for quite some time. They already exist on the drawing boards of the Russians and the Americans. One consequently doesn't *want* to believe that there are also *other* humanities *besides* terrestrial mankind. There is absolutely no reason for this arrogance.

- *The universe is incredibly large and life within correspondingly too.*

The best space-station design is the American model that represents a rotating ring. Your technology is enormous, but it often went in the wrong direction. You sometimes started at the wrong end.

- *Water is the most important element, it can be transformed into different forms.*

Question : Do our space research experiments actually make sense whilst there are still so many unresolved social problems?

ELIAS : We wondered about that ourselves and so do the SANTINER. This is *one* reason why they think that you are *immature*. Terrestrial mankind is filled with an enormous sense of discontentment and restlessness. Terrestrial mankind fritters its energies away by starting new assignments *before the old ones are solved*. - This is illogical!

Question : There are people that have a habit of talking to themselves wherever they are. What is the reason for these loud soliloquies?

ARGUN : This is linked to their great discontentment. These people feel that nobody understands them, well they actually do not understand themselves. In order to vent their discontentment, they are engaged in a constant battle with themselves. The reason here is also *disharmony*.

Question : Can you tell us something about conceit? Conceit seems to appear more and more, even though there are no real reasons for this.

ARGUN : Conceit is a *very negative* occurrence. Some people lose their conceitedness, particularly when it has to give way to *better* insights.

- *People with real abilities are not conceited.*

Conceitedness in people is a sure sign that they are still negative, even if they are successful in their professional life. Conceitedness is designed to cover a displeasing gap in their behaviourism.

December 1967

Question : The fact that conceit appears mainly in so-called *educated* circles is strange. What are the reasons for this?

ELIAS : Conceit is the absolute sign of *imperfection*. Those that suffer from it use it to *cover-up* their shortcomings. They easily succumb to hatred, because it represents evidence that they cannot be friendly enough towards their fellow human beings. – But almost all human beings are practically imperfect. There is really no reason for someone to make

themselves unpopular through conceited practices because he or she feels an inner superiority. One should always remember that conceit *hurts*. Those that intent to hurt others are *negative*.

Question : Why do so many people shy away from religion?

ELIAS : A lot of people know that they *could* and *would* believe if they had the slightest evidence that this belief is *really* correct. But they make *no effort* whatsoever *to find* this evidence. If such evidence proclaims itself, they *fearfully* turn away, because they sense that it would mean that they had *to change*. The will to sin and to succumb to vices *outweighs* all other considerations.

Question : What would the people looking for a speck of evidence have to do to receive this evidence?

ELIAS : Above everything else, they have to *take the time* to make an effort. Literature offers a number of pieces of evidence, but they could also take an interest in psychic evidence. Above everything else, they would have *to learn to think*.

Question : Our experience tells us that people believe to have nonsense in their hands when they pick up a *spiritual textbook*. Why is this so?

ELIAS : Almost all of these books want *to force* something on people. The intention to instruct them would have to remain hidden in this case.

Question : The people that go to Church are already looking for the truth. But these people are inwardly full of doubt. How can one remedy this evil?

ELIAS : These people already sense that there is a HIGHER POWER that reigns over everything. These people have blind faith and they lack logic. One will be unable to convince them with facts because of this lack of logic. They would simply say: "This is way over my head."

- *Critically and logically minded people are far better objects in regards to healthy truths.*

Question : What do you make of religious meditation?

AREDOS : All meditations *promote* one's intellectual capacities. This is a very important matter and *it should be included in all school curriculums*. But the subject for these meditations should not be taken from the Bible, because it isn't correct in many respects. People can however set themselves more eminent themes to then seriously contemplate them, like for instance *brotherly love*, but also *hatred* and all the *many shortcomings* one can observe in others. One should then control whether one does not also have the same shortcomings oneself that have to then be combated. These should be the ground rules for one's meditation exercises.

- *One should also contemplate the fact that people and their thoughts are never alone, that they have a constant AUDITORIUM MAXIMUS around them that always listens in.*

Question : One hears about so-called poltergeists every now and then, something the sciences do not want to believe in. What kind of phenomenon is this?

AREDOS : The spiritual realm endeavours to utilise every opportunity to get noticed. The spiritual realm wants to convince you that human life does *not end* with your disembodiment, but that a very important period in one's life begins again after one's so-called "death".

Messages from our REALM are oddly enough given only little attention to. This is why sensations must be staged. But as *baser* spirits possess more powerful *physical* energy for this, they are the instigators of such phenomena. They are naturally amused when they see the way you react to them. But they are also subject to limitations.

It always causes a great sensation when major damage or gross mischief mysteriously happens somewhere. But one is *completely disinterested* when a different, more valuable phenomenon takes place – like for instant a REVELATION. This is why HIGHER SPIRITS tolerate spook, because it does draw people's attention to the supernatural.

Question : A serious number of spook phenomena took place in Switzerland this spring. After one ascertained that things were not as they should have been, newspapers began to report about it. What impact will this have?

AREDOS : Even when the best of these kinds of phenomena took place only a few years ago, one was not willing to declare that they were of a supernatural nature. One made it very easy for oneself by saying that it was only a confidence trick. But one has excellent technical means at one's disposal these days to get to the bottom of this subject. Tape-recorders and transistor microphones accurately record spook. One can therefore no longer talk about deception.

One now falls prey to a different excuse: One suspects the *subconscious* of the mediums affected by puberty. The medium is not supposed to be aware of the magic powers of its subconscious. Young people however like to cause mischief. This is surely the way it had to be. – This is the *dumbest* definition we have ever been confronted with.

- *The subconscious of a living human being has absolutely nothing to do with it, only the psychic ENERGY of a terrestrial human being has. It is however particularly strong with some adolescents, predominantly whilst they gain sexual maturity. That part is certainly correct.*

University taught sciences are not prepared to *suffer a loss of prestige* by having to admit that their school taught knowledge has been so terribly wrong in the past. But the time will come when one *has to* admit the truth. – The situation is very similar in regards to the phenomenon of *flying saucers*. One does also not like to admit this fact either, even though *hundreds of thousands* of people were able to observe this phenomenon all over the world.

Question : Do we therefore have a false notion of the subconscious?

ELIAS : I still have to clarify a few things about the subconscious: The subconscious isn't just a depository for negative things. It is actually a depository for all the things the conscious mind *can* or *will* not deal with. The subconscious, that is to say, *all* of man's consciousness is cosmic, ergo within the universe.

- *But as anything negative is mostly part of the things one likes to discard as something disagreeable (external negative influences), it is supplanted into one's subconscious – there are therefore more negative than positive things deposited there.*

The brain functions as a relay, we know that. One's conscious mind as well as one's subconscious reside in the cosmos and are located by one's will via the brain relay. The FREQUENCIES are different. Imagine your conscious mind for instance on "FM" and your subconscious on "UHF".

- *The conscious mind is controlled by the will, whilst the subconscious is not subject to this control.*

One was able to ascertain this and this is why we have the separation of these concepts. The subconscious accepts everything and regards everything as real. This tells you that the subconscious can never be made responsible for any spook, because it isn't controlled by the will. But an *unintentional* spook phenomenon, that is to say one without a determining will, *does not exist*. This would be illogical! The conscious mind is the *controlling consciousness* that examines everything according to its own logic. There is also logic in spook.

Question : What takes place when I try to remember something and search my memory for it?

ELIAS : When there is a gap in one's memory there is actually a gap in one's ability to locate things. One will achieve better results by thinking in a casual manner, because strained thoughts hinder the locating process.

- *One will achieve faster results when one is relaxed. One can penetrate the depths of the subconscious deeper in a relaxed state.*

One has to bear in mind that the things you grasp *optically* will also reflect in your mind *better*. When one finds oneself in the same situation as when the thought arose, the memory will return *easier*. It is a kind of "localised appointment".

Question : Can thoughts be tied to locality?

ELIAS : Yes, this happens. It can happen that when you enter an unfamiliar room for instance, that you experience an uncomfortable feeling. Events are reflected here that could have taken place many years ago. But these could also be *good* reflections that trigger a *pleasant* feeling. Certain VIBRATIONS emanating from people can *anchor themselves in matter*.

Question : Do you believe that one can reach HIGHER SPHERES through the lengthy study of the *Menetekel*?

Answer : *Never through studying alone!*

Studying however can bring about an *improvement* of one's character and one's latent positive talents. When the reader has amassed and *comprehended* insights, he will work on improving himself, will constantly contemplate these insights and gain control of himself. He will judge *more carefully*, *develop* his *LOVE for those next to him* and understand a lot of things *better*. All of this then offers the opportunity *to prepare* oneself for a HIGHER SPHERE. This success cannot be recompensed with money.

January 1968

About fear

Question : You teach us that we should *not* be afraid. But there is great fear amongst people these days in spite of this. Is fear one of the characteristics given to us for our terrestrial life's journey?

Answer : People's fears were *born out of superstition*. It is a remnant from the early days of development, when primitive man could not yet comprehend the processes of nature. They endowed nature with powers that were "supernatural" in their opinion. People were afraid of the dark, but also of the sun, storms, tempests, thunder and lightning. They felt anxious about natural events, because they could not meaningfully explain them according to available facts. This fact is still valid these days, namely: *Everything that is occult is feared*. But you are no longer people from such a primitive period of time!

You brag about being highly civilised and that you have gained a high level of rational knowledge. It is therefore quite strange – why should *you* be afraid – because you are after all aware that you are *a part* of the divine existence, that you are involved in the process of the universe's development, that you possess some of the ENERGY that created the whole universe and gave it direction and purpose. – Human beings possess a part of the POWER that fills the whole world and all it contains. Why should you be afraid when you *know* what you are and what you could be? – No, fear is not appropriate, because it makes you *unhappy* and that will never do!

- *You should live in the light of knowledge and cognisance. You should satisfy yourself that your soul is immortal and that nobody can hurt it or destroy it, because eternity is and will always be within you.*

Terrestrial hardships are not able to kill your soul. This is why no war can really harm you. You can certainly lose your physical body, but you have to relinquish it one of these days *anyway*, because there is an end to every human being's terrestrial existence. But your *consciousness*, your *memories*, your *mental gifts* and your *sense of being* continue to work in a new VESSEL, one that is inviolable and *eternal*.

The fears in this world are *created* by people who live in great ignorance. They threaten you in order to make you pliable and exploitable in every possible way. They do however know that HIGHER KNOWLEDGE takes this power away from them. This is why they forcefully turn against all spiritual insights by *disowning*, *deriding*, *persecuting* and portraying them as *utter nonsense*.

Do not allow yourselves to be influenced! – The truth will *take away* your fears and it promises you a *worthwhile* future in many regions of the universe. If there is talk of fear, fight against fear by fighting those that want to keep the truth from you, those that want to *persuade* you to simply accept their views, because they live an *ungodly* existence.

Spiritualism is not darkness, no occult subject nobody knows anything about, something one only has an inkling of. Mankind on this Earth has *thousands* of opportunities to delve into GOD’S REALM right from here on Earth.

We do not reject you, but endeavour with all our might *to teach* you so that you *know* what’s ahead of you. You can make yourselves a travel guide and an atlas that will give you a clear picture of the future that awaits *everybody*. – But there are also deserts and forlorn places next to the beautiful places, place you can avoid if you arrange your life here on Earth accordingly. Put an effort into your development, because you will *require* a certain level of maturity!

- *By accepting the truth, the whole world could live without fear and in peace.*

Questions and answers

February 1968

Question : Are political events on our Earth co-determined by *astrology*?

ELIAS : The stars have an influence on certain processes on Earth. It is however *wrong* to blame everything on the stars’ emanations. Stars can indeed influence people, but people are *never* coerced into anything by the emanations of the stars.

- *A solid character can also prevail against astrological influences. It is easy to blame the stars for all human failures.*

Question : Ignorance in regards to spiritual things is dismaying. Is there actually a chance that terrestrial mankind as a whole will ever gain HIGHER INSIGHTS?

ELIAS : The SPIRITUAL BATTLE is in full swing. This however also means that an end is in sight. This will open the eyes of a lot of people. There are already a great number of people who are aware that they have not been correctly informed. The Churches and the universities want to avoid this humiliation.

March 1968

Question : Our SANTINER brochure “*Messengers of the Future*” states that *Karl Marx* was a genius. How can a negatively influenced person be a genius?

ELIAS : Captious thoughts *can be ingenious*. They *don’t* necessarily have to be *positive*. Such thoughts have also nothing to do with wisdom, but such thought processes can be ingenious *just the same*. This also applies to the sociologist *Karl Marx*.

- *Ingenuity cannot be equated with wisdom.*

An ingenious mind can possibly think consequently and actually be ingeniously inventive, but it might still lack a healthy dose of farsightedness. Wisdom contains *knowledge, farsightedness and kindness*, but one still does *not* have to be ingenious in spite of this. A criminal can also be ingenious in the planning and execution of his intentions, but might *completely lack* all the other important characteristics.

April 1968

Question : Does the position of the stars influence a person's destiny?

AREDOS : The fact that astrology is *far more* disseminated than spiritualism is astonishing.

- *One prefers to believe in the power of enormously distant stars than in the immortality of the human soul!*

The destiny of a person is first and foremost determined by the person *itself*. The fact however remains that the stars *influence* people's *feelings*.

- *Temperament and certain inclinations can be influence.*

But people have a GUARDIAN ANGEL to help them. This ANGEL is always around them. He possesses greater powers than a star! Those that therefore listen to their positive INNER VOICE should always abide by it. The destiny of people mainly depends on the state of their *spiritual* development. The *more spiritual* people are the *more clear thinking* they will act. The more comprehensive their insights, the better they can espy the future and correctly plan for it. All of this helps to configure their destiny.

- *But who worries about a destiny that lies somewhere in an otherworldly darkness? This destiny is far more important than a terrestrial event.*

Question : What is the meaning of life?

AREDOS : We are mainly dealing with development. It started many millennia ago. Every one of you once occupied the level of a Neanderthal Man. Human beings develop from one life to the next. Every life represents a level. But human beings can *regress* one level now and again. Every one of you helped over millennia to configure this world the way you see it today.

- *Many amongst you were your own ancestors in the past.*
- *Many amongst you carry the karma of your previous lives.*
- *The sins of a great-grandfather can affect you, because you might have been that sinner yourself.*

Death has *no* power over life, but it *always* triumphs! Every human being has the task of *serving* divine creation. Those that do *not* fulfil this task participate in the *destruction* of this bodacious creation. Co-operating with GOD'S PLAN leads to *contentment*. The

universe is at the disposal of every human being.

August 1968

Question : Is terrestrial mankind's spiritual *backwardness* due to a widespread indifference?

Answer : A lot of people in your world slave away instead of relaxing. If they did, they would allow the mighty POWER of the SPIRIT to pour its energy over them.

- *If they were to allow the SOURCE of their inherent reservoir to see the light of day, they would have the required weapons for their survival at their disposal.*

Question : We continually ascertain that your knowledge supersedes terrestrial knowledge *by far*. It also makes us recognise your otherworldly existence. There is hardly a question you cannot answer. How do you achieve this?

Answer : Our answers are based on TEAMWORK. But the understanding between us is *a lot faster* than with you. – In respect to the sum total of *all* knowledge, we know very little. But in respect to the great ignorance still prevalent in this world, we certainly know *a great lot*. But the things that are clear to *us* should also be clear to *you*.

September 1968

Meditation

We were repeatedly asked what meditation is and how one should meditate. One should principally *not confuse* meditation with contemplation. One can contemplate a problem or something else very profoundly, to immerse oneself in it as it were – but one is still *not* dealing with meditation here! Genuine meditation is *more* than profound contemplation and certainly not musing.

- *Meditation is a mental communion with GOD and his creation. – Meditation is a search for the origin of everything that exists.*

One does indeed regard meditation to generally mean contemplation, but in a true spiritual sense we are dealing with a *still devotion*, one that takes place within man's consciousness.

People's linguistic usage too often include words in a careless and injudicious manner, words that are not really appropriate. This is why one should not rate the denotation "meditation" on the same level as "contemplation".

- *Devotional meditation, above everything else, requires absolute stillness, a submerging within. This is the reason why meditation has certain values in regards to people's health. Meditation does not just communicate HIGHER INSIGHTS, but it also relaxes you completely.*

Devotional meditation is taught in Buddhist temples. In its perfection it results in the complete dominion over the body, that is to say, over matter.

Meditation is virtually unknown in the wider community. Who likes to contemplate something somewhat more deeply these days? – Who likes to concern themselves with GOD and his creation?

– If scientists would *utilise meditation* instead of contemplation, they would surely discover *completely different* secrets.

- *Such meditations would undoubtedly lead to genuine INSPIRATION, that is to say, to a direct connection with a spirit being that will have an advising influence on the mind. Meditation implicitly prepares telepathic contact with divine BEINGS.*

However constraint and all impatience or nervousness puts obstacles in the way of such contacts. A correct meditation is at all events worth *more* than a visit to a Church or listening to a sermon. In order to correctly meditate one requires quiescence and solitude. This is the reason why convents and monasteries were preferred. The hurly-burly of city life severely interferes with profound thoughts.

How can one implement a good meditation?

After completely calming the body and the mind one should allow this relaxation to have an effect on oneself for around 10 minutes. This should be followed by a short prayer that has to be *genuinely meant* and *not* just voiced parrot fashion. – The meditation can then follow this appellation without forcing anything. One can make *any* problem and *anything else* the subject of one's meditation, but one has to try to classify the subject matter *divinely*. This happens roughly in the following manner: Subject – the divine LAWS. A law does not arise of its own accord, it *must have* a legislator, a planner. The laws of nature make no exception. They are *far* superior to all other laws. So who could this PLANNER be? - Human beings can indeed come up with lots of laws, but they cannot determine one law of nature. A LEGISLATOR must therefore exist who is *superior* to man and *capable* of creating an *eternally* durable LAW, a LAW that is so coercing that every trespass is *immediately* avenged. It must not be a human super-being, but it must be a CONSCIOUSNESS that is capable of designing and predicting all the consequences of such a LAW.

Questions and answers

October 1968

Question : How can a seeker of the truth find out the way it can be found?

ELIAS : There is unfortunately no compass for this. The destination is clearly visible, but *many* different paths lead to this destination. Only experience and common sense, as well as a good will, can be the best equipment here. The destination is called: *Divine truth*.

Interjection: I believe that the seeker would already have to have the feeling to recognise that he or she was not born into this world *without* purpose.

ELIAS : Yes, that's correct. Those of good will, will *absolutely* find spiritual SUPPORT, that is to say, they will be *systematically* lead towards the truth. The path can naturally lead via general occultism to spiritualism and therefore eventually to the divine truth, but a lot of people have unfortunately *got stuck* in this maze.

Question : You once told us that every human being will be given the opportunity one day to deal with the truth. Do you have to add something to that?

ELIAS : As a matter of principle every human being should be made aware that his or her life has a *greater* task and meaning. But this planet's people's spiritual regression is *very*

considerable.

Question : Is it true that there are people that are *incapable of thinking positive* due to lack of practice?

ELIAS : Certainly, spiritual training *promotes* positive thoughts. This training is however almost unknown.

Question : We assume that most people do not comprehend the truth due to their complete neglect of positive thought processes and *this is why* they are also not interested in it. Do you agree?

ELIAS : Many people *cannot* think acutely and consequently and above everything else, *not far-sightedly*. But they do after all have extraneous perceptions and feelings that have nothing in common with the rest of their actual thoughts. The evil, refractory and intolerant will therefore dominate.

Question : How does it stand in regards to intelligence? – There are people that want everything and think that they are intelligent enough to do everything.

ELIAS : Good and evil have hardly anything to do with intelligence. Feelings are there to distinguish them; it sets them *above* the most intelligent machine. Computers already exist that can calculate a thousand times faster and more reliable than the best human mind.

- *But the human thought process is unsurpassable in spite of this; because the computer only works along specific lines, whilst the human thought process knows no restrictions.*

All human beings can naturally train and expand their capacity so that they can comprehend the supernatural also.

Question : Are positive and negative traits already present in an infant?

ELIAS : Absolutely. But education, hereditary factors and the environment also play a major role. But this is not all that decisive, because:

- *The will is decisive here. The greatest value has to be placed in the correct guidance and schooling of one's own will.*

Question : We have archaeology and we look back at ancient times, but we do *not* carry out research into the human character which also reaches way into the past. Has the general character of terrestrial mankind improved or deteriorated over the last centuries?

ELIAS : Neither nor. Terrestrial mankind made technical progress, but has *not* progressed *much* spiritually. There is a huge abyss between technology and spiritual development. The situation is unbalanced.

- *Woe to those that rate themselves. They can be horribly wrong, because to do so requires a very great insight.*

Mankind ails because of its *false* ideals. The Churches unfortunately do not contribute towards gaining insights; they teach things that have been *superseded long ago* or *falsely* comprehended in the first place.

Question : Can you quote one of these insights?

ELIAS : Yes. We are dealing with insights that concern the INFORMATION contained in all cells and atoms. One for instance knows about DNA and it is already in the spotlight in regards to carrying information.

- *There can naturally be no information carrier without there also being an INFORMER at the same time, an INFORMER by the name of "GOD".*

November 1968

About telepathy

Terrestrial space travel continuously presents us with new challenges. The problem of communicating takes pride of place. As electronic means do not suffice, one took telepathy into consideration. Reporters would have *blasphemed* over such a project only years ago, but one no longer takes umbrage about the idea of thought-transference these days.

- *Telepathy has been scientifically verified. It bridges enormous distances and this without being influenced by physical matter.*

Spiritualists have known this for a long time, but one has never placed any value in their insights.

The Russians *seriously* endeavour to include telepathy in their space-exploration program. The Americans undertook such tests with their submarines some years ago.

We know via our SANTINER messages, furnished with drawings, that extra-terrestrials developed telepathy extraordinarily well. They have helmets equipped with *telepathy amplifiers*. Their exact function presently remains a secret to us.

Telepathy is part of parapsychology, ergo part of psycho-science. This conclusion is quite remarkable, because one did not have the highest opinion of parapsychology up to now. It had the reputation of being *the science of crazy people*. It is about time to finally get rid of this *pathological* suggestion.

- *Scientists do unfortunately not like to hear the word "GOD", but they will never be able to exclude this august concept.*

If one had the courage to integrate *good* spiritualists in space flight programs, one would make substantial progress in the field of space technology. Due to their background in physics, leading scientists unfortunately always select the *more cumbersome* way so that progress is always *delayed*. This are the reasons why telepathy has also experienced a considerable retardation, something one wants to rectify now.

Spiritualists know that there *isn't just* telepathy between one terrestrial person and another, they know that this form of communication is *universal*. There must therefore also be communications between the living and the dead, that is to say, the disembodied communicate *with one another* telepathically so that no foreign language problems arise. A disembodied soul can communicate with a terrestrial human being down to any desired syllable, if this human beings is very psychic.

How often to physicians hear from their patients that they hear VOICES. Physicians unfortunately regard this type of telepathy a disturbance within their patient consciousness, a split of their personality. This is an *unfortunate mistake* in *most* cases. One will soon have investigated and developed telepathy more thoroughly in a relatively short period of time.

- *Telepathy can turn into the key to the hereafter.*

An accompanying *positive* SPIRIT BEING, finding itself amongst cosmonauts, can easily turn into a NEWS SENDER. It doesn't necessarily have to be a cosmonaut.

- *Spiritualism holds enormous possibilities for us human beings. It may therefore not be hindered by church dogmatists and asinine journalists, because they do not make a positive contribution towards redeeming the world with their attitudes.*

Incapable and devious elements, who always make an appearance, must naturally be expunged. *Negative* mediums and their associates do *not* deserve tolerance, because the sector called psycho-science is *too sacred* and *too serious*.

Question and answers

December 1968

Question : What arrests the progress of mankind's development?

Answer : We are of the opinion that we are dealing with *selfishness*. People have unfortunately *surpassed* their mental and spiritual growth *physically*, because it could not keep pace with their physical development. This produced the terrible *results* of selfishness which is one of the great habitual sins in your world. This effected a situation where people cannot live in peace, where they are unable to enjoy the fruits of their labour for as long as there is no progress on a *mental* and *spiritual* level also. The unfoldment must also make an appearance in *this* arena and in its glory must *outshine* material achievements. For as long as this is not achieved, chaos, confusion and disharmony will continue to reign.

- *Only the expansion of the mind, the heart and the spirit will refine everything and direct all events in the direction of co-operation and service. The development of the mind, the heart and the spirit will foil selfishness. The tasks of the spirit can then be taught.*

After the unfoldment of the mental and spiritual assignments, when the physical progress is *no longer* utilised to benefit *oneself* but placed in the service of the general public, paradise will be on Earth. *Everyone*, without exception, possesses a gift that can be utilised to help someone else in this world!

Question : Has the realm of the spirit developed measures that help terrestrial development?

Answer : The arrangement, responsible for establishing lines of communication with you, has been perfected more and more. Furthermore, satisfactory plans have been conceived and carried out so that your world can *never again* be cut off from the WORLD of the SPIRIT. *Numerous ways* have been made available for the power of the spirit to express itself. I believe that there is nothing more to add.

Question : Does mankind's enlightenment also depend on the availability of good mediums?

Answer : The necessary instruments *are still coming*. The power of the spirit never ceases to allow its blessings to flow through *many* channels. Never think that the things created in the past already represent the zenith. This is not the case. *More* will be achieved today than yesterday and there will be *even more* available tomorrow than is the case today. This is the doctrine of progress. We, your TEACHERS, also march forward. There will always be some that say: "*What happens after we are gone?*" Other will naturally take your place once your assignment has been fulfilled. The power of the spirit grows stronger every day. *Nobody* can prevent this development!

Question : Did a cherished spiritualism already exist in the distant past?

Answer : Mainly *Inspirations* took place, but one *wasn't always* able maintain them. Everything is better organised these days. The parts of a GREAT PLAN are now better coordinated. The GUIDANCE behind this connection is very good and its details are masterfully carried out. Everything is ordered. Everything was extremely well deliberated before the decision was made to open the gigantic GATES of the WORLD of SPIRIT to terrestrial mankind. Everything progresses slowly, but *exactly* according to *this* PLAN.

- *The GATES to HIGHER INSIGHTS are already wide open and nobody on Earth can close them, neither atheism nor communism.*

Conversation with an atheist

Atheist : The Bible is the foundation of theism. But it has been established that the Bible portrays things as "divine miracles" that are not miracles at all. The Bible is therefore no longer trustworthy and faith in GOD and his "miracles" correspondingly also.

Leader : The Bible is no longer the basis for spiritualistic research. *Experiences* gained in this field are however *arbitrative*. We gain new insights on a daily basis and are therefore in a position to assess the Bible from *completely different* angles.

Atheist : I find spiritualism uninteresting and not credible whatsoever. Everything comes to an end when people die, because the brain no longer functions. People rot away or are cremated. People emerge from darkness and return to the same darkness and no amount of faith will help them. People have to accept this fact.

Leader : Going by your point of view you would have to admit that the prenatal condition could not be different from the condition after one's demise.

Atheist : Certainly, that's how it is. Consciousness wasn't present before and it also isn't present

after.

Leader : A *conscious* condition formed from an *unconscious* condition?

Atheist : Yes, that's how it is, otherwise this conversation could not take place.

Leader : You would therefore have to admit that this phenomenon of creating consciousness from unconsciousness can be repeated at any time.

Atheist : Yes, I must admit this, but it must surely be *another* human being. I am absolutely *unique*.

Leader : You are now illogical; because where is the evidence that every human being is absolutely *unique*? A human being emerging from so-called darkness returns to it and then returns from it in the same way. What arguments do you have to show that this *cannot* be true in your case?

Atheist : I cannot prove this, but it does not seem possible to me.

Leader : The physical body is a temporal garment, but the one wearing it always remains the same. A garment is removed and one receives a new one.

Atheist : The brain is one's "ego", once the brain disappears, the "ego" also disappears.

Leader : This would mean that a television broadcast would cease to exist when the television set breaks down. – Consciousness is situated *outside* the brain; it could never be scientifically verified that it is actually in the brain. The brain is only there to facilitate a connection between consciousness and body.

Atheist : The sciences have never admitted that spiritualism is right.

Leader : But the sciences have also never been able to verify that spiritualism is wrong. The sciences say that they are "confronted by an enigma" that has yet to be solved. Atheism however explains this enigma by *abnegating* the facts without proving that their opinion is correct.

Atheist : If GOD really existed, conditions on Earth would have to be entirely different. Order is lacking.

Leader : People received the *freedom of will* from GOD and if this wasn't so, they would only be marionettes. Disorder therefore comes *from people* and *not* from GOD. People must establish order *themselves*. It is not GOD'S responsibility.

Questions and answers

January 1969

Question : A major newspaper, the "*Berliner Zeitung*", is presently running a series of articles about famous paranormal events (spooks). They mainly deal with the moving of objects untouched by human hands. The Freiburger *Professor Dr Bender* (parapsychologist)

said that these ENERGIES are present in the mediums and that they unconsciously come into play. What do you make of his opinion?

AREDOS : It really is a great step in the right direction when a scientific conclusion determines that there are *genuine* cases of paranormal events *without* deception. The explanation for this does however unfortunately not suffice. One is indeed correct in assuming that these ENERGIES are present in a medium, but the Realm of the Spirit *utilises* these ENERGIES to get itself noticed.

Professor Dr Bender is unfortunately unaware of the enormous ORGANISATION required to stage a paranormal event like the one in the Bavarian town of Rosenheim. If he knew the facts, he would certainly have a healthy respect for this enormous achievement. The ENERGY of the medium *Annamarie Schaberl* is indeed very strong, but other factors also play a part. One single medium is often not enough in some cases, a *number* of mediums must therefore be present *at the same time*. The attorney, ergo *Annamarie Schaberl* provided expedient OD in this case also.

Question : Is it true that puberty also plays a certain role here?

AREDOS : Not necessarily. But as *little* of the life-force, respectively the *sexual energy* of adolescents, has been spent, the OD-emanation is therefore more substantial.

Objection : *Professor Dr Bender* and a number of other scientists reject the idea of cooperation of otherworldly THOUGHT BEARERS,

AREDOS : It is very difficult to extricate oneself from material thought processes. The psychosciences are only just beginning to do so. We are dealing with *false* conclusions. One admits for instance that these ENERGIES become unconsciously active, but unconscious means *undirected*.

- *Otherworldly INTELLIGENCES are behind every paranormal event, they have either good or evil intentions and they control the spook.*

One therefore makes the mistake of *neglecting* to establish genuine contact with otherworldly entities. This is how one would actually receive information. But the sciences are not prepared to let it get to this point. Exhaustive information about paranormal event would severely embarrass them. One therefore *convulsively* looks for explanations that have nothing to do with the spiritual realm. To have acknowledged paranormal activities scientifically is however a first step towards progress in spite of these explanations.

Question : It appears that meteorological conditions on Earth are somewhat awry. Is this so?

ELIAS : Yes, you're right, underground and above ground nuclear tests are to blame. The newborn are affected the most. They can only gradually acclimatise. The air's humidity levels are too high and this is why a lot of sensitive people have to suffer. Besides, it also brings severe flooding.

Comment : Those responsible for this believe that they will never have to give account for this.

ELIAS : The things they *knowingly* do wrong *must* be accounted for. Where would GOD'S

justice otherwise be? Not only the little sinners are asked to order, the great sinners *doubly so*.

For a terrestrial human being to be *reincarnated* on a still very backward planet does not represent progress. Such a life is fraud with dangers and is very primitive. The enormous heat of the planet, its formidable downpours, atmospheric pressure, stuffy humid atmosphere, momentous storms with their associated highly charged electricity as well as the air's acid content allow the development of monsters you'll find impossible to imagine.

- *The people whose conscience failed here on Earth must deal with these abhorrent circumstances.*

This is the truthful hell, the way it really is, and not the way terrestrial Church fathers imagined it to be.

- *People reincarnated on such a planet must start from scratch and form the beginning of a new human race.*

* * * * *

January 1969

The exploration of the spiritual realm

If here is such a thing as collective guilt, we find it in the field of *religion*. All of mankind burdens itself with a lot of guilt, because it deals *too little* with the truth.

- *The disinterest in the supernatural, respectively in the survival of the human soul is probably the greatest sin that can actually be committed.*

Almost all our readers had the sad experience of how difficult it is to convince a fellow human being of this truth. This is certainly not due to a bad intellect, but due to a great indifference towards the phase every human being *has to* enter after death. One can clearly recognise just how badly religion is orientated here and how *disinterested* they are when confronted with this question.

The word "ghosts" produces a *derisive smile* everywhere. Those that believe in ghosts are *backward*, because only primitive savages can possibly believe in such nonsense. Far from the mark! Particularly primitive tribes – and this independent from one another – have the best experiences in this field; however in a *negative* form, because they are negatives themselves. These people are persecuted by deceased or mostly *murdered* enemies. This happens to such a large degree that it is simply impossible to comprehend that one could possibly regard this fact a superstition. When one adds all those people in civilised countries with supernatural, respectively occult experiences, one arrives at a sum of *many hundreds of millions of people*. The rest of the people are prepared to heedlessly ignore this fact. Where is the logic in this?

The question why specifically primitive tribes have a closer relationship with the hereafter remains. Our own experiences show that materially overemphasised thoughts and actions are *detrimental* to psychic contact.

- *Materially minded people separate themselves from the SPIRITUAL THREADS that connect them to the hereafter.*

To lead a good circle in a *positive* way for a long time requires at least the same experience and the same comprehensive studies demanded from an airline pilot, because dangerous situations can arise that could endanger human lives. The more incomprehensible is therefore the derisiveness one generally encounters in this field of knowledge.

The spiritualist is a *special kind of* academic whose knowledge is in no way inferior to that of a physician. This doesn't mean that the profane house-spiritist is part of this. There is a *huge* difference between *spiritualism* and *spiritism*. Experience tells us that *spiritism* deals with the *lower* SPHERES. It is very difficult to overcome these SPHERES. But our long lasting mission verifies the kind of HEIGHTS one can reach.

How far we're still away from world peace is solely determined by HIGHER INSIGHTS. For as long as we're dealing with the majority of those people that are *more* interested in a hundred Dollar bill than their situation *after death*, we will never escape from animosities and superlative armament.

- *The spiritualist has unfortunately almost no means at his disposal, because genuine spiritualism is not about profiteering and it can therefore not engage in making money.*

This mission of otherworldly elucidation can only be supported through the private comprehension of wealthy and open-minded people. For as long as this doesn't happen, church dogmas will retain the upper hand.

Questions and answers

Question : Is it actually possible to convince an obstinate atheist of the survival of the soul or should one not even try to indoctrinate him in the first place?

AREDOS: Every attempt is worthwhile, even though nobody knows the point in time when the attempt succeeds. People sometimes remembers such indoctrinations *only years after*. Even the greatest doubter can also be persuaded.

*Bernhard Shaw*³ asked the *Hannen Swaffer Circle* to allow him to participate in one of their séances. Even though *Bernhard Shaw* was a great doubter and avowed to radical communism, he was allow to participate. After he had been introduced to the intelligence of the spirit SILBERBIRKE in this way, he wrote in the *Times*: "I can now anticipate the end of my life with *complete peace of mind*".

Question : What can a man like *Shaw* expect when he enters the spiritual realm?

SILBERBIRKE: A new experience awaits him, one that will delight someone whose excellent capabilities have been apparent for many years. Apart from the initial shock produced by the insight that life – individual, conscious life – does *not* end with death, there will be a wonderful *awakening of all abilities of the spirit and the soul* when the infinite

³ **Shaw** George Bernhard, Irish writer born in Dublin 26.7.1856, died Ayot Saint Lawrence near London 2.11.1950. Since 1884 member of the *Socialist Fabian Society*; 1885-1898 music and theatre critic. His over 50 dramas contributed to the revival of the English theatre at the turn of the century; particularly well-known are the comedies '*Heroes*' (1898; filmed in 1958) and '*Pygmalion*' (1913; a musical 1958 under the title "*My fair Lady*" by Alan J. Learner (born 1918, died 1986) as well as the dramatic chronicle '*Saint Joan*'; filmed 1957. *Nobel Prize for Literature* 1925.

variations of potential knowledge are recognised.

This soul will be exceedingly delighted when it begins to comprehend the higher forms of artistic capabilities open to it. The joys of a *detached* spirit, freed from the slavery of a physical body, a spirit finding its true self, enjoying the pleasures and the joys of a *far greater* EXISTENCE *without* the fetters of the flesh, is the theme that produces the required, complete explanation of the knowledge of a superior artist.

Whatever direction the questioning spirit may seek, be it in the realm of the sciences, the arts, philosophy, morals – *all kind of knowledge awaits*. Not just the inspirations of past times will be available, but also the wisdom of all enlightened soul ready to instruct all those capable of dealing with this new knowledge. What awaits the soul is a cheerful, spiritual adventure it will never get tired of. Personal contacts will be established first, then the unification with old and new otherworldly FRIENDS.

Question : Psycho-scientific literature likes to talk about “masters” that mainly lived in the East. What do you make of these teachers?

ELIAS : The word “master” causes some discomfort.

- *Even though a lot of it is positive, we do not think that these doctrines are beyond objection.*

I do not want to play the role of a judge over other communities, but I still have to point out mistakes.

Question : There are people that admit that the whole world would turn into a wonderful place if the messages from the hereafter were *genuine*, so that everybody could believe them. What does the spiritual realm have to say about this?

Answer : In order to believe something, one has to make an effort. People unfortunately do make *too little* an effort to gain HIGHER KNOWLEDGE.

- *There is enough evidence on offer. To accept it is a personal matter. Those that find the beginning will naturally progress.*

Mankind undertakes *too little* to disown the nonsensical. The power of dogmas prevents the development of the spirit. Spiritualism can be verified. There is no doubt about it. It is however not right *to invent* a different interpretation. Dogmas on the other hand make assertions that cannot be verified at all.

The Bible also endorses alleged facts that are *irrational* and that cannot be proven. One example: “*GOD said to Moses...*” For as long as this cannot be proven, well at least touch upon the credible, it isn’t appropriate to even mention something like this. Whatever is said after must stand the test of scrutiny. A lot of what was allegedly said cannot withstand the comparison with natural scientific insights. No such miracles exist; because everything within the universe is *absolutely natural*.

- *A miracle can never help faith to gain ground, because a miracle would not be comprehensible. Only the things people comprehend have educational value.*

It is therefore important to not build religion on *alleged* miracles, but on concrete *verified* knowledge. Real religion will *never* shake when the storms of doubt roar, because its knowledge is like a rock in a tempestuous sea. Human thought processes have concentrated too much on physical matter. It is high time to behave differently. Try to allow the spirit to gain dominion.

- *The spirit is what survives death in its transiency.*

This requires the constant exercise of *self-discipline* above everything else. There are no textbooks for this. The strength of the soul is the decisive factor. It must be able to conquer *all* vices. The path leading to the HIGHER REGIONS is incredibly beautiful.

March 1969

Question : The fact that the story of Genesis from the Old Testament was transmitted from the *Space Shuttle Apollo 8* to Earth on Christmas Day was discussed in detail. What does the spiritual realm have to say to this?

AREDOS : The astronauts were deeply impressed. They all sensed that there is a HIGHER POWER standing over everything. They preached GOD'S WORDS from the highest pulpit there ever was. This turned the space between the Moon and the Earth into a giant Church. People should discuss such things to a *lesser* degree, they should rather contemplate them *more*.

Question : Dear ELIAS, artificial limbs for people are produced these day that are controlled by the brain. So-called brain waves trigger certain contacts and this causes the prosthesis to move. What do you say to that?

ELIAS : This process has been *falsely* interpreted. An arm-prosthesis *apparently* carries out a movement initiated by the will. The fact is that *not* the brain controls the apparatus *directly*, but that the minutest muscle twitches, initiated by the brain, have an effect on relay contacts. The will has an effect on the still present remnants of muscles in the stump of the arm, these twitches are utilised. The built-in electronics acknowledges the intensions and carries out the movement accordingly.

Question : We assume that this process is similar to what takes place with a writing medium. An alien will causes certain muscle twitches the brain can recognise and it then carries them out. Is this correct?

ELIAS : Not quite, but there is a similarity:

- *You must imagine that a doubling effect takes place between two appendages, namely a physical and a spiritual arm. My arm coalesces with that of the medium. I nearly feel the arm of the medium physically. If the medium would feel a pain in its arm, I would also feel it.*

The difference is that *I* perceive the physicality of the medium *completely* whilst the medium does *not* perceive mine. The medium only feels a *slight tuck* in its hand. When

the medium no longer wants to write, it puts the pencil down and the connection is interrupted.

(Comment: It nearly takes a full minute before the connection is re-established after the connection is interrupted. When the sheet of paper, 40 x 60cm, is filled with large, interconnected letters and words, the connection is interrupted every time, because a new sheet is required. What is very typical and convincing is the fact that spirit guide ELIAS fills all gaps and writes between the lines in order to make the most of the connection. This writing style is expedient, but makes reading it aloud more difficult. – The medium's own writing style would not be so intricately and would not make our work unnecessarily more difficult. The explanation of the "unconscious subconscious" is in *genuine* cases a *false twisting of the fact*.)

Question : During the psychic writing process, a little pause eventuates every time the moment the pen is lifted from the paper. Does this represent a considerable hindrance?

ELIAS : On the contrary – it is actually important that the hand of the medium *remains* hovering over the paper during the pauses of questioning so that contact can be established as soon as possible.

(Comment: Whilst the psychic writing takes place, which lasts about 2 hours, the arm is *never* placed or rested on the table. The arm *always* remains hovering. The arm would normally tire or cramp, but the medium does not exhibit tiredness, because the arm is *supported by the SPIRIT GUIDE*.

Michelangelo painted the chapel whilst lying on his back. His arm was held high for hours. As he was psychic and aided by spiritual FORCES, he never felt tired. Art experts wondered about this phenomenon without finding an explanation.)

Question : What would happen if the medium would put the pencil down every time?

ELIAS : This would be a great handicap, because the circle leader would have to put on a different record so that the appropriate music can re-establish the required VIBRATION and harmony.

Question : Do dowser have a similar talent to that of writing mediums?

ELIAS : Yes, that's correct. To assume that certain rays in the earth have an effect on the dowsing rods is nonsense. If the dowser is not psychically gifted the dowsing rods will not move.

- *Whatever occurs under the earth's surface is recognised by otherworldly INTELLIGENCES and their perceptions are transferred to the medium via IMPULSES. – But if the medium transfers his own reflexes onto the dowsing rods, he will be wrong most of the time.*

The medium has the same sensation an angler has when he senses a fish on the end of his line. A materialistically minded person automatically bolts the door against everything spiritual.

Question : Would it be possible to assist the dowsing rods' deflections through a prayer or through an appellation?

ELIAS : Yes, it can be abetted, particularly because certain hoaxes will then not take place. The otherworldly can even influence the vegetation or control the flightpath of an insect.

- *When dealing with otherworldly, we are not always dealing with departed human souls, there are also a lot of other spirit beings, namely ELEMENTARY and NATURE SPIRITS.*

A spiritual INTELLIGENCE must *not always* have lived as a human being on Earth first. ELEMENTARY and NATURE SPIRITS are often supported by deceased human beings who were great friends of Mother Nature whilst on Earth.

Question : Do NATURE SPIRITS always remain on a specific level or can they also develop further?

ELIAS : Not one spirit being exists that is excluded from evolution. *Every* intelligence has the opportunity to progress.

Question : Can NATURE SPIRITS adopt human form?

ELIAS : They can only do so if they have lived on Earth *as a human being*, because there are deceased human beings that like to play the role of a NATURE SPIRITS. But if a genuine nature spirit adopts the PLASMA of a human form it will look clumsy and cannot correctly deal with it. Besides, such events are only of a *short* duration.

Question : What can you tell us about elves, dwarfs and nymphs?

ELIAS : We are dealing with ELEMENTAL and NATURE SPIRITS that *temporarily* adopt such forms of appearances in order to show human beings that they exist.

Question : Why did these apparitions appear *more often in the past*?

ELIAS : One no longer thinks that it is expedient to put the observer into a situation where one would call him insane if he reported about it. A psychiatrist has only *one* explanation for this. – The best paranormal events also remained completely ineffective, because one always aimed at their negative side. Such cases are a veritable feast for the gutter press.

Question : What disadvantage can the people who resist or evade these spiritual insights expect?

ELIAS : The disadvantage mainly consists in that they will find themselves in the hereafter *completely ignorant* and that their ASCENSION will be *hindered*. It is best to know the country one has to travel to as accurately as possible. I therefore cordially greet all open-minded *Menetekel* readers.

April 1969

Question : Is your mission on behalf of mankind *assigned* to you or can *you select* the type of mission you want to undertake?

Answer : I selected my mission *myself* and I am fully aware of its difficulty and its momentousness. But a *genuine* inner desire must be present, namely *to serve under any condition*. – All of you have gifts and talents that can be utilised to serve mankind. You

were helped by others who are highly talented. Make your *own* gifts so fruitful that *your* endeavours will gladden others and that they too will realise that they have virtues that in turn can be useful *to others*. And this continuous on and on, because the service to others is repeated in the service to others and so on. – Disregard the damnations, rejections and sinister looks. They can and may not touch you for as long as you continue with the work you came to this world to do.

Your world demands an *enormous amount* of service for mankind *and* for Mother Nature. Your world is *full* of desperate souls. Innumerable people suffer from heart problems, the bodies of millions are martyred and great problems many do not have a solution for, torture your thoughts. But if we brought these people into the arena of the spiritual truth, they would find the solution to all of the things that trouble them. They would be induced to bring order into their lives and to work towards *better* conditions, so that *all* people can live in peace and harmony.

Let all of us *verify* through our existence that we endeavour to accept the help that is so bounteously offered. Let all of us feel in harmony with the ETERNAL LAW. Let all of us turn into high grade instruments, capable of radiating the truth that brings us such rich blessings and may our life be an *example* of this EMINENT TRUTH.

May 1969

Question : Can you tell us what we do when we sleep?

Answer : Every night when you go to sleep you leave your physical body behind. You will have two different types of experiences: One is *instructive* and the other is *pure entertainment*. – The instructive type tells you something about the configuration of your spiritual body. This however happens mainly later in life, once your development has progressed. – The entertaining type allows you to get an insight into many different kinds of activities, so that you can see what is happening. You were guided to a number of gardens in our WORLD last night.

(Comment: The gardens of the spiritual SPHERES are indeed superlatively beautiful. The flowers are more splendid and the scent of the flowers is indescribable and hardly comparable to the scent of flowers on Earth. This is no fantasy, but a *personal experience* the circle's leader experienced himself. This was not a dream experience, but a *fully conscious psychic perception*. Amongst other things, this experience encouraged the leader to undertake this mission. There is however also a FLIP-SIDE and it is equally indescribable: Slums and superlative squalidness.)

Question : Do human beings have the right to put an end to extremely deformed living beings? Where do you stand in regards to mercy killings?

ELIAS : We cannot propagandise killing, but we are of the opinion that people can *under certain circumstance* do what they are capable of, namely to represent *GOD'S extended arm*. Everything positive is certainly not a sin. – I know that many will not agree with my opinion, but when it comes to *power* and *warfare*, people have *no* scruples whatsoever. Why have scruples when a terrible calamity can be *avoided*?

June 1969

Question : We have the impression that mankind is spiritually regressing. Is this so?

AREDOS : Yes, it is true in some respects. A *great lot* is achieved technically and scientifically, but the prosperity this promotes leads to *tepidness* and *accommodativeness* that does not bode well for people. They no longer engage their mind and are already *too lazy* to read a good book.

- *But what is even more disconcerting is people's morals. This is where people already fall from one step to the next, even though their standard of living grows from day to day.*

It is time for mankind to finally wake up. Mankind's development can surely only go *one* way, namely UPWARDS. But most people strive DOWNWARDS in spite of this logic. They are unaware that they are *guided* DOWNWARDS by enormous spirit FORCES. This descent is however so obvious that everybody *must* surely be aware of it!

- *The BATTLE of ARMAGEDDON is in full swing and every human being is involved in it.*

July 1969

Question : Dear ELIAS, terrestrial mankind is very arrogant; it sees itself as the highest and most intelligent life form throughout the whole universe. Does it lack humility?

ELIAS : This situation of arrogance will abate. Now that terrestrial human beings are beginning to enter space, this haughtiness will abate. They will soon realise just how small and insignificant they are in comparison to the august size of the universe. This new era has already been inaugurated.

Even eminent scientists must now admit that due to new results, they now adopt *different* views from the one's they held in the past. New secrets are gradually unveiled and verified that they are in reality *completely different* from what one doggedly assumed up to now. New doors will open all the time. Space will spring new surprises on you all the time. This happened only just recently with the discovery of *Pulsars* and *Quasars* and the discovery of *anti-matter*.

August 1969

Question : How can we successfully control and dominate our thoughts so that we do not fail in word and deeds?

Answer : One should improve all development by trying to *train* oneself mentally *and* spiritually and in the process learn to monitor *every* aspect of one's being. This provides the *higher-placed* spirit dominion over all the activities of the instrument it uses to manifest itself in order to direct and guide it.

- *Self-discipline, combined with the decision to transfer dominion to the spirit, is the only correct way.*

There are however no printed textbooks on this matter. Only the greatness of the soul can achieve this if it allows its inherent strength to take charge. This stops the brain from

being an unruly student of a guided instrument.

Question : Our questions and your answers are naturally severely criticised. What yardstick could one possibly use to criticise the co-operation between the here and now and the hereafter?

Answer : Wisdom demands that one deals with it in a *judicious* way. I am of the opinion – I use general terms – and there are naturally exceptions- that where the DOOR has been *opened*, ergo where a good spiritual connection could be established, this connection should be used to enlighten others.

My extensive experiences verified the correctness of the admonition: “*Never condemn*”. It is so *easy* to criticise others. We may only be tempted to do so if we *accurately* know *all* the circumstances so that we can allow ourselves a *proper* criticism.

- *If people were prepared to deal less with the arrogance of others and contemplate their own shortcomings and above everything else, how they can improve themselves, this world would have a far better ambience.*

September 1969

Question : A lot of people complain about their fate by asking: “*What have I done to deserve this?*” What should our answer be?

ELIAS : Just to give you an example: When somebody savagely indulged in *alcohol abuse* during their early youth, thereby physically ruining the rest of their life, they might well ask later whilst complaining about pain: “What have I done to deserve this?” – What I am saying is: The LAW of CAUSE and EFFECT is at work here.

Completely different causes could be at work here if one takes a past life into consideration. One might feel that something is unjust or punishment for something, but one does not know whether one is dealing with a *deserved* penalty.

- *There are however cases where somebody is an innocent victim of circumstances. But divine poetic JUSTICE ensures that compensation will ensue at a later time through the LAW of KARMA.*

Objection : The greatest criminals on Earth often go unpunished. This is one reason why a lot of people doubt divine justice.

Answers : We teach that goodness finds its own reward and that evil and sins bring their own punishment and damnation upon themselves.

- *JUSTICE is usually meted out in the realm of the spirit.*

Human beings elevate themselves or fall back according to how they behaved on Earth; *nobody* can *feign* anything, nobody escapes the divine JUSTICE that reigns over every phase of one’s life.

- *We explain to you that nobody has the power to place themselves between you and GOD. I assertively emphasise nobody, it matters not what official vestment he or she wears.*

October 1969

Question : There is a sect in Switzerland, in Bern, that calls itself "*Methernitha*". These people are supposed to be educated by eminent Saints. They hold the same opinion in regards to creation and about the present world situation. Do you know this group?

ELIAS : There are more, similar groups throughout the world. A lot of them undoubtedly have genuine contact with the hereafter. As their faith makes them live separate lives, Satan cannot touch them. But they are not in a position to protect others. The received indoctrinations only have personal value, as they are not publicised.

- *But the truth obligates!*

Even if the truth does not reach mankind openly, it is still important that this happens indirectly.

- *The main thing is that the truth reaches mankind at all.*

November 1969

Question : I observed that tables and chairs are erected in parks so that pensioners can play cards. I therefore asked myself whether these pensioners do not know what to do with their time? Their material needs seemed to be taken care of. How do you assess this situation?

ELIAS : Mass media like radio, television and the press are surely capable of helping to bring about a spiritual revolution throughout the world and this in a very short time. But the mass media *misuse* their sacred assignment. It is comforting to know that a few nations have made a start. The BBC in England takes pride of place, because they already screened some very valuable programs on television. Brazilian radio stations also promote the notion of life after death.

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