

PSYCHO-SCIENTIFIC FRONTIERS

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Protocol extracts from the *Menetekel* from the years 1956 to 1975.

Theme : **Illness and healing**

2. Addenda from the years 1956 to 1968

The following text was psychically received by the Medialen Friedenskreis Berlin (MFK), a Christian/Spiritual community, between 1956 and 1975. The transmissions form a part of the *Menetekel*, a collection of protocols of around 4,500 A4 sized pages amassed over 20 years and they have recently been restructured. All of these mediumistic messages were left in their original form, even if similar questions were repeated. The work of the two automatic writing mediums, Monika-Manuela Speer and Uwe Speer, began when they were 15 and respectively 17 years old. The total production of the MFK-Berlin (Medialer Friedenskreis Berlin), the *Menetekel* and the 21 transmissions from the space-brothers are considered the absolute pinnacle of psycho-scientific research. Other spiritual circles have often tried to copy the work of the MFK, but its quality was never achieved. The reproduction and distribution of these rearranged messages and protocols is explicitly encouraged and is not covered by any copyright.

Preface

Mental disorders, how they develop, the reasons behind them and how one can effectively confront them are questions extensive research by the American doctor and manager of the '*National Psychological Institute*' in California, *Dr. of Medicine Carl Wickland* (1861-1937) found surprising answers for. With the help of the psychic abilities of his wife, *Wickland* manages to hold conversations with so-called 'earth-bound spirits'. Protocols on the subject can be read in his work '*30 Years amongst the dead*'. *Wickland's* research allows the phenomenon of mental disorders to appear in a completely different light and they represent an important expansion of modern psychology.

Wickland writes amongst other things: '...a lot of disembodied spirits are *attracted* by the luminous emanations coming from people. They associate with these '*magnetic auras*' and this provides them with an opportunity to make their wishes and wants known on the terrestrial plane, by influencing people, by possessing them or by taking control of them! Such obtrusive spirits influence the *psychically gifted* through their thoughts, *transfer* their emotions onto them, *weaken* their willpower, and often *control* their actions and reactions causing a lot of misery like *mental confusions* and other afflictions. These earthbound spirits are the 'devils' one believed in since time immemorial; 'devils' of *human* origin, products of *human* selfishness, *false doctrines* and *ignorance*, which arrived on the spiritual planes completely blind to be held there by the fetters of their ignorance.

The influence of these disembodied entities is the cause of many unexplained and mysterious events in your life and it bears the blame for much of the misery here on Earth.

Purity in regards to moral conduct and principles or a high degree of common sense certainly does *not* guarantee protection against possession! Only the general *acknowledgment* of the importance of these questions, indoctrinations as well as *elucidations* on the subject, provide a means of protection against this.

There are various physical conditions that *promote* the intrusion of spirits into human beings. These impairments are often based on the natural idiosyncrasy of someone's psychic receptiveness, an exhausted nervous system or a sudden mental shock. Purely physical disorders also *promote* possessions; because when the natural life force is weakened, the organism offers less resistance and encroaching spirits gain easier access, even though neither the present spirit nor the departed spirit are often aware of each other's presence!

This impairment caused by spirits *changes the character* of the afflicted person and an apparent change of personality develops, whereby a number of alien personalities are imitated, respectively impersonated in quick succession.

Such influence by spirits often causes extreme madness of various degrees, from the simplest of mental confusion to all forms of madness, running amok, hysteria, vertigo, depression, shell shock, kleptomania, senility, religious and suicidal mania as well as memory loss, mentally conditioned physical frailness, alcoholism right up to an uncontrollable addiction to immorality and cruelty, bestiality and other forms of serious criminality.

Mankind is surrounded by the mental influences of *millions* of disembodied spirits who *have not yet grasped* the higher meaning of life. If one acknowledges this as fact, the logical explanation of a plethora of phenomena arise from this, like unwanted thoughts, unfounded emotions, strange premonitions, moods, petulance, extreme irritability, unreasonable emotional outbreaks, uncontrollable manic constraint and numerous derailments in one's emotional and mental life.

We have countless reports of cases of spirit influences and possessions from antiquity to the present day. *Dr. Tyler*, the well-known English anthropologist, wrote in his book '*Primitive Culture*' (Culture of Origin):

'One does not assert too much when one says that the belief in demonic possession, as a virtually constant theory to explain virtually similar facts, has been kept alive by at least half the population. All advocates of this belief therefore stand on the shoulders of their ancestors since 'time immemorial!'

We find the following comment in Müller's '*Original Religion*' (Urreligionen):

'The general opinion amongst native tribes is still the same these days, namely that such illnesses like epilepsy, hysteria, stupidity and insanity are caused by spirits that seize possession of the body.'

Homer repeatedly refers to *demonic influence* when he says:

'An ill person, simply wasting away, is somebody who looked at an evil spirit.'

Plato asserts that demons make people *possessed*.

Socrates virtually mentions demons that *influence the insane*.

Plutarch writes:

‘Certain domineering demons search for a soul still living in a terrestrial body to satisfy their pleasures; because (as disembodied spirit beings) they are no longer able to pursue their terrestrial pleasures, they instigate *sedition, salaciousness* and *warmongering* in people to achieve the things they lust for.’

Josephus said:

‘Demons are the souls of evil people.’

Possession spirits are often mentioned in the Old and in the New Testament:

1 Samuels 16; 23 ‘...David would get his harp and play it. The evil spirit would leave and Saul would feel better and be alright again.’

The belief in spirits and possession was so prevalent at the time of the apostles, that the ability to exorcise evil spirits was considered one of the most important characteristics of genuine apostleship and one has to admit that a considerable number of miracles ascribed to *Jesus*, were in fact exorcisms of evil spirits. A few passages from the New Testament should suffice.

Matthew 10; 1:

Jesus called his twelve disciples together and gave them authority to drive out evil spirits and to heal every disease and every sickness.

Mark 1; 39:

‘So he travelled all over Galilee, teaching in Synagogues and driving out demons.’

Luke 8; 27, 29, 36:

‘As Jesus stepped ashore he was met by a man who had demons in him...He said this because Jesus had ordered the evil spirit to go out of him...Those who had seen it told the people how the man had been cured.’

Luke 6; 18:

‘Those that were troubled by evil spirits also came and were healed.’

Acts 19; 12:

‘...their diseases were driven away and the evil spirits would go out of them.’

Mark 9; 17, 21, 25, 27:

A man from the crowd answered, “Teacher, I brought my son to you because he has an evil spirit in him...” “How long has he been like this?” Jesus asked the father. “Ever since he was a child” he replied...Jesus noticed that the crowd was closing in on them so he gave a command to the evil spirit: “Deaf and dumb spirit” he said “I order to come out of the boy and never go into him again”...The spirit screamed and threw the boy into a bad fit and came out. The boy looked like a corpse and everybody said “He is dead” – But Jesus took the boy by the hand and helped him rise and he stood up.

Similar incidents are certainly nothing unusual in psychopathological research.”

Questions and answers

January 1969

Question : One of our ardent readers recommends that we publish a *Book on Health* with your help that contains spiritual HEALING METHODS. What do you say to that?

ELIAS : This is not *our* mission, because we are mainly dealing with a *circle of indoctrination* here. Our spiritual HEALING ENERGIES will benefit many sincere readers of the Menetekel anyway. Our co-worker ARMAND is virtually our HEAD PHYSICIAN and he has a great team at his disposal. Apart from this, our communication transmissions cannot be compared with your capabilities at all.

August 1969

Question: Why are there so many *genetic defects* these days?

ELIAS : This is due to the fact that *a lot of medication* is used. Apart from this, the consumption of alcohol is *huge*. Chemicals have a great potential to change the DNA (hereditary genes). Too many slimming tablets or headache tablets – it all adds up. One however has to take into consideration that not just one partner is to blame with all genetic defects. Either one can make a contribution in this respect.

- *The less artificial compounds enter the body the better it is.* In addition to this are the general *contamination of the atmosphere* and *methods of conserving food*.

All human bodies are capable of *producing* the most difficult chemical compounds *themselves*, if they are fed the *appropriate* raw materials.

- *It is a dangerous thing to take two or three different tablets in short succession.*

It is for instance completely amiss to take slimming tablets and then headache tablets *immediately after*. This leads to *unforeseen chemical compounds* and they can become dangerous. The first things that are affected are hereditary genes, respectively reproduction genes. This applies to everyone.

October 1969

Question : One of our readers thinks that the human heart should not be transplanted into another body, because the heart is supposed to contain GOD'S SPARK. What is your opinion on this?

ELIAS : If this was the case, no blood transfusions should take place either. The belief in this SPARK came about, because the heart reacts to severe emotions. Love, joy, *shock and hatred change its function*. However, I regard it more meaningful to try to help people through *artificial* means.

Question : When a person's lifespan is extended, this extended lifespan must surely *have some meaning*, namely that this person gains some valuable insight. How do you see this?

ELIAS : The now diseased heart patient in South Africa realised that *a lot of money could be made* from heart transplants. I do however believe that the sciences will research and find even better ways in the future. The departed now asks himself: Why did I allow them to torment me for so long? – For as long as physicians keep looking for the soul within the human body, they will *never* find it.

Question : Surgeons can change the character of a person by severing certain nerves during a *brain operation*. This is the reason why they assume that the soul is a function of the brain. What can you tell us about this?

ELIAS : *This is a mistake*, because the brain is simply a receiver and sender relay. Akin to a television set, the brain receives images and concepts. One can change a television set through interventions that it no longer receives certain programs, but displays completely new images instead. One can therefore also not assert that these programs do not exist, because one is unable to see things on the set that one should actually be able to see.

November 1969

Question : Is it true that snoring damages the heart and the lungs?

AREDOS : *Yes, that's correct*. The damage is caused by incorrect breathing. This naturally also severely interferes with one's general wellbeing. One can alleviate snoring to some degree by lying on one's side or by *elevating* the head *somewhat*.

Question : What is *SPIRITUAL HEALING*, which is questioned by many doctors, based upon?

AREDOS : It is mainly based on the *power of faith*. A strong conviction mobilises all the ENERGIES within the body, so that glands produce their own medicine which cannot be reproduced by science. The healing therefore takes place in a very natural way.

January 1970

Question : It is strange that mentally ill always do evil things, but never anything positive. What is the reason for this behaviourism?

ELIAS : Negative FORCES have a *direct* influence in these unfortunate people, that is to say, *they utilise them*, because they are unable to offer resistance. Common sense, as applied by the GOOD, will achieve nothing here.

Question : Does the NEGATIVE not show any regard for common sense?

ELIAS : The NEGATIVE finds *pleasure in destruction*. The POSITIVE makes *common sense one of its conditions*. You can observe this all over the world, particularly in political behaviourism.

Question : Where can people study common sense? Theologians say: "Look in the Bible."

ELIAS : Common sense is a gift from the LOGOS, ergo a *divine* characteristics. Ungodly

people *discard* their common sense. One cannot study it, but one can *sense* it or *discern* it. One cannot expect common sense from the NEGATIVE. Most criminals behave as if they were not *compos mentis*, because they *trained* and *developed* their will in a *negative way*.

February 1970

Question : Is there a chance that the dreaded *cancer* will be conquered one day?

ELIAS : Cancers are *not yet* curable, because we are dealing with *mutation procesess* here.

Question : Can one prevent cancers?

ELIAS : One can deprive it of certain favourable conditions. Cancer is the result of changes within cells. These changes are *hereditary*, but *adverse life styles* can also make a contribution. The *consumption of tobacco* is dangerous. Inhaling *exhaust gases* or smoking can lead to changes within cells. But the stimulation of specific areas of the body, for instance through pressure, can make a cell so unstable that it no longer listens to the correct INFORMATION (DNA). Everything *preposterous to nature* damages people.

- *Everybody has to pay for their own sins, because they will one day be their own relations.*

It will be possible in time for genetic research to control and to manipulate the mutation process of cancers.

- *A person afflicted by cancer should above all live in a harmonious atmosphere if this is possible.*
- *Having lard in your diet is also dangerous.*
- *Office workers are endangered because they often experience constant pressure from the edge of the desks.*

False INFORMATION must *not always* succeed immediately. It can at times take years until a cell shows a willingness to accept and then duplicate false INFORMATION, but the moment it does, other cells are also ready to join.

Question : Is it possible for a so-called chain smoker to be unaffected by cancer whilst his progeny must suffer from it?

ELIAS : This is certainly the case, because his progeny inherit a genetic inclination towards cancers. But this calamity will strike the truly guilty party just the same, because reincarnations will take care of this.

- *An irresponsible chain smoker falls ill due to his vices during a future terrestrial incarnation.*

The same applies to many other sins.

As we know, there is also a *negative creator*. His efforts are often *stuporous*, but they distinguish themselves through their *great effect*. GOD'S *antagonist* hides behind manifoldness and *not* uniqueness. As his representation is so proliferous and many faceted, he is not even recognised. Goodness, respectively the divine distinguishes itself through its *uniqueness*.

- *Without the co-operation of human beings, the power of the antagonist would have come to an end already.*

March 1970

Question : There are cases called severe *freaks of nature*, similar to the Contergan Children. Such examples make many people despair, because they regard such *deformities* unjust. What does the spiritual realm have to say about this?

ELIAS : There is no such thing as injustice! People either have caused *their own* misfortune, not necessarily during their present life, or they must *redeem KARMA* that serves their development, because they do not react to any other means of discipline.

- *In regards to deformities, no human being on Earth can assess which soul is incarnated for this specific reason. But apparent injustices are always compensated for.*

It is not up to us to give you more detailed information; suffice it to say that these unfortunate souls *deserve a lot of understanding*. Those that help them not only help them, but also *themselves*.

- *It is a sacred duty to help all needy people sensibly.*

Question : Does the mental attitude of human beings have a direct influence on their health?

ELIAS : *Absolutely!* Human beings can completely *poison* themselves through a *negative* attitude. They then *age very quickly*. People gain enormous STRENGTH from a *positive* attitude and from being convincingly AWARE of the divine HIERARCHY. They then produce hormones that promote their health.

- *CHRIST healed people in this way, namely by activating the antibodies within people through faith.*
- *A positive attitude, that is to say, a healthy and logical faith in GOD, scares the negative FORCES, who contemplate the destruction of human beings, away.*

April 1970

Question : *Organ transplants* cause quite a sensation. Is it alright to transplant human organs? – What do you make of vivisection?

Answer : I am against all types of experiments with animals. There is no justification for such actions under any circumstances. Animals are *entrusted* in your care and attention and

you are *responsible* for their growth and development to some degree.

- *To cause a helpless creature pain is poor repayment for their love, devotion and faithfulness.*

Nature's healing energies, in their various forms, await your exploration. The GREAT SPIRIT prepared everything that is required. There is no reason to destroy any member of the animal kingdom.

Those that heal your illnesses from *my* world – and it is said that they developed a special knack for alleviating suffering and that they even had results where patients had already given up – do not engage in vivisections *under any circumstances!* They utilise *herbs* from fields, forests and meadows and the EMANATIONS of the SPIRIT. They certainly do not cause the slightest pain to any creature.

The universe is filled with a *moral* purpose; *immoral* intentions mean *the opposite* of universal LAWS.

- *Do not deem it appropriate to transplant human organs that are not destined for the human being they were initially intended for. This is the reason why organs experience rejection. The human body is an individual entity.*

One tends to forget that a completely useless body is *renewed* through the next reincarnation. Organ transplants would be seen in completely different light if doctors would know *more* about the soul and about reincarnation. A lot of things are *preposterous to nature*. This is why synthetic materials are far better.

August 1970

Question : When it comes to many prayer healings, the sciences talk about “autosuggestion”. Is this correct?

ARGUN : Autosuggestion is connected to faith. If one turns one attention to faith, autosuggestion enters the equation at the same time. But autosuggestion can have the effect that *all healing energies are activated*. If this is so, the healing is called *spiritual* help.

October 1970

Question : Do all human beings have HEALING POWERS they can employ to heal others?

MARZELLA: Generally speaking, all human beings have their own HEALING POWERS. They mainly emanate from the hands. Most are hardly aware of them, but they *subconsciously* act *correctly*, because their *instinct for self-preservation* dictates this. People do for instance the following:

- When they have a headache, *they lay a hand on their forehead.*
- When they contemplate things and no ideas form, *they place their thumb and index finger on the bridge of their nose.*

- When certain parts of their body ache, *they also place their hands there.*

You do, without knowing it, make use of a significant metaphysical ENERGY.

March 1971

Question : Why is it that man's spirit is also subject to the law of inertia, for instance that an older person thinks more ponderous?

ELIAS : The spirit is certainly not subject to a law of inertia. Only the spirit's ability to correctly work with the brain relay is *inhibited*. This is where the *deception* that the spirit does not function correctly comes from. A spirit is able to think correctly, but when its instrument is no longer good for anything, it will not be able to correctly contemplate things as long as it is still tied to an imperfect instrument. This however comes to an immediate stop once the spirit is delivered from the body.

What it comes down to is that the physical body is a RECEIVER STATION for the spirit equipped with a SUPER ANTENNA. The spirit naturally utilises its INDIVIDUAL FREQUENCY.

The situation however turns dangerous when *base* spirits discover that they can *accurately tune into* the FREQUENCY of a human being. This is the start of devilish inspirations. They are most successful when they find like-minded subjects, people with a *similar* FREQUENCY to their *thought processes* anyway.

- *The reality is that human beings are robots in the hands of their soul.*

If a surgeon changes something within the brain, the result can be that the brain will then react incorrectly. This can also show up in the behaviourism of a person.

- *Telepathic thoughts and thought impulses do not go via the relay called BRAIN, telepathy doesn't use the brain whatsoever because the streams of thoughts go from spirit to spirit.*

April 1971

Question : Is it really true that a healing ENERGY streams from one's hands, one that can heal?

Answer : *This is absolutely correct.* The great teacher CHRIST already indicated this. A mother can placate her child solely with her hands. The POWER of the SPIRIT can flow from hands.

- *Doctors unfortunately do not know how important the hands are in the healing process.*

But when people love, they become *sensitive* and immediately recognise how important stroking with hands is. *This* type of influencing can be developed enormously. Doctors however regard the knife *more important*.

May 1971

Question : Does vegetative life really exist, ergo soulless bodies that are still being kept alive?

ELIAS : *Yes, it happens*, but these soulless bodies only have a *limited* life span. The sciences make the huge mistake of *not* working hand in hand with GOD.

(Comment: Large sections of the medical fraternity in Brazil take a vivid interest in spiritual insights and messages from the spiritual realm, particularly spiritual healing practises like the laying on of hands astonishes many. A lot of doctors in Brazil have already recognised these healing potentialities.)

Question : How can one change this here?

ELIAS : The sciences must strive in this direction through *research*. GOD gave man a brain for this. Creation is *not* yet completed and man is called upon *to participate* in the completion of creation.

- *All research intended to improve mankind's wellbeing represents co-operation with GOD. – All experiments and tests directed against mankind represent co-operation with the antagonist.*

You do work together with GOD, don't you?

March 1972

Question : Today's medical science talks about "suggestion", respectively "autosuggestion" in regards to *prayer healings*. Is this correct?

ARGUN : Let's be completely honest here: Autosuggestion does indeed play a decisive role in people's lives. One should however not forget that *not only* autosuggestion helps, but that in the final analysis, healing RAYS also has a *mental* influence. We are dealing with *invisible* RAYS here that emanate from the LIGHT of positive spirit beings. These RAYS have an effect on patients. *The healing agent is divine LIGHT.*

June 1972

Question : We are of the opinion that highly evolved human beings cannot be physically ably active if they are plagued by certain illnesses. What do you say to this?

ELIAS : People on other planets verify that it is absolutely possible for people to cope with many kinds of illnesses spiritually. But GOD'S opponent endeavours with all available means *to prevent* SPIRITUAL HEALING. He *interferes* with all relevant cognitions and practices. This is why successes in this field are treated with *hostility* and called confidence trickery.

Question : Are there negative bacteria on highly developed planets?

ELIAS : Yes, they also appear there. The people there are however in a position to develop antibodies that make them immune. Even if a person there is attacked by an illness, they will get rid of this evil in a very short time.

- *Terrestrial people can even immunise themselves against certain illnesses through the correct mental attitude. Even cancers could not get a foothold then. But when one sins and allows all vices free reign - what then?*

(Comment: One should remember that joyful holidays provide stamina and recuperation. ELIAS drew our attention to this, namely that short periods of joy can be *very medicative* and *promote* the spiritual healing process. The circle leader, *Herbert Viktor Speer* suffered a very severe varicose vein infection on one leg that no doctor wanted to operate or use sclerotherapy on, because they thought it was *too risky*: The patient's mental attitude managed *to completely heal the affliction*.)

November 1972

Question : Why is this human race prone to so many illnesses?

Answer : This human race is *not* immunised against the fear of dying. All types of dread or fear however *change* the defence mechanism against certain illnesses or diseases. This starts with the nervous system; all organs are included in this negative process later on.

- *One's fear of dying can lead to one's death or to one's premature demise. Objective knowledge in regards to the survival of man's spirit in ANOTHER WORLD can enormously strengthen a human being to a degree where all hidden ENERGY SOURCES within an individual are mobilised.*

Your medical knowledge beyond death is nonexistent. *This* is a mistake, because one's "actual" existence is infinite.

December 1972

Question : Why is there a probability that a child in its eight month of gestation might be stillborn?

ARGUN : The eighth month of the gestation period is *the month when contact between the body and the soul takes place*. If this process is disturbed the prevalent result is then the demise of the child.

Question : More and more children are born with physical blemishes. Could mental influences by the mother cause these damages?

ARGUN : Mental anguish and shocks naturally affect the mother and her nervous system. But any physical damage to the child has nothing to do with it.

- *Genetic influences caused by poisons remain for generations.*

Smoking and drinking are far more dangerous in this respect than you assume. But medicaments are also to blame. These intoxications remain viable over generations.

Question : What happens when a mother-to-be smokes?

AREDOS: She will damage the child, because the circulation is no longer reconciled. These children are to be pitied, because they have nervous disorders, are moronic and their circulation is out of whack.

April 1974

Question : Can you tell us something about *birth deformities*?

AREDOS: The positive WORLD of SPIRIT also knows about all of these things. Terrestrial mankind living in a physical world has very little knowledge about real LIFE, therefore also little knowledge about death.

- *The Bible certainly does not suffice to explain the mystery of human deformities stemming from birth.*
- *As the highest, rational being, people are beholden to ensure that all disturbances within divine natural processes are avoided or removed.*

People should actually know that terrestrial life is *not solely* determined by GOD alone. The opposing, antagonistic POWER of the great, otherworldly REGIONS is always ready to annihilate and to maliciously destroy things. These processes can be observed throughout all of nature. But human beings are not uninvolved in such derailments; they are rather *accessories after the fact*.

- *Ossified Church dogmas can not help here. An appellation to the divine OMNIPOTENCE will also not help, because human beings have to bear their own responsibilities in regards to life in the physical world.*

Mankind on Earth represents GOD'S *physical* arm. But mankind can *also* represent the arm of the devilish POWER. According to the deliberated opinion of the spiritual GUIDANCE INTELLIGENCE of the otherworldly REGIONS, terrestrial people are beholden to:

- *Try with all available means to eliminate or to arrest the development of all of life's maldevelopments.*

With this act, people engage themselves in the divine order and absolutely act within the divine PLAN of development. The commandments of the Holy Scriptures however oppose this.

- *It should be mentioned here that the 10 Commandments do not comply with the texts originally transmitted.*

When talking about "thou shall not kill", it naturally means all *senseless* killing. This includes killing due to *avarice*, for *pleasure*, *jealousy* or *political* reasons.

- *Killing for progressive reasons is not affected by this. Meaningful killing is not murder. If this was so, all vermin and the demonic powers' poisonous creations would also have to be spared.*

Human beings were endowed with the power to be masters on this planet. But they should govern in a *progressive* and *meaningful* way! GOD'S antagonist (Lucifer) almost always plays a part with birth abnormalities. You must not forget that the devil

also possesses a certain amount of CREATIVE POWER. GOD certainly has the *greater* POWER in his hands, but this does not rule out the fact that his creation is *attacked* with unimaginable force.

- *Do you really believe that it is according to GOD'S PLAN for an unviable birth deformity to attain a life here on Earth? – No! If this was the case, every creature would have to lose its trust in the creator.*

Do not portrait GOD in the role of a tyrant! He created the LAWS. These LAWS of NATURE connote the *perfect order* throughout the universe. He can therefore not change things when derailments take place that have *other* causes and that are *not* of GOD'S doing. If GOD wanted to interfere here, he would have to *change* his LAWS, LAWS that hold the universe together.

- *It is therefore never GOD'S WILL to have such births to take place; they happen outside of his POWERS and must therefore be eliminated outside OF all divine considerations.*

Observing the animal kingdom, one can see that animals act according to these points of view.

People live in *fanatical religiosity* and this makes them oppose all sensible inspirations. Viable life must naturally be promoted, but this doesn't mean that sensual pleasures must come to the fore to populate the world.

- *When common sense demands that life is to be constrained, people have the duty to make sure that life remains unborn; because once it is here, it has the right of communal existence.*

Human beings were endowed with a mind that enables them to make decisions about what promotes mankind and what destroys it. The spiritual realm is of the opinion that each birth abnormality represents a severe burden on mankind. It took place *against* the divine LAWS of NATURE and it therefore has to *remain undone*. As GOD and his HELPERS do not have the corresponding influence on organic matter, this assignment is *left to mankind*.

As you know, life is *not directly* in GOD'S hand, but in the hands of his LAWS. I am absolutely convinced that this problem will one day be solved to everybody's satisfaction.

- *The midwife is responsible for not allowing a malformed baby to take its first breath in this world.*

As far as the incarnated soul is concerned, no human expertise can kill it. It *returns* to the GREAT REALM and awaits a *more favourable* opportunity.

(Comment: A judge only recently decided that a malformed child, suffering from the worst kind of disadvantages, had to be operated on, *even though* all consulted specialists regarded any operation pure painful nonsense. Ignorance in regards to the human existence is clearly displayed here. After all the failed operation, the child eventually died. The answer from AREDOS was published in the journal "*The other World*" Issue 4, April 1963.)

June 1975

Question : Today's medical science is aware of the dangers of *psychosomatic* illnesses. What can one do to avoid such dangerous illnesses?

AREDOS : Atheism takes pride of place here, because it is the exact opposite of the power of faith.

- *Atheism leads to discontentment and disequilibrium.*

This is why it is the *main factor* in regards to the question of health. It is the actual source of many psychosomatic illnesses that will gradually attack the organs also.

Question : Do visionaries suffer from a mental illness?

AREDOS : We are *not* dealing with a mental illness, but with *damage to the personal PROTECTIVE AURA*. Visionaries get lost in their own fantasies. When they get out of control, something that happens most of the time, they lose the natural PROTECTION they had on their side up to then. Personal GUARDIAN ANGELS lose contact with their protégés. The result is that they *lose contact* with logic. But as logic has a *divine character*, they naturally also separate from GOD. This is why one cannot depend on visionaries.

Question : There are a variety of mental illnesses. Doctors assume that these illnesses are due to disturbances within the brain. Is this correct?

AREDOS : There are a lot of mental illnesses that have *nothing* to do with the brain. But people's *mentality* plays a *major* role here.

- *For instance, when somebody is very discontent and is in constant discord with everything, he or she will inevitably attract base spirits.*

These hoaxing and nuisance spirits can become very dangerous to people. They will eventually control their victims to a degree where they *behave like an insane person*. When this condition lasts for some time, it can eventually become *psychosomatic*, that is to say, the organs will be affected. When it comes to mental illnesses, otherworldly entities are usually involved. Doctors have unfortunately not yet accepted this fact.

July 1975

Question : One gets the impression that civilised mankind becomes *increasingly psychopathic*. A lot of people in the USA already regularly consult psychotherapists. Wherein lays the cause?

ELIAS : This illness is mainly brought about by *discontentment* and *disharmony*. As mankind hardly possesses a stable religion, mankind is so insecure that *this insecurity makes it ill*. Almost all psychopathological phenomena stem from this situation.

October 1975

Question : Vegetarians offer *meat substitutes*, are these alternative food products preferable?

ELIAS : These food products also contain preservatives that have a damaging effect.

- *Frozen foods are best.*

But talking about cancers, its spread is mainly due to a polluted atmosphere.

- *Lack of oxygen in particular promotes cancers.*
- *The excessive consumption of citrus fruits and juices attacks the lining of the stomach and this also creates conditions for the development of cancers.*

The pollution of the environment is *not given enough* attention to. This is where a genuine danger lurks for mankind. All that money spent on general global armament should rather be spent on making the world a cleaner place.

- The End -