

Psychic Working Circle

² Publisher: Rolf Linnemann (Certificated Engineer) * Steinweg 3b * 32108 Bad Salzuflen Tel. (05222) 6558

E-Mail: RoLi@psygrenz.de

Internet: http://www.psychowissenschaften.de
Translator's email: evak30@optusnet.com.au

The answers to these questions were transmitted by TEACHERS from the SPHERES of LIGHT. Paranormal voices appearing within the protocol were captured on tape and are marked with T.B: (Tonband). Any words that are underlined are authentic with the original transmission. This working circle grew out of a meditation group and commenced its psychic activities on October 25th 1995.

Arrangement : Protocol P45 – P48

Theme : Tolerance and Forgiveness

Questioners : Members of the working group

Kind of transmission : Inspiration and/or medial writing (automatic writing)

SPIRITUAL TEACHERS: ARON, AELIUS, ALBERT, BALTASAR, BARTHOLOMÄUS

EMANUEL, JOACHIM, LUKAS, LEONHARD, MICHAEL,

MAGDALENA, TIMOTHY.

GUESTS up to now : AMENDON, ELIAS, EUPHENIUS, TAI SHIIN.

Introduction:

GREETINGS TO GOD AND PEACE ACROSS ALL FRONTIERS! We are welcoming all present from the OTHER WORLD very cordially. "Where two or three are assembled in my NAME there I'll be right in the middle of them," these CHRISTIAN WORDS shall guide all our meetings. We will do this work in HIS NAME so that it will serve everybody. Only HE is able to send authorized TEACHERS so that we can receive the TRUTH. We ask CHRIST to bless all present here with HIS spiritual PROTECTION so that we won't be a plaything for the antagonist of GOD. We know that we have to make the greatest contribution ourselves. – Our destination is it to grow through spiritual TEACHING, then to be able to distribute the TRUTH there where it can fall on fertile ground. We are asking for GUIDANCE so that our mission on earth will be justified. We cannot reach this destination under our own steam, without spiritual HELP. We thank all HELPERS from the OTHER WORLD who support us in this. In this sense we are hoping for a blessed and enlightening evening.

Words from the MESSENGER of LIGHT, WHITE EAGLE

We *understand* life on earth because we once also lived in a physical body. We know of problems and difficulties, which are frightening you and know the *seeming* injustices, you are suffering under. But we also know that all this can only be managed by the SPIRIT of the SON OF GOD – when the LIGHT in the heart – will be realized. It is that easy! LOVE is the key and LOVE is always the answer.

ARON: GOD BLESS and PEACE ACROSS ALL BORDERS! All elements and all LAWS OF GOD can *only* be brought to radiate and to reach their full potential through you, through your ENERGY alone. – Rolf, what do *you* think in connection with the divine LIGHT?

Participant: On the one hand, the divine LIGHT is found in the consciousness of all of animated nature. On the other hand, all of matter is *compressed* LIGHT OF GOD. Furthermore, the divine LIGHT is the ENERGY OF LIFE which is flowing through the whole universe and the higher PLAINS of existence too. Besides, every human being has a SPARK of the divine LIGHT with*in himself*. Divine LIGHT is ABSOLUTE LOVE which envelops the whole of CREATION.

ARON : How do you let y o u r divine LIGHT flow?

Participant: I hope it is flowing but I cannot say *if* it is flowing. It is like someone asking me if I am a good human being. I can't answer this also.

ARON : How do you *interact with* other people?

Participant: Differently. When I notice that we are not on the same "wavelength", I often withdraw. I do not want to have anything to do with those who has caused me harm or have deceived me, anymore.

ARON : What stops you from letting your divine LIGHT flow to these people, these living souls?

Participant: The negative act that went before.

ARON : What about forgiveness?

Question : Can one really forgive *everything*? Wouldn't this open the door for anarchy.

ARON: No, it wasn't meant like that, but the meaning is that you can forgive these acts which have hurt you, from inside yourself,. To forgive these people right from the heart does not mean that what happened will be absolved or made smaller, but that you can forgive these souls from within yourself, you, a child of GOD. Only then can your SPARK grow further and your divine LIGHT shine in its glory.

Participant: Due to the *absolute* JUSTICE OF GOD, I must not be concerned whether those, who have caused harm to me or have put me under spiritual or mental pressure, will be called to account?

ARON : Precisely! – For that reason you must approach these souls differently. You have to make the first steps. We have chosen $for\ you\ a$ guiding light so that you

walk along this path $more\ consciously$. This should only serve you as an aid for your memory.

Participant: I don't believe that I hate the people who have hurt me. It is more a *deep-seated disappointment*. But I do admit that in the past I have wished that something bad would happen to them.

ARON : This statement came very much from your head. *Your stomach* is indicating something else. It is *not* corresponding.

ARON : Manfred, now to you. Your theme is: *divine LOVE*. Do you want to say something about this to us?

Participant: I believe that every human being is given this divine LOVE by GOD. We have the duty to impart this divine love to those around us.

ARON : That's right. - What do you do with this divine LOVE?

Participant: I give it to people whom I really love.

ARON : And what about the other people?

Participant: I pick and chose. - Maybe I don't realise that I don't give these people any LOVE. I don't know.

ARON

- Be more consciously aware about your attitude towards other souls!
- Watch, how you are behaving towards these souls!
- Be aware if you are judging or condemning them in your thoughts.

Think about it – you do *not* have *the right* to *judge* or *condemn* other souls, this is a divine LAW! These are two different levels connected by a very fine transition. They have a different subject-matter.

Divine LOVE has a higher LEVEL of VIBRATION than divine LIGHT!

Manfred, please don't misunderstand this! You are misusing this divine LOVE sometimes! - This divine LOVE has been given to you to meet your fellow man with LOVE and not to cause harm to these souls by negative thoughts. Our request to you would be:

Check your thoughts!

These themes, which everyone here has got to know, are entangled and linked together very tightly. Because of this, I said to you that should exchange them accordingly. You will find yourself in everything and everybody because these are the steps on the way to your spiritual development.

Objection: You said that we don't have the right to judge and condemn other people. If this is really so then we could eliminate all legal systems on earth.

ARON

: I meant with this your inner attitude and not what you are doing here on this planet as human beings. These are two different plains! You are again merging both plains together.

- On the one hand you have your combined life-development here on earth with your human laws and regulations.
- divine LAWS, On the other hand you have serving your DEVELOPMENT as SOULS.

Question

: How can I send *positive* thoughts to someone with whom I have squabbled or have fallen out?

ARON

ARON

: This is learnable! Why should it not be possible? Try it out and you will be surprised what you are able to do!

Question : What does this change?

: You will reach another CONSCIOUSNESS.

Objection: But the problems remain.

ARON : It is not all about earthly MATTERS but more a question of your spiritual

development!

: It isn't hard to use offending words, whereas it is incredible difficult to say a Question

forgiving word. Why is this so?

ARON : The reason is that one can easily turn the attention away from oneself because one

can see a reflection of oneself in the others soul.

Participant: It has always been quite easy to break something.

ARON : These are also experiences and structures, acquired on planet Earth. Brotherly

love, gratefulness, humility and acceptance – where are *these* still taught?

Question : There are people who did something wrong, however they feel they did right. They

don't know what they should apologize for and say this openly. How do I handle a

situation like that, if I would like to forgive them?

(TB: this is difficult.)

ARON : We want to let you know that different people perceive things differently. It is

difficult then to reach this soul and for it to see things your way. When you meet such souls, it is useless if you try to explain the facts from your point of view, you should try to forgive this soul from within your heart and by doing so, find your

inner peace.

: How can I forgive someone, if that someone doesn't want my forgiveness? Question

ARON : You can only change these people with your inner attitude and with your inner

LOVE for this soul. Check, if you meet this soul with pure divine LOVE.

Participant: It is my believe that you can *only* forgive someone and forget the injustice done to

you, if this someone is asking for forgiveness.

AEON : You have to forgive *yourself* first, *before* you can make contact with this soul.

Question : What have I to forgive myself? -I am the deceived!

ARON : Even thou you are in pain with this injury done to you, you must be able to forgive

this divine soul and to envelop it in LIGHT.

Objection: But even GOD forgives nothing! In the Spiritual REALM every last human being

is subject to the absolute JUSTICE OF GOD.

ARON : These souls always get a chance to make good their misdemeanours. This is forgiveness and a pardon! – You must first forgive the soul for the thing it has done

to you personally so the soul *can recognize* if you approach it in pure LOVE.

Question : How can you forget people and their negative acts, if these people and their actions are always in your memory and are producing a corresponding feeling?

ARON : These are machinations of feelings and experiences, which are made on Earth. Do *not* take them *with* you but try *to neutralize* them here on earth.

Objection: Until now, I have always thought that a "neutralization", as you call it, is only possible through a *new* incarnation.

ARON : Forgiveness in the context of tolerance *not only* exists in the case of a new incarnation, but especially then, when you forgive the soul *in thought*.

Question : Is it true that one can only truly forget through a new incarnation?

ARON: That's true. What we talk about here is painful memories you have gathered here on earth. It *starts with* asking, from within, those for forgiveness who have done something to you *here on earth*. There are always *two plains*! You often *mix* these plains up! You certainly have the right to invest energy in trying to explain to yourself what is right and wrong in your way of thinking. But please think:

- There is a divine JUSTICE!
- If you do *not* let go, you will keep a negative vibration in your emotional body!

Question: Man should decide wether to be *for* or *against* GOD, meaning to learn to differentiate between the good and the bad. Therefore one must also learn *to judge* the acts of others to be able to *classify* different characters. How else should this work?

ARON : This is again an example of free will: You *decide* for yourself if you're going to be good or bad. You are the ones who *decide* if an other human being is good or bad. But you are always seeing *only one part* of this soul-body! It depends on the thought patterns and FREQUENCIES that you are sending out. These manifest *everywhere*!

Objection: It surely depends on how someone is behaving.

ARON : These are perception that you get from people and you are judging them *by it*. You are often judging someone *very quickly* and make decisions about them *before* you have even got to know them better! - What is preventing you from saying goodbye to these people but *nevertheless* take a divine, inner STANCE in relation to this soul? - There is already *too much* negative ENERGY on this earth!

Participant: If one is *trying hard* to have a conversation to clear a situation, and ones efforts are blocked, this surely must be a sign that these people don't *want* to be forgiven.

ARON : What keeps you from saying an inner good-bye *to these* people? *Why* do you need an apology from them?

Participant: What is keeping me from doing that is *the memory* I have of it.

ARON : Only you can neutralize this memory, this negative memory, by *sending* divine, *positive* ENERGIES *to it*!

Participant: I know from my own experience that I can hardly remember the things I messed-up in the past and which others have forgiven me *for*. In other instances where I have *not* been forgiven and where *no* clarifying conversation has taken place, I can remember them very well as these things are welling up from the subconscious every now and then.

ARON: This is exactly what I'm saying! You have hit the nail on the head. Because these memories, where you have asked for forgiveness or the other way around, are neutral and have dissolved. Where it has not come to an inner reconciliation, the feelings and experiences will come to the surface time and again.

• Why do you need an apology from someone else? - Look at yourself! Dissolve this negative energy by yourself!

You can't always *expect* from people who have done wrong that they want a reconciliation. If *you want* an inner reconciliation with this person, this soul, you can *only* reach them through a divine TRACK and so dissolve the negative energy.

• These souls will cause a restlessness in your soul-body until you find an inner, neutral attitude towards them.

Question : In meditation and prayer, I have forgiven all those who have caused me damage or sorrow. Is this the end of it now?

ARON: If you can say "Yes" to this within your divine HEART, then it is forgiven.

Objection: But *nevertheless* I can't erased the memory of it.

ARON : Then check it out!

Objection: It is my believe that *only GOD* can forgive and erase the memory out of the human mind.

ARON: You, as a divine SPARK, as a divine CHRIST CONSCIOUSNESS and as a divine PART of GOD here on Earth, *can* ask from within any human being for forgiveness

• This is an ASSIGNMENT FROM GOD!

Question : How can you change negative thoughts into *positive* thoughts?

ARON : You can *only* neutralize negative thoughts by *sending* them *positive* THOUGHTS and *asking* in a divine way *for the dissolution* of these negative thoughts.

Question : Do feelings like rage and anger belong to an earthly life too?

ARON : They belong to an earthly life and are therefore legitimate.

Question : It is therefore better for an earthly soul to express its rage than to push this into the subconscious?

ARON: *Clearness, Honesty* and *LOVE* are the most important RULES for these human reactions. Rage is a mechanism to *neutralize an inner instability*. It is better to express this rage than to get stomach ulcers!

Question : But rage and aggressions *attract* negative things?

ARON : Rage, which is honestly directed at yourself, is always a critical pointer for your.

Participant: But usually you do *not* turn a rage against yourself but against *others* because *their* negative acts always bring about this rage.

ARON: • Check every evening by recollecting all events of the day, when such slip-ups have happen and neutralize them with a prayer.

Question : Is it really that easy?

ARON : Often the most simple is the *most effective* method.

Question : And what if the memories come back sporadically?

ARON : Then you still have *not* forgiven these souls from deep within.

Participant: I'm still the of the opinion that it would be a lot easier for both sides if at first the culprit *regrets* his act and *apologizes for it*. You could then forgive and forget everything and everybody. It is my opinion that as long as the apology is missing, a real forgiveness is not possible.

ARON :It is not possible to forget, if it does *not* come from the divine HEART,.

Participant: I have experienced it myself that people have embraced each other after one has forgiven the other. Through this act, the whole episode has been removed from this world forever. Both can now start to rebuild their relationship from a healthy basis.

ARON : This is *forgiveness*. - This is *only* possible *through the head* and *not* through the heart!

Participant: Therefore an apology really must go before words can clear up the situation.

ARON : You can say the words or the other one can. *Don't expect* that others come up to you. You can only settle it for yourself. Important is what *you* want!

Objection: CHRIST said: "Nobody gets away until that the last penny is paid." There is no forgiveness in this sentence. The invoice is presented without recourse.

ARON: What is meant here is that when a soul passes across to the Spiritual Realm, a bill, down to the last penny, is presented. You have a chance *here*, with *your* thoughts and *your* divine LOVE, to keep your "account" to a minimum.

Question : What's the criteria you use to identify the character of a human being?

ARON : A look into the soul and into the human heart is enough. Character is the human expression of differentiation, it mirrors if one was good or bad on earth. This is your instrument for differentiation, helping you to recognize if this human being is good or bad. This human character doesn't exist for us because all is reflected in the divine soul.

Question : Can you recognize in this way the advances or set-backs that someone has made on their spiritual path?

ARON : Of course, that's the reason we are doing this WORK, *to help* you and other souls to find and to walk this path.

Participant: I would like to ask you for a ruthless analysis of my personality, because one is often not as far advanced as one likes to thinks one is.

ARON: We would like to ask you to work further on the points we have given to you (tolerance and forgiveness). We have given you both these human traits so you can continue to advance from your level of consciousness. You will come back to see us when you think that you have worked out these two points by yourself.

• Put all your knowledge to use in your daily life!

Life is the training-ground for your soul. You are being tested on a daily basis a thousand times and you pass or fail these tests unconsciously.

Question : If there is no understanding on the part of the perpetrator and no

clarifying conversation is desired from that party, what is the sense of forgiveness

if the other party still sends out his hatred?

ARON : The sense in this is that you have tried in your thoughts to reach this soul and

therefore have not collected any negative Karma.

Question : Why have *I not* collected any karma? I don't understand this.

ARON : On earth you would say: You have collected "brownie points".

Participant : If you meet your antagonist every day, for example in your neighbourhood or at

work, quite often a new negative situation will be created. If one should continue

to forgive, one will be forgiving for ever.

ARON : You can *neutralize* yourself and by doing so, these negative VIBRATIONS

cannot attack you anymore.

Question : How does one apply this?

ARON : If you have made your inner PEACE with this soul, these negative

VIBRATIONS can't damage you any more. They will rebound off you and your

soul and your physical body will not get sick.

Participant: A spatial distance between the estranged parties would simplify things. When you see each other every day and the other doesn't wish a reconciliation, then

forgiveness is impossible in my opinion.

ARON : This has nothing to do with distance but with your inner attitude, in how

you encounter your antagonist. A spatial distance would not clean the discord

in your heart. You would not GROW!

: We assume that a one-sided, inner forgiveness has really occurred. However, the Participant

other side only lies in waiting to again provoke new negative situations just for

fun and to make you angry. I don't see any sense in perpetual forgiveness.

ARON : This makes sense, as you get stronger in your forgiveness, these IMPULSES

can't reach you and can't unbalance you anymore.

Participant : When over many years this hatred has been stoked and the anger provoked by the

antagonist, it becomes a permanent state. How can you release yourself out of

such a situation and clear it in a divine SENSE?

ARON : By building a CIRCLE of LIGHT around you and asking that these negative

elements can't reach you anymore.

Consider this; GOD forgives without consequence and doesn't ask if the

other forgives. GOD gives every soul a chance to COME HOME!

Question : How can forgiveness make sense if *the other* continues to spread his hatred?

ARON : It is important that you recognize that by forgiving, you advance the

> DEVELOPMENT OF YOUR SOUL. You can change these negative vibrations with the ENERGY of your thoughts and the ENERGY OF YOUR HEART. There is a chance that the other soul recognizes that you are not longer open to

> attack and you will recognize that these VIBRATIONS don't reach you

anymore.

: Should one exercise tolerance if someone takes measures which are damaging to Participant

an individual or even the whole community? Have you as a human being the duty

to protect others?

ARON : You can only exercise tolerance and acceptance within your zone of possibilities.

You can only change a certain portion of these negative ENERGIES with your thoughts. Be assured that many positive ENERGIES lead to a STREAM of

ENERGIES and that you are connected with others in thought.

Participant: A way of life on earth, as determent by God, has already been worked out and published by the Medial Peace Circle Berlin. Wouldn't it suffice to live life

accordingly and to stop the work of a circle like our here, is doing?

EMANUEL: That's right. But often it is necessary to have an exchange to give renewed attention to these things once in a while. - We want to try again to make it clearer for you, what is meant with two PLAINS that you have in you as a human being here on earth. Your dissatisfaction has arrived!

Imagine a scale with two scale pans: On the one, side justice *on earth* and on the other side, *divine* JUSTICE. Holding both scale in the middle is the divine SPARK and *over* the top of *it* is your CHRIST CONSCIOUSNESS. One side of the scale is filled with all that is around you *in* your *life on* Earth: morality, power, grief, impulse and also pain and fears. The other side is filled with all that makes you a child of GOD: your LOVE, your mercy, your brotherly love, all qualities that make you a *divine* ENTITY.

• Your aim should be lift one scale in a divine SENSE and thereby diminishing the power of the other. But you will be confronted again and again by the values of your earthly world.

Question : The aim is therefore *not* to balance the scales but to achieve a clear overbalance in favour of the divine QUALITIES?

EMANUEL: This should be the divine AIM for every soul here.

Question : Should we not strive for a path down the middle?

EMANUEL: No. – You can only reach this if you give more importance, more attention and more clarity to the other side.

Objection: If all people were of good characters one wouldn't need this working circle.

EMANUEL: Then you wouldn't be here!

Question : But?

EMANUEL: Then you would be on another LEVEL OF CONSCIOUSNESS.

Participant: You said that we must learn to make the first step to forgiveness *even* when we are the aggrieved. party. This contradicts the idea, that GOD also waits for HIS lost son Lucifer, *to see reason* and voluntarily come back to HIM to ask *for forgiveness* for his bad deeds. The demon comes to GOD and *not* the other way. Would the opposite not be illogical?

ARON : It would be illogical if Lucifer *did not know* the divine LAWS. But *he knows* these LAWS and *knows* their contents. Here on this planet are souls who do *not* know the magnitude of these divine LAWS and do *not understand* what they cause with their acts.

• You can contribute with *your acts* to *remove* some karma from this soul!

Question : An angel like Lucifer must know that there can only be one WINNER in the

BATTLE OF ARMAGEDDON – and that will be GOD! Why does this demon continue to provoke GOD *and* to attack HIS CREATION? Illogical behaviour,

don't you think so too?

ARON : This reasoning does not exist in his mind as he *still* means to exercise complete

power.

Question : How will GOD react if HIS first born son comes back to HIM and asks for

forgiveness?

ARON : The same as HE does with *every* soul that comes back to HIM.

Question : Is the sorrow caused by the demon dismissed with his request for forgiveness?

ARON : No! - He too will start on the wheel of rebirth and incarnate into matter if he

regrets with a pure heart all that he has caused.

Question : If he were the last soul to come back to the HOUSE OF FATHER, would

Lucifer incarnate alone into matter?

ARON : Yes. - All power would be taken from him through your acts and activities.

Question : What guarantees do we have that all your answers are actually correct?

ARON : None! - You can only accept what is right or wrong by sifting all information through your conclusions and feelings.

Question : When we receive answers about the supernatural, how shall we "feel" whether the answer is correct? This is impossible in my opinion because it is beyond the human mind.

ARON : That's right. It is very difficult to understand. - Check!

- A healthy mistrust is good.
- Be on guard from over-discussion.

Question : Could one formulate a standard winding up of our theme "Tolerance and Forgiveness" as follows?:

- 1. If someone is attacked by another, he should always be aware *who in reality* is behind the attack.
- 2. One must learn that by entertaining negative, ungodly thoughts, every human being is making itself a progeny of the antagonist of GOD and will therefore *automatically* become its tool.
- 3. When a divine soul causes harm of any kind to another human being, the aggrieved should always see the negative power *behind* this, *this makes it easier* to forgive the other soul.

EMANUEL : We would add to complete the statement that – as so just said – you would otherwise *abandon* the divine path.

• Keep your thoughts, your thought-process, in a divine SENSE, clear. You will notice that the negative side is keeping its distance from you because you are surrounded by so many SOULS of a HIGHER VIBRATION that they can't exercise any influence over you any more.

Question : Is a person shielded like that, uninteresting for the negative side?

EMANUEL: Not uninteresting but *not reachable*.

We like this session to come to an end. - We would be glad if more questions about this theme would be asked at a later date as is very difficult to make it clear to you that you are *living* all these components and have them in you, they are marked by the free will you as human beings have received.

• Only human beings are able to manoeuvre this free will. Everyone for himself!

Everyone is *responsible* for himself, therefore do *not expect* that other souls forgive *you* but take the *first* step yourself to lift the divine side of the SCALE to the top. Don't stay riveted in one place!

We wish you a blessed and harmonious week. We also wish you further development in the spiritual SENSE. We will be with you, in LOVE. –

EMANUEL and the TEAM